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**November 2010 – Emily Q. Special Master’s Report**

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1 As Special Master for the Emily Q. matter, I am pleased to provide the Court with my  
2 findings regarding progress on the Emily Q. matter, my recommendations to the Court regarding  
3 Court exit from the matter and my proposals for next steps.

4

5 **Purpose of this Report**

6 The purpose of this report is to summarize my observations specific to each of the nine  
7 points in the plan, and to provide my recommendations to the Court regarding ending Court  
8 jurisdiction over the Emily Q. matter. The Exit Plan approved by this Court and filed on April 9,  
9 2009 states:

10 ***“Termination of Jurisdiction by December 2010”***

11 The Special Master shall recommend that the Court terminate jurisdiction when he finds that:

- 12 • CDMH has fully implemented Points One through Eight of the Nine-Point Plan; and  
13 • Two-thirds of the large- and medium-sized MHPs (18 MHPs) have been certified by the  
14 Special Master as having fulfilled the benchmark requirements, and have established the  
15 necessary conditions in the MHP to ensure sustained commitment to utilization, quality,  
16 performance, training and engagement.”

17 Exit Plan for the Emily Q Case (Dkt No. 571-3), page 15.

18 The California Department of Mental Health (CDMH) has already summarized its activities  
19 and accomplishments over the last year in its recent report to the Court, *2010 Annual Assessment*  
20 *For Implementation of the Emily Q. Nine-Point Plan And County Mental Health Plan*  
21 *Performance* (Dkt. 609), filed October 29, 2010 (referenced below as the *CDMH 2010 Annual*  
22 *Assessment*). Overall, I concur with the conclusions in the report and find that CDMH has  
23 ensured implementation of Points One through Eight of the Nine-Point Plan, provided guidance  
24 and support to counties, and maintained transparency statewide. I find that CDMH has satisfied  
25 the first requirement for termination of jurisdiction in the Exit Plan.

26 Nonetheless, based on Therapeutic Behavioral Services (TBS) service data received from the  
27 county mental health plans (MHPs), I find that, while TBS utilization by the MHPs has increased  
28 overall, CDMH has not demonstrated that utilization has increased to the level required in the  
29 Exit To Success Order of the Court (dated April 9, 2009). Consequently, as discussed below, I  
30 have not certified the minimum of 18 MHPs required by the Exit Plan.

1 I also would like to acknowledge the *Emily Q.* Settlement Team for its professionalism  
2 and enduring commitment to getting the job done. The following is a list of 12 representatives  
3 who make up the Settlement Team (See Exhibit A for a complete list of participant names and  
4 titles):

- 5 • *California Department of Mental Health*: Assistant Deputy Director, Community  
6 Services Division; Chief, Program and Policy Development Branch; and Chief and  
7 Senior Counsels;
- 8 • *Department of Health Care Services*: Chief, Medi-Cal Benefits Waivers Analysis  
9 and Rates; and Senior Counsel;
- 10 • *Representing the Class*: Disability Rights Of California, Senior Counsel; and Mental  
11 Health Advocacy Services, Executive Director;
- 12 • *Department of Justice, Office of the Attorney General*: Deputy Attorney General;
- 13 • *California Mental Health Directors' Association (CMHDA)*: Mental Health Director  
14 for Sonoma County;
- 15 • *Representing the Class perspective*: A Family Partner from a TBS and Wrap Around  
16 agency who also is the parent of a child that has been in the public mental health  
17 system; and a private sector mental health practitioner who delivers TBS to children  
18 and families through county contracts.

19  
20 **Special Master's Response to the State's Report**

21 In my role as Special Master to the *Emily Q.* effort, I would like to respond to the state's  
22 presentation and recommendations included in the *CDMH 2010 Annual Assessment*. In  
23 summary, I make the following observations and findings of fact: That the California  
24 Department of Mental Health and its MHPs have successfully implemented Points One through  
25 Eight of the Nine Point Plan. In this regard, I especially commend the efforts of Sean Tracy,  
26 Assistant Deputy Director of the Community Services Division, CDMH Director Dr. Stephen  
27 Mayberg, and their staff for their leadership, thoroughness, enthusiasm, engagement, and  
28 transparency in implementing the Nine-Point Plan. The CDMH team effort, in partnership with  
29 the many others involved in the rollout process, has yielded remarkable success in advancing  
30 TBS for children in the *Emily Q.* class and their families.

1 At the same time, however, and within the context of this remarkable effort, I also find  
2 that – due principally to the short period of time since the Nine-Point Plan rollout began in  
3 January 2009 – the exit criteria established in the "Exit To Success" Criteria for Performance and  
4 Termination of Jurisdiction (dated April 7, 2009) have not yet been satisfied. Although there is  
5 evidence to suggest that the state and counties may be well on their way toward meeting the  
6 Court exit criteria, I am unable at this time to certify that the benchmark criteria have been met in  
7 the minimum set of 18 medium and large MHPs as required by the exit agreement.

8 The following discussion summarizes my observations regarding all nine points of the  
9 plan.

10  
11 Point One – Reduce Administrative Requirements

- 12 • CDMH has continued to reduce and streamline the TBS administrative requirements in  
13 order to promote increased TBS utilization since issuance of the Court Order of  
14 November 2008.
- 15 • As Special Master, I have received direct communication from MHPs and providers  
16 corroborating CDMH's sustained positive efforts to reduce the TBS administrative  
17 requirements.
- 18 • Some MHPs have retained their own pre-Nine-Point Plan administrative requirements  
19 for their own purposes, in particular pre-authorization requirements. The effect of these  
20 continued MHP requirements appears mixed, with some evidence that these MHP  
21 practices may be hindering access to TBS in these MHPs.
- 22 • CDMH and its contractor, the California Institute for Mental Health (CiMH), with  
23 strong assistance from the SuperTACT advisory group and the department's Program  
24 Compliance division, has developed a *TBS Documentation Manual* that is receiving  
25 high marks among the MHPs, both for the clarity and quality of the information and for  
26 its adoption by the division within CDMH that reviews and audits the MHPs. A  
27 national contractor in the area of Medicaid compliance recently referred to this manual  
28 as "setting the gold standard" for documentation manuals nationally. This manual has  
29 greatly influenced increased utilization of TBS in the MHPs along with class member  
30 access to TBS.

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Point Two – Clarify Eligibility Requirements

- Prior to the Nine-Point Plan, local service limitations and capacity problems such as unavailability of residential or hospital placements and confusion regarding TBS eligibility, had caused unintended barriers to TBS in many MHPs. Following clarification by CDMH of the TBS eligibility requirements, local decision-making and service selection based on the clinical needs of the child (rather than on resource availability or service limitations in the MHP) has greatly improved in many MHPs, thereby opening and increasing class member access to TBS services.
- During the past six months, I have not heard reports of MHPs expressing confusion or uncertainty about the TBS eligibility requirements; instead, staff in the MHPs appear to well understand these requirements and to be making TBS decisions based on correct eligibility information. I believe that the Documentation Manual (see comments under Point Seven, below) has contributed significantly to clarifying the TBS eligibility requirements and to resolving much of the uncertainty that existed prior to the Nine-Point Plan.

Point Three– Establish an Accountability Process and Structure

- CDMH has successfully implemented the TBS accountability effort in the majority of MHPs and continues to promote efforts to permanently establish accountability in TBS planning and decision-making at the state and county levels. 54 of the 56 MHPs have substantially complied with Point Three. Two Level Two MHPs – San Joaquin and Merced – will require additional support and attention from CDMH.
- Perhaps the most remarkable aspect of the accountability effort has been the unprecedented level of transparency created by the CDMH Emily Q. Web page through its MHP Progress Report and Data Dashboard. This effort has raised the standard of accountability for the department through its strong commitment to openness and to sustained transparency into the future. I commend CDMH and its contractor APS Healthcare for their joint development of these clear, useful, accurate, responsive, and user-friendly reports.

- 1 • A central element of the accountability process has been the Data Dashboard developed  
2 by CDMH and APS in collaboration with an array of partners and participants in the  
3 Emily Q. effort. The dashboards have allowed anyone with an interest in TBS and the  
4 Emily Q. matter to review the most current quantitative data available about TBS in all  
5 56 California MHPs. I have heard on numerous occasions that people are looking at the  
6 dashboard, understanding the information provided, and incorporating it into their  
7 efforts to promote TBS utilization.
- 8 • Similarly, nearly all of the MHPs have convened TBS accountability meetings in their  
9 county and completed the tasks identified in Point Nine of the plan. Again, I have heard  
10 numerous reports that these meetings have helped people in the counties in their efforts  
11 to increase TBS utilization.
- 12 • Family and youth participants in the statewide TBS effort are reporting strong interest  
13 in and satisfaction with the accountability effort and with the accessible and useful  
14 Web-based information available to them. As noted in various sections of the *CDMH*  
15 *2010 Annual Assessment*, family and youth participation and collaboration at the state  
16 and MHP levels has reached a remarkably high level, far above any previous efforts that  
17 I have seen to engage and mobilize families and youth in any mental health initiative.
- 18 • During the past year, the California Mental Health Directors Association (CMHDA) has  
19 re-engaged with the TBS Nine-Point Plan effort by appointing a new county  
20 representative to the Settlement Team, by partnering through its Small County  
21 Committee, and by renewed participation in the SuperTACT monthly meetings. I  
22 commend both CDMH and CMHDA for their efforts to rebuild a positive relationship  
23 in TBS in spite of other on-going contractual issues between the state and the counties.
- 24 • There are, however, ongoing limitations to the accountability effort as a result of the  
25 department changing its Short-Doyle mental health services reporting system; some  
26 MHP data for 2010 are not yet available for validation or confirmation by the  
27 department and APS. This is more a reflection of larger statewide information issues  
28 than of the TBS effort, although it does directly impact the sharing and analysis of TBS  
29 utilization data in particular, and is currently limiting the department's ability to  
30 demonstrate whether or not the Level II MHPs have satisfied the exit benchmark

1 requirement in Point Nine. As noted later in this report, I believe these information  
2 limitations are temporary and the full picture of TBS utilization across the state will  
3 become clearer early in 2011.

- 4 • With regard to the additional data elements described in Appendix C of the Nine-Point  
5 Plan, the intention to compile, analyze, and interpret pre-post comparisons for  
6 hospitalization, RCL 12+ placements, and other mental health services received, has  
7 proved itself to be problematic as a resource in helping understand the impacts of TBS.  
8 For example, through tremendous effort CDMH and APS were able to construct an  
9 analysis of hospitalization data prior to and following TBS services that suggested  
10 significant differences following TBS; however, there were so many unknowable  
11 factors and alternative explanations for the differences – which produced a significant  
12 amount of uncertainty and raised many unanswerable questions among CDMH staff and  
13 Settlement Team members who tried to interpret these findings – that the Settlement  
14 Team decided not to include this analysis in the Web-based dashboard. There was great  
15 concern that these analyses with ambiguous findings would confuse rather than  
16 contribute to the broader discussion about TBS, so the effort was dropped in order to  
17 use APS's limited contract resources in a more productive way. With regard to pre-post  
18 RCL 12+ placement data, CDMH and the California Department of Social Services  
19 (CDSS) were able, for the first time, to combine and match data for Emily Q. class  
20 members across both departments' information systems for the years 2006-2008;  
21 however, the combined data did not reach far enough back in time to support  
22 longitudinal analysis of pre-TBS placement, so this analysis could not be completed.  
23 Consequently, this portion of the accountability plan was not completed.

24  
25 Point Four – Establish a TBS Best Practices Approach

- 26 • Key to CDMH's successful effort with regard to best practices has been the  
27 development of its *TBS Coordination of Care and Best Practices Manual*. The  
28 inclusive and responsive process CDMH used to develop and improve this manual  
29 speaks to the strong commitment to engagement and openness with the MHPs, TBS  
30 providers, and family and youth partners. This manual, in combination with CDMH

1 and MHP training efforts, offers great promise in improving and maintaining the TBS  
2 effort statewide and has set a new higher standard for state leadership in promoting best  
3 practices statewide.

4  
5 Point Five – Multi-Agency Coordination Strategy

- 6 • CDMH is to be commended for its effort in engaging and mobilizing family and youth  
7 as partners in the statewide TBS Nine-Point Plan effort. This remarkable effort is  
8 gaining strength in many local communities and promises to significantly and positively  
9 impact CDMH-community relations in perhaps unprecedented ways. Similarly,  
10 CDMH's efforts to promote the TBS Small County Strategy, in partnership with  
11 CMHDA, promise a sustained statewide effort.
- 12 • Nonetheless, there is a difference between these efforts and the intended purpose of  
13 Point Five: to promote coordination among the various public and private agencies that  
14 serve children in the Emily Q. class. In early 2009, CDMH convened a group  
15 representing statewide and county children's mental health, child welfare, special  
16 education, and juvenile justice to explore and propose strategies for increasing  
17 interagency collaboration statewide, and to help craft a solution to increase TBS  
18 utilization by non-mental health agencies. Quite appropriately, the *TBS Coordination of*  
19 *Care and Best Practices Manual* emerged as one by-product of this 2009 strategy  
20 session; however, the effort to bring together all these child-serving agencies to increase  
21 TBS access outside the traditional mental health pathway will require developing,  
22 maturing, and sustaining structural linkages and partnerships beyond the staff  
23 practice/service-delivery level addressed through the manual. As Special Master, I  
24 strongly urge CDMH to reconvene the interagency group to celebrate the successful  
25 care coordination manual and to promote its use across the range of intended agencies,  
26 and then to work towards forming long-standing coordination and partnerships among  
27 these state-level agencies. CDMH started well and developed a very good product –  
28 perhaps by reconvening and continuing the interagency coordination process additional  
29 positive products and relationships can be developed and sustained for the benefit of  
30 children in the Emily Q. class and their families. I also suggest that CMHDA be

1 strongly encouraged to join this coordination effort.

2

3 Point Six – Statewide TBS Training Program

- 4 • CDMH and its training contractor the California Institute for Mental Health (CiMH)  
5 have developed and started delivering an excellent and well-received TBS training  
6 program. They strongly engaged the 27 Level II MHPs in soliciting needs and  
7 opportunities for TBS training, and followed through with a very useful training  
8 product. So far, several counties have requested and received TBS training. In  
9 addition, Los Angeles County used the state training materials to create and pay for  
10 their own TBS training during the summer of 2010 when CDMH's training resources  
11 were not available due to the absence of a state 2010/11 budget. Now that the budget  
12 and training program are back on track, several other MHPs are preparing for TBS  
13 training.
- 14 • Furthermore, I have observed a new level of request for training in TBS advanced best  
15 practices, which signals MHP interest in not just basic information about TBS and the  
16 Nine-Point Plan approach, but a genuine desire to raise the scope and quality of TBS  
17 best practice among providers. This also suggests that some MHP staff and providers  
18 are approaching a tipping point in establishing and sustaining quality TBS.
- 19 • To date, nine of the 27 Level II MHPs have implemented TBS training, and several  
20 more are planning future training. Several of the Level II counties that have not  
21 implemented training had already reached the 4 percent utilization benchmark and did  
22 not feel the need for training; other MHPs reported that, due to limitations of staff time  
23 and resources, they are unable to implement TBS training at this time. It should be  
24 noted that all of the Level II MHPs report that they are using the two TBS manuals and  
25 that these are having a positive training effect on TBS delivery. I suggest continued  
26 effort by CDMH (which could greatly benefit from restored support by CMHDA) to  
27 continue to promote TBS training statewide.

28

29 Point Seven – Technical Assistance Manuals

- 30 • As noted earlier in this report, CDMH has developed and promoted two excellent

1 manuals – The *TBS Documentation Manual* and the *TBS Coordination of Care and Best*  
2 *Practices Manual*. I concur with the department's assessment of the importance and  
3 quality of these manuals and consider them to be a key element of the statewide TBS  
4 strategy. These superlative manuals set a new high standard within CDMH for the type  
5 of leadership the state is capable of providing, especially in the way these "state-owned"  
6 manuals strengthen the capacity of the MHPs and private providers to fulfill the service  
7 delivery expectations embedded in the Nine-Point Plan.

- 8 • I also commend CDMH for the process it has used to craft these manuals – engaging  
9 with an array of MHPs, TBS providers, state staff (including CDMH program  
10 compliance staff), families and youth, and non-mental health agencies that serve Emily  
11 Q. class members; soliciting and responding positively to detailed input from outside  
12 the department; doing the difficult work of revising and reworking many sections of the  
13 manuals several times to get them exactly right; and periodically reopening the review  
14 and revision process to continuously improve the quality and integrity of the manuals.  
15 CDMH staff and leadership involved in developing these manuals deserve tremendous  
16 acclaim for their hard work and success.

17  
18 Point Eight – Outreach Strategy

- 19 • The key medium of TBS outreach has been the Emily Q./TBS Web page on the CDMH  
20 Web site. This effort represents the highest quality and state of the art effort in making  
21 clear, consistent, useful, and relevant information available to all who are interested in  
22 TBS. As noted in the *CDMH 2010 Annual Assessment*, the site has been visited several  
23 hundred thousand times and has received very positive reviews. Family and youth  
24 partners in the Nine-Point Plan process have been particularly positive in their reviews  
25 of the array of qualitative and quantitative information available to them via the Web  
26 page.
- 27 • As noted earlier under Point Six, I strongly urge CDMH to reconvene the state-level  
28 partnership group as another avenue for direct outreach to the array of non-mental  
29 health agencies and providers that also serve children in the Emily Q. class and their  
30 families.

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Summary of Special Master's Observations on Points One Through Eight

- As Special Master, I concur with CDMH's overall assessment of their progress in successfully implementing Points One through Eight of the Nine-Point Plan. The state has done a very commendable job.
- CDMH issued Information Notice 10-20 on September 23, which requires MHPs to complete a self-certification checklist to help CDMH assess the status of MHP compliance. As of November 12, 2010, 50 of the 56 MHPs have completed this Certification Checklist Form; only one Level II MHP (Riverside County) and five Level I MHPs have not submitted the checklist. Based on the self-reported information in these checklists, Based on MHP reports received by CDMH as of November 12, 2010: 17 of the Level II MHPs have satisfied the meeting and reporting requirements in the Nine-Point plan; 8 of the Level II MHPs have nearly or partially satisfied these meeting and reporting requirements; two Level II MHPs (Merced and San Joaquin counties) have not demonstrated evidence of satisfying the requirements of the Nine-Point Plan.
- As reflected in the *2010 Annual Assessment*, the state has demonstrated strong commitment to fulfilling the requirements of Points One through Eight of the Nine-Point Plan in order to satisfy the Court exit requirements detailed in Point Nine. I strongly agree with and commend the effort put forward by CDMH to promote TBS through this multifaceted strategy.

Point Nine – Court Exit Process

- The Exit Plan requires that the Special Master certify that 18 of the large and medium sized MHPs demonstrate that their TBS utilization meets benchmark requirements. MHPs can meet the benchmark if their claims data shows that they are providing TBS to 4% of their Medi-Cal EPSDT clients, or that they are providing services equivalent to TBS that, combined with TBS, meet the 4% benchmark, or that the Special Master certified that the MHP is on a trajectory to reach the 4% benchmark by June 2012. In addition, certification requires a finding from the Special Master that the MHPs also meet five additional criteria relating to quality, data reporting, engagement, outreach, and training. Attachment A to *CDMH Annual Assessment Plan* (Dkt 609), page 26

1 (CDMH Information Notice).

- 2 • Over the past four months, my consultant Steven Korosec and I have worked intensely  
3 with and made site visits to seven large and medium MHPs in order to identify TBS  
4 equivalent services in those MHPs, and to determine if those services meet the  
5 equivalency requirements developed by the Settlement Team. Additionally, we have  
6 been in conversations with other counties in preparation for a site visit for determination  
7 of TBS equivalent services. We have been extremely impressed with the quality of  
8 care, thoughtful planning of services, and the increasing focus on use of therapeutic  
9 behavioral interventions to Emily Q. class members and other at risk children and  
10 youth. In each of our site visits, which require at least one day and often two days, we  
11 have found significant evidence of TBS and TBS equivalent services.
- 12 • I have also been impressed by the various MHPs' and private providers' understanding  
13 that striving to meet or exceed the 4 percent TBS benchmark is not about reaching an  
14 artificial penetration rate, but rather is about growing and sustaining this critical service.  
15 The strategic purpose of the benchmark is to promote and encourage formation of a  
16 system to increase capacity in the areas of staff recruitment and training, and to refine  
17 skill sets of staff in the delivery of TBS and equivalent services; it also is about  
18 increasing community understanding of what TBS is and increasing the professional  
19 community's understanding of the value and impact of TBS on keeping children safe,  
20 healthy, in school, out of trouble, and at home. The Settlement Team selected the 4  
21 percent benchmark as a strategy to motivate all the MHPs to raise their TBS capacity to  
22 a higher level – for most counties, 4 percent was double or more than their current  
23 utilization and would require deliberate effort and focused commitment to reach it, but  
24 it was not so high a mark as to be unreachable or discouraging. Looking back over the  
25 past two years, the benchmark is serving its purpose – overall TBS utilization has  
26 increased and the majority of MHPs have put forward a meaningful effort to increase  
27 and improve TBS. As a result of the 4 percent benchmark and the other eight points of  
28 the plan, California is on the verge of sustained capacity to provide high quality TBS  
29 services to children in the Emily Q. class and others who can benefit from behavioral  
30 interventions.

- 1 • Nonetheless, CDMH has not yet demonstrated that it has satisfied the central  
2 requirement of the Nine-Point Plan – that TBS utilization reach the 4 percent  
3 benchmark among at least 18 of the 27 Level II MHPs. Specifically, CDMH has not yet  
4 collected and validated TBS utilization data that demonstrates achievement of this 4  
5 percent benchmark. CDMH has faced two primary barriers to reaching the benchmark.
- 6 • First, the relatively short period of time between implementation of the Nine-Point Plan  
7 in January, 2009 and the current date in November, 2010 is perhaps the best explanation  
8 why the benchmark has not yet been reached – the massive engagement, mobilization,  
9 development, and service reconfiguration process required to increase TBS across the  
10 majority of MHPs represents an enormous challenge at both the state and MHP levels.  
11 Ramping up to the new TBS requirements involves identifying staff and resources,  
12 changing contract terms with private providers, reconfiguring service delivery, and  
13 problem solving to increase and sustain momentum – all of this takes time, especially in  
14 the context of massive budget cuts in state and county services. Significant effort and  
15 movement has been made at all levels, which if sustained will likely produce the  
16 intended TBS utilization rate; however, the benchmark has not yet been reached in a  
17 sufficient number of Level II counties for me to certify that the Court exit requirement  
18 has been met.
- 19 • Second, the TBS benchmark process relies heavily on the statewide Short-Doyle II  
20 mental health data reporting system, which has undergone a complete transformation  
21 concurrent with the period of implementing the Nine-Point Plan. CDMH and the MHPs  
22 have nearly completed the transition to the new Short-Doyle II system, but there remain  
23 many data reliability and reporting issues that make it impossible to definitively  
24 determine how many members of the Emily Q. class have received TBS during 2010.  
25 For example, CDMH only received its first cut of the new Short-Doyle II fiscal year  
26 2009/10 data in October of 2010 and has not had time yet to review the data, validate it,  
27 analyze and interpret what it might mean, and incorporate it into its planning and  
28 programming process – and because the state priority has been to develop budget  
29 information for the legislature to inform the state budget crisis, CDMH fiscal analysis  
30 staff have had no opportunity to fully review the TBS data. As such, validated state-

1 level data are not yet available to determine whether or not CDMH has met the  
2 benchmark.

- 3 • As part of its commitment not to overburden the MHPs with TBS data reporting  
4 requirements, CDMH agreed to provide the utilization data I would need as Special  
5 Master to certify MHP and state satisfaction of the benchmark. At this time, because of  
6 the Short-Doyle II transition process, CDMH does not have validated data to fully  
7 report on MHP progress toward the benchmark. To its great credit, CDMH offered the  
8 Level II MHPs the opportunity to provide their own TBS service delivery data as a way  
9 to document their TBS service delivery; however the majority of Level II MHPs have  
10 been unable to demonstrate achievement of the benchmark with either state or local  
11 data. Within the context of these data limitations, preliminary un-validated TBS data  
12 suggest that three MHPs, in addition to the five that had already reached 4 percent prior  
13 to the Nine-Point Plan, appear to be at or above 4 percent, and a number of other MHPs  
14 appear to be increasing TBS utilization to reach the benchmark in the near future.  
15 However, even under the most optimistic interpretation of the current data, at this time I  
16 cannot certify that 18 of the 27 Level II MHPs have reached or are on a trajectory to  
17 reach the benchmark.
- 18 • For its part, I believe that CDMH has done everything within its power to promote  
19 increased TBS utilization and to develop the necessary data systems to report on the  
20 benchmark. I have worked alongside CDMH to identify and work with MHPs that  
21 offer TBS-equivalent services, to document their efforts, and to add their TBS  
22 equivalent services to the count of their direct-billed TBS. In spite of this tremendous  
23 effort by CDMH, we are unable to verify that the minimum number of MHPs have met  
24 the benchmark requirement, which was agreed upon as the "tipping point" number that  
25 would indicate that TBS had been successfully implemented in a sufficient number of  
26 MHPs to ensure that TBS is firmly established and will be sustained statewide.
- 27 • Within the context of these TBS utilization data limitations, as of November 5, 2010,  
28 using the best data available from the Short-Doyle II data system, I would consider  
29 providing *provisional 4 percent benchmark certification* for the following eight MHPs:  
30 Contra Costa, Marin, Orange, San Francisco, Santa Barbara, Santa Clara, San Luis

1 Obispo, and Ventura. I would expect that data validation demonstrating success will be  
2 completed for these counties by January 31, 2011, at which time I would officially  
3 certify and notify the Director of the State Department of Mental Health that these eight  
4 MHPs have succeeded in meeting the requirements of the Nine Point Plan.

- 5 • Eight additional MHPs have indicated to the Special Master that they will have met or  
6 exceeded the 4 percent benchmark through a ***combination of TBS utilization data and***  
7 ***TBS equivalent services by June 30, 2011***. These MHPs include San Mateo, Sonoma,  
8 Sacramento, San Diego, San Bernardino, Santa Cruz, Monterey, and Butte. I expect  
9 that several additional MHPs not listed here will also request certification by the Special  
10 Master during this same period.
- 11 • And, six MHPs have notified me that they will be requesting certification during the  
12 latter part of fiscal year 2010/11, based on a combination of TBS utilization data,  
13 determination of TBS equivalency, and/or being on a ***trajectory to reach the 4 percent***  
14 ***TBS utilization benchmark no later than June 30, 2012***. At this time the exact  
15 number is not confirmed but the following MHPs have indicated interest in being  
16 considered: Los Angeles, Riverside, Placer/Sierra, Tulare, Merced, and Kern.
- 17 • The best data available to us and summarized above – based on the period from July  
18 2009 through June 2010, including more recent data provided by some of the MHPs –  
19 indicates that, although the majority of Level II MHPs are optimistic and working hard  
20 to satisfy the benchmark, the proposed tipping point for TBS sustainability has not yet  
21 been reached and may not be reached for some time. For this reason I am  
22 recommending that Court jurisdiction be continued until such time as this benchmark is  
23 reached in the minimum set of 18 Level II MHPs. I will discuss my recommendations  
24 in the following section of this report.
- 25 • It is important to note that, while the parties share in the success of implementing Points  
26 One through Eight, they have not yet been able to resolve the question regarding the  
27 timing of Court exit from the Emily Q. case. I believe that both parties will respond to  
28 the findings and recommendations I have presented in this report, either in writing or in  
29 person before the Court, so I am not going to comment further here regarding their  
30 respective positions on the timing of exit.

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**Special Master's Recommendations Pertaining to Court Exit**

In light of the observations I have summarized above, I make the following recommendations:

1. The Court shall extend jurisdiction in the Emily Q. matter for one year, until December 31, 2011.
2. If the state is able to demonstrate that it has met the 4 percent benchmark requirement as adopted in the Court's Order dated April 23, 2009, Exit Plan for the Emily Q. v Bonta case, prior to December 31, 2011, it may request that jurisdiction terminate on an earlier date.
3. The Court shall retain Richard Saletta as Special Master, with a modified scope of duties and modified budget. The Special Master will continue to file quarterly reports regarding data, progress, etc.
4. For 2011, the Special Master (and not CDMH) will continue to certify county MHPs meeting or exceeding the 4 percent benchmark and provide notice of determination of TBS equivalent services, and determine trajectory to achieve compliance by June 2012.
5. The state shall have the discretion to convene meetings regarding progress and compliance, as it deems necessary.
6. The state will continue to provide data to the Special Master and the plaintiffs regarding TBS utilization data, and other related dashboard measures.
7. The Special Master will retain authority to determine whether the state has met the exit criteria set out in court orders, including making determinations regarding equivalent services and whether counties are on a trajectory to achieve compliance by June 2012.
8. In 2011, the state will continue to undertake all the duties to which it has already committed in previous post exit court orders, other than those noted above.
9. The parties will meet in September, 2011 to review TBS utilization data, related dashboard measures and progress and discuss the Special Master's proposed findings and recommendations.
10. The Special Master shall file proposed findings of fact and make recommendations and proposed orders prior to termination of jurisdiction. This report will be filed no later than

1           October 1, 2011.

2           11. The Court shall approve the Special Master's proposed budget, Exhibit B.

3

4           Proposed dates for the next Court appearance

5           The Order of Appointment provided that a hearing shall be held three weeks after the  
6 filing of a Special Master's report, which will be December 13, 2010. Alternatively, the Special  
7 Master and all parties are also available for a hearing on December 14, 16, and 17, 2010.

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9           In closing, I would like to again thank the Court for affording me the privilege of serving  
10 as Special Master for this matter. .

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13 Dated: November 15, 2010

Respectfully Submitted

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/s/

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Richard Saletta, LCSW

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**Exhibit A: Members of the Emily Q. Settlement Team**

*California State Department of Mental Health*

- Sean Tracy, Assistant Deputy Director, Community Services Division.
- Rita McCabe, Chief, Program and Policy Development Branch, Community Services Division.
- Cynthia Rodriguez, Chief Deputy, Legal Services.
- Barbara Zweig, Senior Staff Attorney, Legal Services.

*California State Department of Health Care Services*

- Dina Gonzales, Chief, Medi-Cal Benefits Waiver Analysis and Rates.
- John Krause, Senior Counsel, Legal Services.

*Representing the Class*

- Melinda Bird, Senior Counsel, Disability Rights of California.
- Jim Preis, Executive Director, Mental Health Advocacy Services, Inc.
- Cynthia Robbins-Roth, Parent Partner, Edgewood Center for Children, Wraparound/TBS Turning Point, San Mateo.
- Tom Sodergren, TBS Practitioner, Director of Community Services, Casa Pacifica.

*California State Department of Justice, Office of the Attorney General*

- Melinda Vaughan, Deputy Attorney General.

*Representing Counties*

- Michael Kennedy, Director of Mental Health, Sonoma County, California Mental Health Directors Association.

1 **Exhibit B – Budget Proposal**

2 Budget: January 1–June 30, 2011 - \$38,320.00

3 The Special Master proposes the following budget, including travel and incidental  
4 expenses, for the last six months of FY 2010/2011. The state has requested that I  
5 budget within the fiscal year. If exit has not been attained by June 30, 2011, the  
6 Special Master anticipates submitting a final budget for July 1, 2011 to December  
7 31, 2011.

8  
9 Special Master and Consultants: January – June 30, 2011 – \$32,600

10 The Special Master will conduct the following activities:

- 11 • Convene and oversee the Emily Q. Settlement Team (I anticipate two  
12 meetings).
- 13 • Site visits with county departments of mental health/MHPs for the purpose(s)  
14 of determination of TBS equivalency, and/or TBS trajectory and as  
15 appropriate, certification of a county/MHP attaining its 4 percent TBS  
16 benchmark. I estimate a minimum of ten site visits to counties – four southern  
17 and six central/northern California.
- 18 • Participate in meetings with CDMH, the Emily Q. plaintiffs, and other  
19 stakeholders.
- 20 • Provide technical assistance and consultation to CDMH.
- 21 • Develop and submit reports to the Court as required.
- 22 • Appear in Court as required to report progress and account for the Emily Q.  
23 effort.

24  
25 Assistance and support from consultants to the Special Master

- 26 • Co-facilitate the Settlement Team meeting and prepare written summaries (I  
27 anticipate two meetings).
- 28 • Provide technical assistance to CDMH.
- 29 • Assist with TBS equivalent services county MHP site visits.
- 30 • Data analysis and interpretation.

- 1 • Assist with Court reports.

2  
3 The Special Master will be reimbursed at \$150.00 per hour and consultants  
4 reimbursed at \$100.00 per hour.

5 Travel and Incidental Costs: January-June 30, 2011 – \$5,000.00:

- 6 • I anticipate that Settlement Team meetings will continue to take place in  
7 Sacramento, within one hour of my office. I will not be submitting an invoice  
8 for this travel expense (I anticipate two meetings).

- 9  
10 • I will be submitting an invoice for travel and incidental expenses associated  
11 with county MHP visits for the purposes of determination of TBS  
12 equivalency, and/or TBS trajectory, and as appropriate, certification of a  
13 county/MHP attaining it's 4 percent TBS benchmark, and any required Court  
14 appearance. At this time, I estimate air travel to Southern California four  
15 times for the Special Master and one consultant to meet with county MHPs,  
16 and for one Court appearance. Expenses will include airfare, parking, and –  
17 when necessary for MHP/County site visits requiring more than one day –  
18 lodging expenses.

19  
20 Parent and Practitioner Settlement Team participation – \$720.00

- 21 • I will continue to reimburse the parent and practitioner members' travel  
22 expenses related to attending Settlement Team meetings or ad hoc task group  
23 meetings (I anticipate two meetings). As noted in earlier reports, their  
24 employers have donated these members' time – only their travel and  
25 incidental expenses are included in this request for additional funding.
- 26 • I will be submitting an expense invoice for parent and practitioner  
27 participation with the Settlement Team.