

Exhibit # 8

THERAPEUTIC LEVEL OF CARE

TO: Medical Director/ BHS Director

Date: 2/14/17

INSTITUTION NAME: _____

SUBJECT: Authorization for Medical/Dental/Surgical Procedure or Treatment

Release Date: 8/14/17

Gender treatment discussion

Factors for consideration, discuss as appropriate.

1. Mental Health concerns and drivers and,
2. Gender Dysphoria in relation to these other medical, mental health, and behavioral issues.
3. Stability/Strength/Ambivalence of Gender reassignment desires.
4. Prior adaptations.
5. General Stability of the patient.
- 6a. Patient expectation of outcomes/changes with reassignment.
- 6b. Clinician expectation of outcomes/changes with reassignment.
7. Risk/Benefit – Risks of GR by this patient, at this time, in this environment.
8. Overall necessity, re: functional status, morbidity, mortality.
9. Hierarchy of needs and treatment priorities

Very significant hx of self harm, self loathing,
none fibrotic, coping has been done well
at ODOC 2 6-9 months ago in group focus
groups.

Recommendations: Approve referral to Dr. Bird for
discussion on transgender goals & consideration
of options including hormones.

Date reviewed: 2/14/2017

 Committee Signature

 Committee Signature

 Committee Signature

Name: Goninan, Nathan

SID #17079611

EX # 8

**OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM**

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Goninan - Nonnie
SID #: 17079611
UNIT/BUNK: Unit #2 - Cell #1B
ADDRESS: O.S.C.I.

TO

NAME: Kristine Gates
TITLE: B.H.S.
ADDRESS: O.S.C.I.

(Fold Here)

~~Goninan v ODOC, et al.; 6:17-cv-00197-AC; Nathan Goninan, SID#17079611
ODOC Medical Chart Mental Health; Page 159~~

~~Nathan Goninan, SID #17079611, v ODOC, et al.; 6:17-cv-00197-AC CONFIDENTIAL-466~~

Ex #8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

TO: Kristine Gates Date: Oct 26, 2016

State your issue in detail: Im done talking and begging for help. Im severely depressed and as I've said I think about self castration and Im plagued with mental pain. you guys are not helping me at all. I am suffering I need treatment. I will do whatever it takes to change my body. I've been asking for help for over 10 months now. I've tried to work with R.H.S. But got no help. This is my last time asking for help before I take action - I need help - Hormone's, womens clothing and canteen I am going more and more crazy every day. Im at my breaking point.

I am suffering!

Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nathan Robert Goninan-Nonnie</u>	<u>17079611</u>	<u>unit #2-cell #1B</u>

Received

Response/Action Taken: Im so sorry it has been so difficult to get the help you are requesting. We are meeting on 11/3 and I look forward to doing some treatment planning to help you in this frustrating process.
Hang in there... I will see you Thursday :)

Date Received: OCT 28 2016 Referred To*: Gates
Date Answered: 10/28/16 Signature of Staff Member: [Signature]
*If forwarded, please notify the inmate

CD 214 (12/04)

Goninan v ODOC, et al.; 6:17-cv-00197-AC; Nathan Goninan, SID#17079611
ODOC Medical Chart Mental Health; Page 158

Nathan Goninan, SID #17079611, v ODOC, et al.; 6:17-cv-00197-AC-CONFIDENTIAL-465

EX#8

* Read whole thing *

1 of 3

①

To: Kristine Gates - B.H.S.

Sept, 21, 2016

From: Nathan Robert Goninan #17079611

I'm writing to let you know what's going on with me mentally.

I'm having a very hard time holding on to my self control and feeling very helpless and stressed out.

I'm not trying to wine to no one or cry about my problems. But I'm at that point where I need to talk about it and get help before it blows up in my face.

I'm just stressing out so bad about my body and the whole transgender issue. I sit in this cell all day with a war going on in my mind every night for hours.

I fantasize of castrating my self. Every time I go to yard my mind tells me run and jump the P tower so the tower will shoot me.

every night I put on make up I made and look at my self and want to die. Its on my mind 24 hours a day 7 days a week and there's no relieve.

I look at women in magazine's all day for hours wishing I had there body's. I don't know what to do no more.

I know I have an evaluation in Jan, But then it will take months for a nother meeting and I'm not putting any faith in the out come. Those people don't care about me or how I feel. And they have showed that.

a week before we met I wrote Dr. Ruthven, Dana crane and Bill chisty long letter's saying I'm not ready for G.p. that I was going to castrate my self and kill my self or some one so I could get the death pen and 2 weeks later I'm on main line.

SEP 23 2016

EX #8

2 of 3

(2)

they think I said that so I could stay in B.H.U. But that's not the case. I am really freaking out. I've told Dana crane and Dr. Ruthven and Bill christy what's wrong and it's a cry for help that I'm mentally breaking apart and they think it's all talk. Dana crane even told me well you have not tried castrating your self yet so you must be ok right now. It's like there telling me I have to ~~really~~ ^{really} make the cut before I can get help. what ever happend to => tell us before you hurt your self so we can help. what there saying is => hurt your self then we will help. They really think I was telling them this shit to stay in B.H.U. for what ever reason's - ya the T.V. is nice and I had friends there - But that was not the reason - I really feel this way and I'm trying to solve the problem with out hurting my self or other's. I want to see my kids and my wife and be free one day. I'm not trying to hurt no one I've learned compassion and respect for other. But I can't live in this body. I already went through the first evaluation and meeting and all I got was false hope, lies and d from every one ~~wasn't~~. And I'm in the same place I was when I came out. they won't even let me have the little thing's like make up, bra or women underwear that's bull shit it don't hurt no one. I've been asking for help for over 9 month and nothing. my word's don't work nothing works so what do I get left. It play's in my head that if I do castrate my self or stab some one to death I can say see I told can you hear me now? Do you still think it a joke Hello I my suffering is so bad

EX # 8

3 of 3

(3)

I'm not saying I'm going to do this But it plays out in my mind. I want to be peaceful and respectful but it's not working.
I break down in tears just thinking about this shit. I can't be normal. There is no ~~one~~ why for you or them to understand to torment, anger and sickness this feels like to be trapped in this body.
I have a few transgender books where people tell there stories and I cry at the pain and unjust ~~way~~ ways they were treated for being transgender. the fight they had to go through just to be there true self. I can't wait much longer I'm losing hope. And please understand these are not treat's and I'm not going to hurt anyone or my self. these are my feelings and invasive thought's that won't go away and I have no plan to act on them now. I just need help and don't really know what to do. plus it feels good to get it out on paper because I have no one to talk to about it or support.

Thank you for listening



Nathan R. Goninan #17079611

Ex #8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

FROM
INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Goninan - Nonnie
SID #: 17079611
UNIT/BUNK: unit #2 - cell #13
ADDRESS: O.S.C.I.

TO
NAME: Kristine Gates
TITLE: B.H.S.
ADDRESS: O.S.C.I.

(Fold Here)

Ex #8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

TO: Kristine Gates - B.H.S. Date: Nov 5, 2016

State your issue in detail: Here is a treatment plan I wrote, I spilled coffee on one of the pages you gave me, plus there was not enough ~~for~~ room to write. hopefully this works if not I try and fill out the form. I've also sent a short history of my self that may help some I'm not sure.

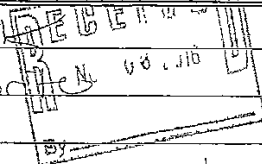
Thank you very much. (U)

Nonnie

Here is also my copy from when I first came out I was only 21 and scared. The other time I came out is documented around this time and Ms. Eddie had someone speak with me as I said they made me think this was a bad thing.

Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nonnie M. Lotzflauer</u>	<u>17079611</u>	<u>unit #2 - Cell #18</u>

Response/Action Taken: This was all perfect. Thank you for taking the time to write everything out for me. I look forward to our session next week to continue working toward your goals (U)



Date Received: NOV 07 2016 Referred To*: Gates
Date Answered: 11/7/16 Signature of Staff Member: [Signature]
*If forwarded, please notify the inmate

CD 214 (12/04)

Ex #8

B.H.S. Kristine Gates B.H.S.

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Goninan-Donnie
SID #: 17079611
UNIT/BUNK: unit #2 - cell #1B
ADDRESS: O.S.C.I.

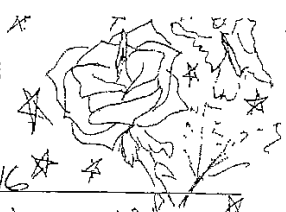
TO

NAME: Kristine Gates
TITLE: B.H.S.
ADDRESS: O.S.C.I.

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EX #8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM



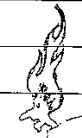
TO: Kristine Gates

Date: Dec. 15, 2016

State your issue in detail: I talked to capt. Nelson today. he said he would talk with ~~capt.~~ some other captain to see about moving me to unit #2 with the other transgender women. Is there anyway you can put your word in there letting them know it would be good for me mentally to be around other transgender women? Becuz it would. I'm not as stressed out when I have other's I can talk to about those issues. And ~~she~~ Syrah is verrey supportive. plus unit #1 is not verrey L.G.B.T.Q. friendly. I've allmost got into 2 fights over here over disrespect issues about being transgender. please Help!



Thank you!



Inmate Committed Name (first middle last)

SID#

Housing Unit

Nathan Robert Goninan - Nonnie

17079611

unit #1 - cell #45B

Response/Action Taken:

We talked about this today. I haven't heard anything back on moving units.

Date Received: 12/20/16

Referred To*: Gates

Date Answered: 12/21/16

Signature of Staff Member: KSLW

If forwarded, please notify the inmate

CD 214 (12/04)

Goninan v ODOC, et al.; 6:17-cv-00197-AC; Nathan Goninan, SID#17079611
ODOC Medical Chart Mental Health; Page 122

Nathan Goninan, SID #17079611, v ODOC, et al.; 6:17-cv-00197-AC-CONFIDENTIAL-429

Ex #8

**OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM**

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan R. Goninan - Navnie
SID #: 17079611
UNIT/BUNK: Unit #2 - cell #23
ADDRESS: O.S.C.I.

TO

NAME: Kristine Gates
TITLE: B.H.S.
ADDRESS: O.S.C.I.

(Fold Here)

~~Goninan v ODOC, et al.; 6:17-cv-00197-AC; Nathan Goninan, SID#17079611
ODOC Medical Chart Mental Health, Page 108~~

Nathan Goninan, SID #17079611, v ODOC, et al.; 6:17-cv-00197-AC-CONFIDENTIAL-415

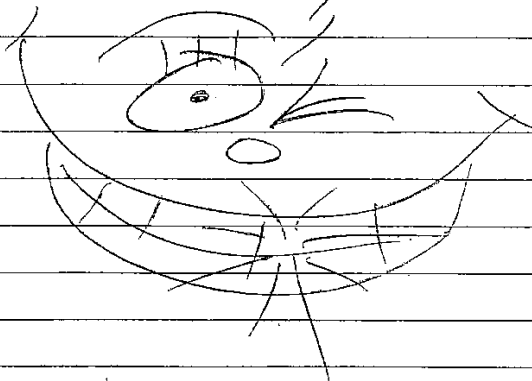
EX #8

OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: [Signature] Date: Feb 3, 2017
State your issue in detail: please read letter!

Thank you!



Received

Inmate Committed Name (first middle last) ~~Donnie~~ Nonnie M. Lotus Plouer SID# 17079611 Housing Unit unit #2 - cell #25

Response/Action Taken: I think it is awesome that you are feeling so much more comfortable! You should be proud of how far you have come, not just in your transition, but in the choices you make with regard to teaching yourself to stop and think. Keep up the good work!

-PS- You know I can't talk about other inmates with you. You are a caring person and I really want you to focus on YOU 😊

Date Received: FEB 03 2017 Referred To*: Gates

Date Answered: 2/6/17 Signature of Staff Member: [Signature]

*If forwarded, please notify the inmate

CD 214 (12/04)

EX #8

~~*Read all*~~

To: Kristine Gates-B.H.S.
From: Nonnie marcella Lotus Flower -unit #2-cell #2A
Date: Feb, 3, 2017

Dear Kristine,

Hi so I want to give you a up date on my well being and to thank you for your support and kindness your the best B.H.S. work I've ever had, I can tell you really care about the people you work with and you don't bull shit so thank you.

Anyways I went all out. I put all my make up on and did my hair and walked into the chow hall a dinner. The whole chow hall went quiet and you could hear a pin drop, no lie food fell out of one guy's mouth. It was hella scary. I was shaking so bad and could not eat, which sucked becaz it was pizza ~~day~~ "But Syah had no problem eating it for me" (Lol)

But all the girls are very supportive and caring. This move was the right thing for me. now I wear my make up everyday at yard and work - everywhere. I feel so much relieve and so much better. hiding and holding it all is in is so stressful. now I feel a little freer. And I've got nothing but respect from everyone. one person tryed to run there mouth but 3 of my bro's put a stop to it. which made me feel good that they had my back and would not let others disrespect me. Also everyone call's me Nonnie now. That to

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Ex #8

1. Can you tell me anything about Michale come back? I got another letter and a picture of her. She's not doing well at all, and I'm worried. Back east is no place for a trans woman. Is there anyone I can talk to or write on her behalf?

Feels really good. It brings tears to my eyes to know I can finally be me and not hide. Thank you so much MS. Gates you are ~~even~~ awesome and I have nothing but respect for you.

Now I just pray that I get my hormones. I still stress a lil over that. But I know you will fight for me. And just in case you do have your baby before then that's OK it's not your ~~fault~~ fault. Mr. Giscambe sounded like he's on point.

I'm happy for you as well. I'll keep you and the babe's in my prayers. Thank you again for your support and hard work.

Respect Nonnie M. Loturbenko

Nathan R. Goninan #17079611
unit #2 - cell #2B

P.S. I think I would like to stay in this cell for a little. That celly thing was really stressful. If I ever get another celly it has to be with another trans woman. I don't want to ever be in a cell with another guy unless it was a good bro. Maybe not even then - only other girl's

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Goninan - Nonnie -
SID #: 1707961
UNIT/BUNK: Unit #1 - Cell #45B
ADDRESS: O.S.C.I.

TO

NAME: - Kristine Gates -
TITLE: BYA -
ADDRESS: - O.S.C.I. -

REF: 2 0 2016

(Fold Here)

Ex #8

OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: Mistine Gates Date: Jan 14, 2017

State your issue in detail: Hi I am stressing out. I don't know how the S.M.C. - T.L.C. can make a decision on hormone treatment when they have not had me see a doctor first and why they make me wait so long to just talk about treatment when I'm left here suffering. Gender Dysphoria is a serious mental illness and I can't get treatment becauz I have to wait for a meeting. then you might not even be there and me and Giscombe have never even really spoke. I don't know what I'll do if they don't approve treatment and if they do approve me to see the doctor how long will I have to wait then? months and months? Can you please sign me up for the morning therapeutic multi? P.S. That cop that make's tranny jokes in med line is s/c/margen Thank you- your awesome

Received

Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Abinnie m. LotusPlower</u>	<u>17079611</u>	<u>unit#3-cell#23B</u>

Response/Action Taken: I'm sorry to hear you are stressing out. Please know the committee doesn't approve or deny, but instead they choose whether or not to push someone through to the doctor to be given the HRT eval. You have been working well on treatment planning so just try to stay focused.

As for morning multi, medical refers for those based on medical needs. You would need to address that with them.

We are scheduled on 1/23 and can talk more about your concerns

Date Received: JAN 17 2017 Referred To*: Gates
 Date Answered: 1/17/17 Signature of Staff Member: Kaleb

*If forwarded, please notify the inmate

CD 214 (12/04)

EX#5

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Goninan
SID #: 17079611
UNIT/BUNK: Unit #1-Cell #45B3
ADDRESS: O.S.C.I.

TO

NAME: Kristine Gates
TITLE: B.H.S.
ADDRESS: O.S.C.I.

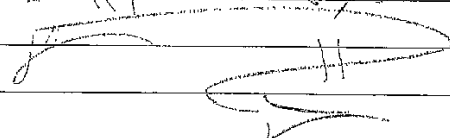
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EX #8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

TO: Mr. Giscombe Date: Nov 29, 2016

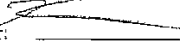
State your issue in detail: can I please be provided with a bra and panty's. I am a transgender woman and it is humiliating to wear men's underwear and have no bra.

Thank you!


Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nonnie M. Lotus Flower - Goninan</u>	<u>17079611</u>	<u>D.S.U. #4</u>

Response/Action Taken: Good afternoon
Please complete the alternative concern and then drop by my office so I can sign the form.
Have a good day

Date Received: NOV 30 2016 Referred To*: _____

Date Answered: 11/18/16 Signature of Staff Member: 
*If forwarded, please notify the inmate

CD 214 (12/04)

EX #8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

FROM
INSTITUTION: O.S.C.I.
INMATE NAME: Nathan R. Goninan - Nonnie M. Lotusflower
SID #: 17079611
UNIT/BUNK: unit #2 - cell #17A
ADDRESS: O.S.C.I.

TO
NAME: Nonnie Lotus
TITLE: O.S.C.I.
ADDRESS: O.S.C.I.

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EX #8

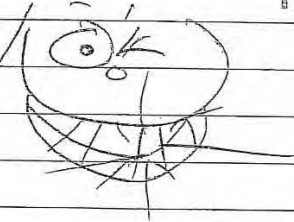
OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

TO: Ms. Gates Date: May 10, 2017

State your issue in detail: Hi, happy your back (with smile) big smiles
I'm to see you on monday. can we look up Washington
State history and rules on transgender prisoner's?
I worry a little about what will happen - housing, Treatment
So on.

Thank you!

Received
MAY 11 2017

Your awesome! 

Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nathan Goninan - Nonnie Lotus Power</u>	<u>17079611</u>	<u>unit #2 - cell #17</u>


Response/Action Taken: I think this is a great idea.
I will start looking into this today also. See
you monday!

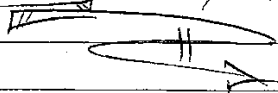
Date Received: MAY 11 2017 Referred To*: Gates
Date Answered: 5/11/17 Signature of Staff Member: [Signature]
If forwarded, please notify the inmate

CD 214 (12/04)

EX#8

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

TO: Keity Embs - B.H.S. Date: April 20, 2016
State your issue in detail: here is the letter I said I had for you 

Thank you!


Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nathan Robert Goninan</u>	<u>17079611</u>	<u>B.H.U. #33</u>

Response/Action Taken: _____
Mr. Goninan -
Thank you -
Keity

Date Received: 4/20/16 Referred To*: _____
Date Answered: 5/2/16 Signature of Staff Member: Keity Embs
*If forwarded, please notify the inmate

CD 214.0

~~Goninan v ODOC, et al.; 6:17-cv-00197-AC; Nathan Goninan, SID#17079611
ODOC Medical Chart Mental Health; Page 171~~

Nathan Goninan, SID #17079611, v ODOC, et al.; 6:17-cv-00197-AC-CONFIDENTIAL-478

Ex #8

* Read all *

To: Kaity Imb - B.H.S.

From: Nathan R. Goninan #17079611

* April, 20, 2016 *

I've now come out in B.H.S. that I am transgender and even told some people I would like to be called Nannie. I've lived all my life knowing something was different about me. I can no longer hide who I am and I need with all my being to become fully a woman. A lot of my stress and depression are because of my body. I am sickened by my private parts. In the past I've made cuts under my nipples to put in beads to enlarge them. It got infected and I took them out. At one time I was ready to cut off my private parts and made a small cut but could not do it because of pain and I've tied off my private parts a few times. I feel that coming out about being transgender and seeking full treatment is my last step before I get to the point where I just do whatever it takes to get rid of my private parts. There are times where I truly think for hours on the things I can do to get rid of my private parts and it's sometimes hard not to act out my thoughts and sometimes I feel like I'd rather be dead than live with the body I have. I've took meds all my life and there are no meds that will help me feel better about this other than hormone therapy. I know if I can't start the treatment I need I'll end up getting rid of my private parts on my own or taking my life. This is not a threat it's just the truth of how I really feel. It's something I can't stop. I can't live this way no more. But I feel that with hormone therapy, women's clothing and makeup I can feel a lot

better about myself till I can get surgical treatment to remove my male parts for female parts

Kaitly I ~~ask~~ ask with all my heart for your help.

I ~~would~~ would like you to state in your report that I need hormone therapy for treatment.

If you feel I need this treatment please help me build a good case with your report. I have a few friends on the streets that are prison/transgender activist that are helping me ~~with~~ with support and transgender book's ^{they are} ~~trans~~ willing to help me fight for the right treatment so your report will help with this.

Thank you for your help!

Handwritten signature and doodles:
Nonnie
AKA
NATHAN
GONINAN
GONINAN

Nathan R. Goninan
SID#17079611
B.H.U.#33

OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: Kristine Gates Date: Oct 26, 2016

State your issue in detail: I'm done talking and begging for help. I'm severely depressed and as I've said, I think about self-castration and I'm plagued with mental pain. you guys are not helping me at all. I am suffering I need treatment. I will do what ever it takes to change my body. I've been asking for help for over 10 months now. I've tried to work with B.H.S. But got no help. This is my last time asking for help before I take action - I need help - Hormone's, womens clothing and canteen. I am going more and more crazy every day. I am at my breaking point.

I am suffering!

Inmate Committed Name (first middle last)

Nathan Robert Coninan-Nonnie

SID#

17079611

Received Housing Unit unit #2-Cell #1B

Response/Action Taken:

I'm so sorry it has been so difficult to get the help you are requesting. We are meeting on 11/3 and I look forward to doing some treatment planning to help you in this frustrating process.

Hang in there... I will see you Thursday :)

Date Received: OCT 28 2016

Referred To*: Gates

Date Answered: 10/28/16

Signature of Staff Member: ksteele

*If forwarded, please notify the inmate

**OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM**

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Geminan-Nonnie
SID #: 17079611
UNIT/BUNK: Unit #2 - Cell #13
ADDRESS: O.S.C.I.

TO

NAME: Kristine Gates
TITLE: B.H.S.
ADDRESS: O.S.C.I.

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Ex #8

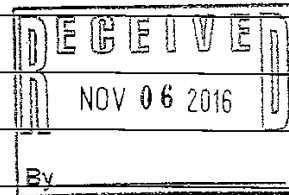
OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: Steve Shelton Date: Nov, 5, 2016

State your issue in detail: I am a transgender woman and I am suffering with out treatment I hate my body being male when it should be female. I am severly deppressed and stressed out because of this I have thoughts of self castration and ~~and~~ suicide that ~~are~~ are geting harder and harder to fight off. I know that with out treatment that I am in danger please provid hormone treatment.

Thank you!



Inmate Committed Name (first middle last)	SID#	Housing Unit
Nathan Robert Goninan - Nonnie	17079611	Unit #2 - cell# ¹⁵

Response/Action Taken:

Date Received: Referred To*:

Date Answered: Signature of Staff Member:

*If forwarded, please notify the inmate

**OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM**

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan R. Goninan - Nonnie
SID #: 17079611
UNIT/BUNK: unit#2-cell#1B
ADDRESS: _____
O.S.C.I.

TO

NAME: Steve Shelton
TITLE: Chief medical officer
ADDRESS: Health Services
O.D.O.C.

(Fold Here)

Ex #8

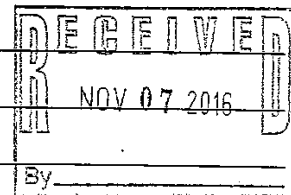
OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: MS. L. Irving Date: Nov, 6, 2016

State your issue in detail: Can you please tell me the treatments that is offered to transgender people that have a diagnosis of gender dysphoria? and can you please tell me the qualifications to receive hormone treatment?

Thank you very much! (U)



Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nathan Robert Goninan - Nonnie</u>	<u>17079611</u>	<u>unit #2 - cell #1B</u>

Response/Action Taken: Your communication form will be forwarded to Ms. Irving. K Popera 11/7/16

Date Received: _____ Referred To*: _____

Date Answered: _____ Signature of Staff Member: _____

*If forwarded, please notify the inmate

**OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM**

FROM

INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Gorinan - Nonnie
SID #: 17079611
UNIT/BUNK: unit #2 - cell #1B
ADDRESS: O.S.C.I.

TO

NAME: Ms. L. Irving
TITLE: Health services ~~assistant~~ manager
ADDRESS: O.S.C.I.

(Fold Here)

Ex #8

OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: Steve Shelton Date: Nov 29, 2016

State your issue in detail: I have a diagnosis of gender dysphoric I need hormone treatment. The item's ~~is~~ ~~on~~ on the alternative canteen list will not cure me. I suffer because of my male body. I will only start feeling better when my body starts to change to female. Any treatment other than hormone treatment is like putting a band aid on a bullet wound. I've took antidepressants and mental health med's none have helped & I've talked with B.H.S. nothing is helping - can I please start Hormone treatment

Received

NOV 30 2016

Thank you!

Inmate Committed Name (first middle last)	SID#	Housing Unit
Nathan Robert Gannon-Nannie	17079611	D.S.U.#4

Response/Action Taken:

Scheduled with provider Dr. Bristol and BHS provider

11-20-16
33

Date Received: Referred To*:

Date Answered: Signature of Staff Member:

*If forwarded, please notify the inmate

**OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM**

FROM to DS-41D
INSTITUTION: O.S.C.I.
INMATE NAME: Nathan Robert Ganinan-Nonnie
SID #: 17079611
UNIT/BUNK: ~~OSCI~~ D.S.U. #4
ADDRESS: O.S.C.I.

*All Kytes for Health Services sent
Through the mail will be returned.
Give all DSU Medical Kytes to the
Nurses when they come to
pass meds or do Sick Call.*

TO
NAME: Steve Shelton
TITLE: chief medical officer
ADDRESS: O.D.A.C.
~~OSCI~~

(Fold Here)

~~EX~~ EX#8

OREGON DEPARTMENT OF CORRECTIONS

INMATE COMMUNICATION FORM

TO: _____ Date: _____

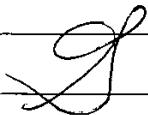
State your issue in detail: I am suffering so much without treatment for gender dysphoria. Everyday ~~more~~ my mental state gets more lower to the point I just want to give up. life is meaningless without being treated. I wake up in this body that is not mine, a body that sickens me. I'm not supposed to be a male. I'm supposed to be a woman. There are no words to explain my hopelessness and pain. The only ~~way~~ way to go on and not perform castration is the hope of treatment soon. But I feel my sanity slipping away. I beg you please put me on hormone's ^{so} I can start to heal and ~~work~~ work toward a cure and be happy. I am suffering beyond words. Help!

Thank you!

Inmate Committed Name (first middle last)	SID#	Housing Unit
<u>Nathan Robert Goninan - Nannie</u>	<u>17079611</u>	<u>unit #2-cell #1B</u>

Response/Action Taken: Forwarded to the Medical Services Manager.

Received

Date Received: _____ Referred To*: _____
Date Answered: _____ Signature of Staff Member: 

*If forwarded, please notify the inmate

- A word of caution though—it's not a good idea to make large leaps in sharing much more intimate things about yourself. What's important is a level of equal exchange. If your friend doesn't tell you much personal about themselves, they'll probably react *very* negatively to you saying something personal about yourself.

* Keep in mind that you have had a long time to get used to the idea of having a sexuality or gender, while your friends just heard about it, give them time to come to terms with it as well.

Continue being friends with positive supportive people. Also reach out to LGBT organizations or groups if you want to be involved with that.

MR. GONZALEZ -

I found the above info. on a
web site. Some good ideas.

-Dana

Stop and assess the environment and your situation. Probably the biggest factor in whether you are accepted or not is the environment and/or group of friends you're coming out to. Also make sure that you are safe should your coming out leak to people you don't want it to. The single, most important warning you should heed is to try to delay coming out to those around you if you know your parents will react negatively (such as kicking you out of the house, acting out abusively, etc.) when you are still dependent on them. This option may suck. However, when you head off to college or out on your own, you will finally be able to come out without worrying too much that word will get back to your family.

Assess how you feel. Are you comfortable with yourself? A little bit nervous? Scared and upset? It's best to come out to most people when you are comfortable and happy with who you are, but that isn't for everyone. Some people want to come out (at least to their closest friends) when they are still struggling, so that they don't have to struggle alone. If you are going to do that, it is vital to be sure they are accepting

If you know that your friends will not take your coming out well, do not come out to them. Instead, find new friends who will be supportive and come out to those new ones. You do not need that flood of negativity in your life that can happen when your "friends" all react badly to your coming out, start treating you horribly, or give you the silent treatment. Instead, it's much healthier to situate yourself in a liberal/socially open accepting group and then come out to those folks. It might be easier to find more supportive people to begin with than deal with the fallout from a negative reaction from people you already know.

Once you do make sure you're in a good environment/situation to come out, do so on your own terms. Some find that an individual basis face-to-face is best, while others decide that a public FaceBook status of "I'm trans and these are my pronouns" is better. However you choose to do it, it should be in a way that isn't awkward or threatening. By necessity this is an emotional topic, but you may want to keep it from being overly emotional as well. Consider telling them in a neutral meeting place, or in one where you have the upper hand.

Plan what you are going to do and say. Coming out is, by necessity, a process that can never be planned out to the tiniest details. What you *can* do is decide what your first move is going to be and how you will react to some likely reactions on the part of your friends. Are you going to bring up the topic yourself, or wait for it to naturally arise in conversation? Will you mention it as a joke or as a passing point?

1. **Don't take their reaction personally.** Some people will react negatively to your coming out even if they seemed promising or accepting initially. Don't take this personally, they're probably not great people for you to be around in the first place. If you surrounded yourself with negative or anti-gay people, you'd probably end up internalizing a number of negative messages about yourself or be prone to depression. Focus on the positive: the friends who accept you for who you are. Some people even have the experience that their coming out strengthens their friendships because it shows a higher level of trust.