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UNITED STATES DISTRICT COURT

DISTRICT OF ARIZONA

Victor Parsons; Shawn Jensen; Stephen Swartz;
 Dustin Brislan; Sonia Rodriguez; Christina
 Verduzco; Jackie Thomas; Jeremy Smith; Robert
 Gamez; Maryanne Chisholm; Desiree Licci; Joseph
 Hefner; Joshua Polson; and Charlotte Wells, on
 behalf of themselves and all others similarly
 situated; and Arizona Center for Disability Law,

Plaintiffs,

v.

Charles Ryan, Director, Arizona Department of
 Corrections; and Richard Pratt, Interim Division
 Director, Division of Health Services, Arizona
 Department of Corrections, in their official
 capacities,

Defendants.

No. CV 12-00601-PHX-NVW
 (MEA)

**EXPERT REPORT OF
 CRAIG HANEY, Ph.D., J.D.**

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1 I, Craig Haney, Ph.D, J.D., declare:

2 1. I have personal knowledge of the matters set forth herein and if called as a
3 witness I could competently so testify.

4 **I. EXPERT QUALIFICATIONS**

5 2. I am a Professor of Psychology at the University of California, Santa Cruz, where
6 I also currently serve as the Director of the Legal Studies Program, and the Director of the
7 Graduate Program in Social Psychology. My area of academic specialization is in what is
8 generally termed “psychology and law,” which is the application of psychological data
9 and principles to legal issues. I teach graduate and undergraduate courses in social
10 psychology, psychology and law, and research methods. I received a bachelor's degree in
11 psychology from the University of Pennsylvania, an M.A. and Ph.D. in Psychology and a
12 J.D. degree from Stanford University, and I have been the recipient of a number of
13 scholarship, fellowship, and other academic awards.

14 3. I have published numerous scholarly articles and book chapters on topics in law
15 and psychology, including encyclopedia and handbook chapters on the backgrounds and
16 social histories of persons accused of violent crimes, the psychological effects of
17 imprisonment, and the nature and consequences of solitary or “supermax”-type
18 confinement. In addition to these scholarly articles and book chapters, I have published
19 two books: Death by Design: Capital Punishment as a Social Psychological System
20 (Oxford University Press, 2005), and Reforming Punishment: Psychological Limits to the
21 Pains of Imprisonment (American Psychological Association Books, 2006).

22 4. In the course of my academic work in psychology and law, I have lectured and
23 given invited addresses throughout the country on the role of social and institutional
24 histories in explaining criminal violence, the psychological effects of living and working
25 in institutional settings (typically maximum security prisons), and the psychological
26 consequences of solitary confinement. I have given these lectures and addresses at various
27 law schools, bar associations, university campuses, and numerous professional
28 psychology organizations such as the American Psychological Association.

5. I also have served as a consultant to numerous governmental, law enforcement, and legal agencies and organizations, including the Palo Alto Police Department, various California Legislative Select Committees, the National Science Foundation, the American Association for the Advancement of Science, and the United States Department of Justice. For example, in the summer of 2000, I was invited to attend and participated in a White House Forum on the uses of science and technology to improve crime and prison policy, and in 2001 participated in a conference jointly sponsored by the United States Department of Health and Human Services (DHHS) concerning government policies and programs that could better address the needs of formerly incarcerated persons as they were reintegrated into their communities. I continued to work with DHHS on the issue of how best to insure the successful reintegration of prisoners into the communities from which they have come. More recently, I have served as a consultant to the Department of Homeland Security, a consultant to and an expert witness before the United States Congress, and was appointed in 2012 as a member of a National Academy of Sciences committee analyzing the causes and consequences of high rates of incarceration in the United States. (My curriculum vitae is attached to this Report as **Appendix A**).

6. My academic interest in the psychological effects of various prison conditions is long-standing and dates back to 1971, when I was still a graduate student. I was one of the principal researchers in what has come to be known as the “Stanford Prison Experiment,” in which my colleagues Philip Zimbardo, Curtis Banks, and I randomly assigned normal, psychologically healthy college students to the roles of either “prisoner” or “guard” within a simulated prison environment that we had created in the basement of the Psychology Department at Stanford University. The study has since come to be regarded as a “classic” study in the field, demonstrating the power of institutional settings to change and transform the people who enter them.¹

¹ For example, see Craig Haney, Curtis Banks and Philip Zimbardo, Interpersonal Dynamics in a Simulated Prison, 1 International Journal of Criminology and Penology 69 (1973); Craig Haney and Philip Zimbardo, The Socialization into Criminality: On

7. Since then I have been studying the psychological effects of living and working in real (as opposed to simulated) institutional environments, including juvenile facilities, mainline adult prison and jail settings, and specialized correctional housing units (such as solitary and “supermax”-type confinement). In the course of that work, I have toured and inspected numerous maximum security state prisons and related facilities (in Alabama, Arkansas, Arizona, California, Florida, Georgia, Idaho, Louisiana, Massachusetts, Montana, New Jersey, New Mexico, Ohio, Oregon, Tennessee, Texas, Utah, and Washington), many maximum security federal prisons (including the Administrative Maximum or “ADX” facility in Florence, Colorado), as well as prisons in Canada, Cuba, England, Hungary, and Mexico. I also have conducted numerous interviews with correctional officials, guards, and prisoners to assess the impact of penal confinement, and statistically analyzed aggregate data from numerous correctional documents and official records to examine the effects of specific conditions of confinement on the quality of prison life and the ability of prisoners to adjust to them.²

Becoming a Prisoner and a Guard, in Law, Justice, and the Individual in Society: Psychological and Legal Issues. (J. Tapp and F. Levine, eds., 1977); and Craig Haney and Philip Zimbardo, Persistent Dispositionalism in Interactionist Clothing: Fundamental Attribution Error in Explaining Prison Abuse, Personality and Social Psychology Bulletin, 35, 807-814 (2009).

² For example, Craig Haney and Philip Zimbardo, The Socialization into Criminality: On Becoming a Prisoner and a Guard, in Law, Justice, and the Individual in Society: Psychological and Legal Issues (pp. 198-223). (J. Tapp and F. Levine, eds., 1977); Craig Haney, Infamous Punishment: The Psychological Effects of Isolation, 8 National Prison Project Journal 3 (1993); Craig Haney, Psychology and Prison Pain: Confronting the Coming Crisis in Eighth Amendment Law, Psychology, Public Policy, and Law, 3, 499-588 (1997); Craig Haney, The Consequences of Prison Life: Notes on the New Psychology of Prison Effects, in D. Canter and R. Zukauskienė (Eds.), Psychology and Law: Bridging the Gap (pp. 143-165). Burlington, VT: Ashgate Publishing (2008); Craig Haney, On Mitigation as Counter-Narrative: A Case Study of the Hidden Context of Prison Violence, University of Missouri-Kansas City Law Review, 77, 911-946 (2009); Craig Haney, Demonizing the “Enemy”: The Role of Science in Declaring the “War on Prisoners,” Connecticut Public Interest Law Review, 9, 139-196 (2010); Craig Haney, The Perversions of Prison: On the Origins of Hypermasculinity and Sexual Violence in Confinement, American Criminal Law Review, 48, 121-141 (2011) [Reprinted in: S. Ferguson (Ed.), Readings in Race, Ethnicity, Gender and Class. Sage Publications

8. I have been qualified and have testified as an expert in various federal courts, including United States District Courts in Arkansas, California, Georgia, Texas, and Washington, and in numerous state courts, including courts in Colorado, Florida, Montana, New Jersey, New Mexico, Ohio, Oregon, Tennessee, Utah, and Wyoming as well as, in California, the Superior Courts of Alameda, Calaveras, Kern, Los Angeles, Marin, Mariposa, Monterey, Orange, Sacramento, San Diego, San Francisco, San Mateo, Santa Clara, Santa Cruz, Shasta, Tulare, Ventura, and Yolo counties. My research, writing, and testimony have been cited by state courts, including the California Supreme Court, and by Federal District Courts, Circuit Courts of Appeal, and the United States Supreme Court.³ A list of prior cases in which I have testified at trial or deposition in the past four years and a statement of compensation are attached as Appendix B.

II. NATURE AND BASIS OF EXPERT OPINION

9. I have been retained by counsel for the plaintiffs in Parsons v. Ryan to provide expert opinions on three inter-related topics: a) a summary of what is known about the negative psychological consequences of confinement in isolation or “supermax” prisons; b) an explanation of whether and how those negative consequences can be exacerbated for prisoners who are suffering from serious mental illness (“SMI”);⁴ and, finally, c) based

(2012)]; and Craig Haney, Prison Effects in the Age of Mass Imprisonment, The Prison Journal, 92, 1-24 (2012).

³ For example, see Brown v. Plata, 131 S.Ct. 1910 (2011).

⁴ The definition of a serious mental illness or SMI generally includes persons with a current diagnosis or significant recent history of types of DSM-IV-TR Axis I diagnoses (including schizophrenia, delusional disorder, schizophreniform disorder, schizoaffective disorder, brief psychotic disorder, psychotic disorder not otherwise specified, major depressive disorders, and bipolar disorder I and II), persons who suffer from other diagnosed Axis I psychiatric disorders commonly characterized by breaks with reality, or perceptions of reality, or that lead the individual to experience significant functional impairment involving acts of self-harm or other behaviors that have a seriously adverse effect on life or on mental or physical health, and persons diagnosed with severe personality disorders that are manifested by episodes of psychosis or depression, and result in significant functional impairment involving acts of self-harm or other behaviors that have a seriously adverse effect on life or on mental or physical health.

1 on institutional inspections and the case-specific discovery that I have been provided and
2 reviewed, the extent to which prisoners housed in the Arizona Department of Corrections
3 (ADC), including those who suffer from SMI, are subjected to solitary-type confinement
4 that may place them at a serious risk of psychological harm. A list of the documents I was
5 provided by Plaintiffs' counsel and reviewed in advance of preparing this report is
6 appended as Appendix C.

7 10. In addition to the documents reviewed in Appendix C, I also conducted
8 inspections and interviews in numerous facilities and housing units where members of the
9 *Parsons* sub-class⁵ reside: Perryville–Lumley Special Management Area (SMA);
10 Florence Central Unit; Florence Kasson Unit; Eyman – SMU I; and Eyman – Browning
11 Unit. These tours took place over a two week period in July 2013. In the course of these
12 inspections I made a point of visiting a representative sample of housing units where
13 prisoners with mental illness were housed, in addition to isolation housing units with
14 general population maximum custody prisoners.

15 11. In the course of inspecting these ADC facilities, institution staff photographed a
16 number of different areas inside and outside the prisons at my direction. I have reviewed
17 and relied on those photographs in developing my opinions in this matter, and many are
18 cited in this report.

19 12. Finally, in the course of those tours and inspections, I was able to personally
20 interview a number of prisoners. Many of these prisoners were interviewed cell-front, in
21 the course of inspecting the various housing units. In other instances, I was able to
22 specifically request that a particular prisoner be brought out of his or her cell, so that I
23 could conduct the interview at greater length and on a more confidential basis than was
24

25 ⁵ The sub-class consists of “All prisoners who are now, or will in the future be,
26 subjected by the ADC to isolation, defined as confinement in a cell for 22 hours or more
27 each day or confinement in the following housing units: Eyman–SMU 1; Eyman–
28 Browning Unit; Florence–Central Unit; Florence–Kasson Unit; or Perryville–Lumley
Special Management Area.”, Order, No. CV12-0601-PHX-NVW, Doc. 372 (D. Az. Mar.
6, 2013), at 22 (granting class certification).

1 possible in the cell blocks. I also requested on-site access to prisoner medical and mental
2 health records, which I typically reviewed at a separate time and place in the course of the
3 prison tours and inspections.

4 13. By way of summary, it is my expert opinion that being housed in solitary or
5 isolated confinement can produce a number of negative psychological effects and places
6 prisoners at grave risk of psychological harm. I believe that these effects are now well
7 understood and described in the scientific literature. Scientific knowledge of these effects
8 derives from numerous empirical studies. The findings are “robust”—that is, they come
9 from studies that were conducted by researchers and clinicians from diverse backgrounds
10 and perspectives, they were completed and have been published over a period of many
11 decades, and they are empirically very consistent with one another. With remarkably few
12 exceptions, virtually every one of these studies has documented the pain and suffering that
13 isolated prisoners endure and the risk of psychological harm that they confront while kept
14 in isolated confinement.

15 14. In addition, the empirical conclusions that are reached in these studies are
16 theoretically sound. That is, there are numerous sound theoretical reasons to expect that
17 long-term isolation, the absence of meaningful social interaction and activity, and the
18 other severe deprivations that are common under conditions of isolated or solitary
19 confinement would have harmful psychological consequences. Those conditions and
20 experiences are ones that are known to produce adverse psychological effects in contexts
21 other than prison and it makes perfect theoretical sense that they would produce similar
22 outcomes when persons encounter them in correctional settings.

23 15. In addition, there are sound theoretical reasons to expect that prisoners who suffer
24 from SMI would have a more difficult time tolerating the painful experience of isolation
25 or solitary confinement. This is in part because of the greater vulnerability of the mentally
26 ill in general to stressful, traumatic conditions, and in part because some of the
27 extraordinary conditions of isolation adversely impact the particular symptoms from
28 which mentally ill prisoners suffer (such as depression) or directly aggravate aspects of

1 their pre-existing psychiatric conditions.

2 16. It is my opinion that the failure of the Arizona Department of Corrections (ADC)
3 to categorically exclude prisoners who suffer from SMI from its isolation units is
4 inconsistent with sound corrections and mental health practice; it places all such prisoners
5 at substantial risk of harm. It is also my opinion that the policies, practices and
6 admissions of ADC regarding conditions of confinement in its isolation units, as depicted
7 in the documents and materials I have reviewed, the tours and inspections of facilities in
8 which I participated, and the prisoner interviews that I conducted very clearly constitute
9 exactly the kind of harsh and depriving conditions of isolated confinement that my own
10 experience and research—supported, as I noted, by decades of scientific research and
11 study by others—have found to be potentially detrimental to all human beings, regardless
12 of pre-existing mental illness. As such, all ADC prisoners are at risk of substantial
13 psychological harm under ADC's current isolation policy and practice and conditions.

14 17. I should note that, although my opinions concerning the use, nature, and effects
15 of isolated confinement in the ADC are much more developed than they were when I filed
16 my earlier Declaration in this case, it is my understanding that additional information has
17 been requested and will be forthcoming. When this additional information is finally
18 produced, of course, I will carefully review it and, if it in any way changes the opinions I
19 express herein, I reserve the right to supplement my opinion with an additional
20 declaration.

21 **III. THE ADVERSE PSYCHOLOGICAL EFFECTS OF ISOLATION**

22 18. "Solitary confinement" and "isolated confinement" are terms of art in
23 correctional practice and scholarship. For perhaps obvious reasons, total and absolute
24 solitary confinement—literally complete isolation from any form of human contact—does
25 not exist in prison and never has. Instead, the term is generally used to refer to conditions
26 of extreme (but not total) isolation from others. I have defined it elsewhere, in a way that
27 is entirely consistent with its use in the broader correctional literature, as:

1 [S]egregation from the mainstream prisoner population in
 2 attached housing units or free-standing facilities where
 3 prisoners are involuntarily confined in their cells for upwards
 4 of 23 hours a day or more, given only extremely limited or no
 5 opportunities for direct and normal social contact with other
 6 persons (i.e., contact that is not mediated by bars, restraints,
 security glass or screens, and the like), and afforded
 extremely limited if any access to meaningful programming
 of any kind.⁶

7 Indeed, because their extreme isolation from the mainstream prisoner population, their
 8 near or complete exclusion from prison activities and programs, and the fact that they are
 9 confined in their cells virtually around-the-clock, even prisoners in “isolated confinement”
 10 who are double-celled (i.e., housed with another prisoner) may suffer some of the worst
 11 effects described in the following paragraphs. Indeed, in some ways, these prisoners have
 12 the worst of both worlds: “crowded” and confined with another person inside a small cell
 13 but simultaneously deprived of even minimal freedoms, access to programs, and “normal”
 14 and meaningful forms of social interaction.

15 19. Presumably designed to limit and control violence by keeping prisoners isolated
 16 from one another, solitary confinement or “supermax” prisons subject prisoners to
 17 especially harsh and deprived conditions of confinement that come with a significant risk
 18 of psychological harm. As a general matter, as I noted in passing above, psychologists
 19 know from studies of behavior and adjustment in free society that social isolation in
 20 general is potentially very harmful and can cause irreparable damage to overall
 21 psychological functioning.⁷ Its effects are no less harmful in prison.

22 20. Indeed, there is now a reasonably large and growing literature on the many ways
 23 that solitary or so-called “supermax” confinement can very seriously damage the overall
 24 mental health of prisoners. The long-term absence of meaningful human contact and

25
 26 ⁶ Craig Haney, The Social Psychology of Isolation: Why Solitary Confinement
 is Psychologically Harmful, Prison Service Journal, 12 (January, 2009), at n.1.

27 ⁷ For example, see: Graham Thornicroft, Social Deprivation and Rates of
 28 Treated Mental Disorder: Developing Statistical Models to Predict Psychiatric
 Service Utilisation, British Journal of Psychiatry, 158, 475-484 (1991).

1 social interaction, the enforced idleness and inactivity, and the oppressive security and
 2 surveillance procedures (and the weapons, hardware, and other paraphernalia that go
 3 along with them) all combine to create starkly deprived conditions of confinement. These
 4 conditions predictably impair the cognitive and mental health functioning of many
 5 prisoners who are subjected to them.⁸ For some, these impairments can be permanent and
 6 life-threatening.

7 21. In the admitted absence of a single “perfect” study of the phenomenon,⁹ there is a
 8 substantial body of published literature that clearly documents the distinctive patterns of
 9 psychological harm that can and do occur when persons are placed in solitary
 10 confinement. These broad patterns have been consistently identified in personal accounts

12 ⁸ For example, see: Kristin Cloyes, David Lovell, David Allen and Lorna Rhodes,
 13 Assessment of Psychosocial Impairment in a Supermaximum Security Unit Sample,
 14 Criminal Justice and Behavior, 33, 760-781 (2006); Craig Haney, Mental Health Issues in
 15 Long-Term Solitary and “Supermax” Confinement, Crime and Delinquency, 49, 124-156
 16 (2003); and Peter Smith, The Effects of Solitary Confinement on Prison Inmates: A Brief
 17 History and Review of the Literature, in Michael Tonry (Ed.), Crime and Justice (pp. 441-
 18 528). Volume 34. Chicago: University of Chicago Press (2006).

19 ⁹ No more than basic knowledge of research methodology is required to design the
 20 “perfect” study of the effects of solitary confinement: dividing a representative sample of
 21 prisoners (who had never been in solitary confinement) into two groups by randomly
 22 assigning half to either a treatment condition (say, two or more years in solitary
 23 confinement) or a control condition (the same length of time residing in a typical prison
 24 housing unit), and conducting longitudinal assessments of both groups (i.e., before,
 25 during, and after their experiences), by impartial researchers skilled at gaining the trust of
 26 prisoners (including ones perceived by the prisoner-participants as having absolutely no
 27 connection to the prison administration). Unfortunately, no more than basic knowledge of
 28 the realities of prison life and the practicalities of conducting research in prisons is
 required to understand why such a study would be impossible to ever conduct. Moreover,
 any prison system that allowed truly independent, experienced researchers to perform
 even a reasonable approximation of such a study would be, almost by definition, so
 atypical as to call the generalizability of the results into question. Keep in mind also that
 the assessment process itself—depending on who carried it out, how often it was done,
 and in what manner—might well provide the solitary confinement participants with more
 meaningful social contact than they are currently afforded in a number of such units with
 which I am familiar, thereby significantly changing (and improving) the conditions of
 their confinement.

1 written by persons confined in isolation, in descriptive studies authored by mental health
 2 professionals who worked in many such places, and in systematic research conducted on
 3 the nature and effects of solitary or “supermax” confinement. The studies have now
 4 spanned a period of over four decades, and were conducted in locations across several
 5 continents by researchers with different professional expertise, ranging from psychiatrists
 6 to sociologists and architects.¹⁰

7 22. For example, mental health and correctional staff who have worked in
 8 disciplinary segregation and isolation units have reported observing a range of
 9 problematic symptoms manifested by the prisoners confined in these places.¹¹ The authors
 10 of one of the early studies of solitary confinement summarized their findings by
 11 concluding that “[e]xcessive deprivation of liberty, here defined as near complete
 12 confinement to the cell, results in deep emotional disturbances.”¹²

13 23. A decade later, Professor Hans Toch’s large-scale psychological study of
 14 prisoners “in crisis” in New York State correctional facilities included important

15 ¹⁰ For example, see: Arrigo, B., and Bullock, J., The Psychological Effects of Solitary
 16 Confinement on Prisoners in Supermax Units: Reviewing What We Know and What
 17 Should Change, International Journal of Offender Therapy and Comparative Criminology,
 18 52, 622-640 (2008); Haney, C., supra note 6; Haney, C., and Lynch, M., Regulating
 19 Prisons of the Future: The Psychological Consequences of Solitary and Supermax
 20 Confinement, New York University Review of Law and Social Change 23, 477-570
 21 (1997); Smith, P., The Effects of Solitary Confinement on Prison Inmates: A Brief History
 22 and Review of the Literature, in M. Tonry (Ed.), Crime and Justice (pp. 441-528). Volume
 23 34. Chicago: University of Chicago Press (2006).

24 ¹¹ For detailed reviews of all of these psychological issues, and references to the many
 25 empirical studies that support these statements, see: Craig Haney and Mona Lynch, supra
 26 note 10, and Craig Haney, supra note 8.

27 ¹² Bruno M. Cormier and Paul J. Williams, Excessive Deprivation of Liberty,
 28 Canadian Psychiatric Association Journal, 11, 470-484 (1966), at p. 484. For other early
 studies of solitary confinement, see: Paul Gendreau, N. Freedman, G. Wilde, and George
 Scott, Changes in EEG Alpha Frequency and Evoked Response Latency During Solitary
 Confinement, Journal of Abnormal Psychology, 79, 54-59 (1972); George Scott and Paul
 Gendreau, Psychiatric Implications of Sensory Deprivation in a Maximum Security
 Prison, Canadian Psychiatric Association Journal, 12, 337-341 (1969); Richard H.
 Walters, John E. Callagan and Albert F. Newman, Effect of Solitary Confinement on
 Prisoners, American Journal of Psychiatry, 119, 771-773 (1963).

1 observations about the effects of isolation.¹³ After he and his colleagues had conducted
 2 numerous in-depth interviews of prisoners, Toch concluded that “isolation panic” was a
 3 serious problem in solitary confinement. The symptoms that Toch reported included rage,
 4 panic, loss of control and breakdowns, psychological regression, a build-up of
 5 physiological and psychic tension that led to incidents of self-mutilation.¹⁴ Professor Toch
 6 noted that although isolation panic could occur under other conditions of confinement it
 7 was “most sharply prevalent in segregation.” Moreover, it marked an important dichotomy
 8 for prisoners: the “distinction between imprisonment, which is tolerable, and isolation,
 9 which is not.”¹⁵

10 24. More recent studies have identified other symptoms that appear to be produced by
 11 these conditions. Those symptoms include: appetite and sleep disturbances, anxiety, panic,
 12 rage, loss of control, paranoia, hallucinations, and self-mutilations. Moreover, direct
 13 studies of prison isolation have documented an extremely broad range of harmful
 14 psychological reactions. These effects include increases in the following potentially
 15 damaging symptoms and problematic behaviors: anxiety, withdrawal, hypersensitivity,
 16 ruminations, cognitive dysfunction, hallucinations, loss of control, irritability, aggression,
 17 and rage, paranoia, hopelessness, a sense of impending emotional breakdown, self-
 18 mutilation, and suicidal ideation and behavior.¹⁶

19
 20 ¹³ Hans Toch, Men in Crisis: Human Breakdowns in Prisons, Aldine Publishing Co.:
 21 Chicago (1975).

22 ¹⁴ Id. at 54.

23 ¹⁵ Id.

24 ¹⁶ In addition to the numerous studies cited in the articles referenced at supra notes 8
 25 and 10, there is a significant international literature on the adverse effects of solitary
 26 confinement. For example, see: Henri N. Barte, L’Isolement Carceral, Perspectives
 27 Psychiatriques, 28, 252 (1989). Barte analyzed what he called the “psychopathogenic”
 28 effects of solitary confinement in French prisons and concluded that prisoners placed there
 for extended periods of time could become schizophrenic instead of receptive to social
 rehabilitation. He argued that the practice was unjustifiable, counterproductive, and “a
 denial of the bonds that unite humankind.” In addition, see: Reto Volkart, Einzelhaft: Eine
 Literaturubersicht (Solitary confinement: A literature survey), Psychologie -
Schweizerische Zeitschrift fur Psychologie und ihre Anwendungen, 42, 1-24 (1983)

25. In addition, there are correlational studies of the relationship between housing type and various kinds of incident reports in prison. They show that self-mutilation and suicide are more prevalent in isolated, punitive housing units such as administrative segregation and security housing where prisoners are subjected to solitary-like conditions of confinement. For example, clinical researchers Ray Patterson and Kerry Hughes

(reviewing the empirical and theoretical literature on the negative effects of solitary confinement); Reto Volkart, Adolf Dittrich, Thomas Rothenfluh, and Paul Werner, Eine Kontrollierte Untersuchung uber Psychopathologische Effekte der Einzelhaft (A controlled investigation on psychopathological effects of solitary confinement), Psychologie - Schweizerische Zeitschrift fur Psychologie und ihre Anwendungen, 42, 25-46 (1983) (when prisoners in "normal" conditions of confinement were compared to those in solitary confinement, the latter were found to display considerably more psychopathological symptoms that included heightened feelings of anxiety, emotional hypersensitivity, ideas of persecution, and thought disorders); Reto Volkart, et al., Einzelhaft als Risikofaktor fur Psychiatrische Hospitalisierung (Solitary confinement as a risk for psychiatric hospitalization), Psychiatria Clinica, 16, 365-377 (1983) (finding that prisoners who were hospitalized in a psychiatric clinic included a disproportionate number who had been kept in solitary confinement); Boguslaw Waligora, Funkcjonowanie Czlowieka W Warunkach Izolacji Wieziennej (How men function in conditions of penitentiary isolation), Seria Psychologia I Pedagogika NR 34, Poland (1974) (concluding that so-called "pejorative isolation" of the sort that occurs in prison strengthens "the asocial features in the criminal's personality thus becoming an essential cause of difficulties and failures in the process of his resocialization"). See, also, Ida Koch, Mental and Social Sequelae of Isolation: The Evidence of Deprivation Experiments and of Pretrial Detention in Denmark, in The Expansion of European Prison Systems, Working Papers in European Criminology, No. 7, 119 (Bill Rolston and Mike Tomlinson eds. 1986) who found evidence of "acute isolation syndrome" among detainees that occurred after only a few days in isolation and included "problems of concentration, restlessness, failure of memory, sleeping problems and impaired sense of time an ability to follow the rhythm of day and night" (at p. 124). If the isolated confinement persisted—"a few weeks" or more—there was the possibility that detainees would develop "chronic isolation syndrome," including intensified difficulties with memory and concentration, "inexplicable fatigue," a "distinct emotional lability" that can include "fits of rage," hallucinations, and the "extremely common" belief among isolated prisoners that "they have gone or are going mad" (at p. 125). See, also: Michael Bauer, Stefan Priebe, Bettina Haring and Kerstin Adamczak, Long-Term Mental Sequelae of Political Imprisonment in East Germany, Journal of Nervous and Mental Disease, 181, 257-262 (1993), who reported on the serious and persistent psychiatric symptoms suffered by a group of former East German political prisoners who sought mental health treatment upon release and whose adverse conditions of confinement had included punitive isolation.

1 attributed higher suicide rates in solitary confinement-type units to the heightened levels
 2 of “environmental stress” that are generated by the “isolation, punitive sanctions, [and]
 3 severely restricted living conditions” that exist there.¹⁷ These authors reported that “the
 4 conditions of deprivation in locked units and higher-security housing were a common
 5 stressor shared by many of the prisoners who committed suicide.”¹⁸ In addition, signs of
 6 deteriorating mental and physical health (beyond self-injury), other-directed violence,
 7 such as stabbings, attacks on staff, and property destruction, and collective violence are
 8 also more prevalent in these units.¹⁹

9 26. The painfulness and damaging potential of extreme forms of solitary confinement
 10 is underscored by its use in so-called “brainwashing” and certain forms of torture. In fact,
 11 many of the negative effects of solitary confinement are analogous to the acute reactions
 12 suffered by torture and trauma victims, including post-traumatic stress disorder (“PTSD”)
 13
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15
 16 ¹⁷ Raymond Patterson and Kerry Hughes, Review of Completed Suicides in the
 17 California Department of Corrections and Rehabilitation, 1999-2004, Psychiatric Services,
 59, 676-682 (2008), at p. 678.

18 ¹⁸ Id. See also: Lindsay M. Hayes, National Study of Jail Suicides: Seven Years Later.
 19 Special Issue: Jail Suicide: A Comprehensive Approach to a Continuing National
 20 Problem, Psychiatric Quarterly, 60, 7 (1989); Alison Liebling, Vulnerability and Prison
 Suicide, British Journal of Criminology, 36, 173-187 (1995); and Alison Liebling, Prison
 Suicide and Prisoner Coping, Crime and Justice, 26, 283-359 (1999).

21 ¹⁹ For example, see: Howard Bidna, Effects of Increased Security on Prison Violence,
 22 Journal of Criminal Justice, 3, 33-46 (1975); K. Anthony Edwards, Some Characteristics
 23 of Prisoners Transferred from Prison to a State Mental Hospital, Behavioral Sciences and
 24 the Law, 6, 131-137 (1988); Elmer H. Johnson, Felon Self-Mutilation: Correlate of Stress
 25 in Prison, in Bruce L. Danto (Ed.) Jail House Blues. Michigan: Epic Publications (1973);
 26 Anne Jones, Self-Mutilation in Prison: A Comparison of Mutilators and Nonmutilators,
 27 Criminal Justice and Behavior, 13, 286-296 (1986); Peter Kratcoski, The Implications of
 28 Research Explaining Prison Violence and Disruption, Federal Probation, 52, 27-32
 (1988); Ernest Otto Moore, A Prison Environment: Its Effect on Health Care Utilization,
Dissertation Abstracts, Ann Arbor, Michigan (1980); Frank Porporino, Managing Violent
 Individuals in Correctional Settings, Journal of Interpersonal Violence, 1, 213-237 (1986);
 and Pamela Steinke, Using Situational Factors to Predict Types of Prison Violence, 17
Journal of Offender Rehabilitation, 17, 119-132 (1991).

1 and the kind of psychiatric sequelae that plague victims of what are called “deprivation
2 and constraint” torture techniques.²⁰

3 27. The prevalence of psychological symptoms (that is, the extent to which prisoners
4 who are placed in these units suffer from these and related symptoms) is often very high.
5 For example, in a study that I conducted of a representative sample of one hundred
6 prisoners who were housed in the Security Housing Unit at Pelican Bay Prison, in
7 California—a facility that California prison officials acknowledged was “modeled” on
8 Arizona’s SMU I facility that they toured in advance of Pelican Bay’s construction—I
9 found that every symptom of psychological distress that I measured but one (fainting
10 spells) was suffered by more than half of the prisoners who were interviewed.²¹ Many of
11 the symptoms were reported by two-thirds or more of the prisoners assessed in this
12 isolation housing unit, and some were suffered by nearly everyone. Well over half of the
13 Pelican Bay isolated prisoners in this study reported a constellation of symptoms—
14 headaches, trembling, sweaty palms, and heart palpitations—that is commonly associated
15 with hypertension.

16 28. I also found that almost all of the prisoners whom I evaluated reported
17 ruminations or intrusive thoughts, an oversensitivity to external stimuli, irrational anger

18
19 ²⁰ Solitary confinement is among the most frequently used psychological torture
20 techniques. In D. Foster, Detention and Torture in South Africa: Psychological, Legal and
21 Historical Studies, Cape Town: David Philip (1987), Psychologist Foster listed solitary
22 confinement among the most common “psychological procedures” used to torture South
23 African detainees (at p. 69), and concluded that “[g]iven the full context of dependency,
24 helplessness and social isolation common to conditions of South African security law
25 detention, there can be little doubt that solitary confinement under these circumstances
26 should in itself be regarded as a form of torture” (at p. 136). See also: Matthew Lippman,
27 The Development and Drafting of the United Nations Convention Against Torture and
28 Other Cruel, Inhuman or Degrading Treatment or Punishment, 27 Boston College
International and Comparative Law Review, 27, 275 (1994); Tim Shallice, Solitary
Confinement—A Torture Revived? New Scientist, November 28, 1974; F.E. Somnier and
I.K. Genefke, Psychotherapy for Victims of Torture, British Journal of Psychiatry, 149,
323-329 (1986); and Shaun R. Whittaker, Counseling Torture Victims, The Counseling
Psychologist, 16, 272-278 (1988).

²¹ See Haney, supra note 8.

1 and irritability, difficulties with attention and often with memory, and a tendency to
 2 socially withdraw. Almost as many prisoners reported a constellation of symptoms
 3 indicative of mood or emotional disorders—concerns over emotional flatness or losing the
 4 ability to feel, swings in emotional responding, and feelings of depression or sadness that
 5 did not go away. Finally, sizable minorities of the prisoners reported symptoms that are
 6 typically only associated with more extreme forms of psychopathology—hallucinations,
 7 perceptual distortions, and thoughts of suicide.

8 29. Although these specific symptoms of psychological stress and the
 9 psychopathological reactions to isolation are numerous and well-documented, and
 10 certainly provide one index of the magnitude of the risk of harm this kind of experience
 11 presents, they do not encompass all of the psychological pain and dysfunction that such
 12 confinement can incur, the magnitude of the negative changes it may bring about, or even
 13 the full range of the risk of harm it represents. Among other things, such extreme
 14 deprivation of social contact can undermine an individual's social identity, destabilize his
 15 sense of self, and ultimately destroy his ability to function in free society.

16 30. Depriving people of contact with others for long periods of time is
 17 psychologically harmful and potentially destabilizing for another, related set of reasons.
 18 The importance of “affiliation”—the opportunity to have meaningful contact with
 19 others—in reducing anxiety in the face of uncertain or fear-arousing stimuli is long-
 20 established in social psychological literature.²² In addition, one of the ways that people
 21 determine the appropriateness of their feelings—indeed, how we establish the very nature
 22 and tenor of our emotions—is through contact with others.²³

23
 24 ²² For example, see: Stanley Schachter, The Psychology of Affiliation: Experimental
 25 Studies of the Sources of Gregariousness. Stanford, CA: Stanford University Press (1959);
 26 Irving Sarnoff and Philip Zimbardo, Anxiety, Fear, and Social Affiliation, Journal of
 27 Abnormal Social Psychology, 62, 356-363 (1961); Philip Zimbardo and Robert Formica,
 Emotional Comparison and Self-Esteem as Determinants of Affiliation, Journal of
Personality, 31, 141-162 (1963).

28 ²³ For example, see: A. Fischer, A. Manstead, and R. Zaalberg, Social Influences on
 the Emotion Process, in M. Hewstone and W. Stroebe (Eds.), European Review of Social

31. Whatever else it represents, solitary confinement is a socially pathological environment that forces long-term inhabitants to adapt to the absence of meaningful contact with people. They have no choice but to develop their own socially pathological adaptations in order to function and survive. In the course of doing so, prisoners gradually change their patterns of thinking, acting, and feeling in order to cope with their largely asocial world and the impossibility of relying on social support or the routine feedback that comes from normal contact with others.

32. Clearly, such adaptations represent “social pathologies” brought about by the atypical, abnormal, painful, and potentially harmful pathology of isolation. Although these adaptations are “functional” and may even be necessary under these extreme circumstances, certain kinds of short-term survival strategies can result in prisoners experiencing even more psychological pain and harm later on. A “downward spiral” may begin in which one dysfunctional adaptation leads to others. In his desperation, an isolated prisoner may adopt forms of coping that inadvertently make his situation worse rather than better. For example, some prisoners cope with the a-sociality of their daily existence by paradoxically creating even more. That is, they socially withdraw further from the world around them, receding even more deeply into themselves than the sheer physical isolation of solitary confinement and its attendant procedures require. Others move from initially being starved for social contact to eventually being disoriented and even frightened by it. As they become increasingly unfamiliar and uncomfortable with social interaction, they are further alienated from others and made anxious in their presence.²⁴

Psychology (pp. 171-202). Volume 14. Wiley Press (2004); C. Saarni, The Development of Emotional Competence. New York: Guilford Press (1999); Stanley Schachter and Jerome Singer, Cognitive, Social, and Physiological Determinants of Emotional State, Psychological Review, 69, 379-399 (1962); L. Tiedens and C. Leach (Eds.), The Social Life of Emotions. New York: Cambridge University Press (2004); and S. Truax, Determinants of Emotion Attributions: A Unifying View, Motivation and Emotion, 8, 33-54 (1984).

²⁴ For evidence that solitary confinement may lead to a withdrawal from social contact or an increased tendency to find the presence of people increasingly aversive or anxiety-

33. Over time, extreme adaptations made to this abnormal environment can become internalized—they move from being conscious strategies of survival or reactions to immediate conditions of confinement to more deeply ingrained ways of being. Prisoners may develop extreme habits, tendencies, perspectives, and beliefs that are difficult or impossible to relinquish once they are released. Although they may have been functional in isolation (or appeared to be so), they are typically acutely dysfunctional in the social world they are expected to re-enter. Yet they have been internalized so deeply that they persist and become disabling.

34. Although the “core” psychological component of solitary confinement is social deprivation, and social deprivation is the source of the most intense psychological pain and greatest risk of harm, prison isolation units also typically deprive prisoners of much more than social contact. Isolated prisoners are typically subjected to extremely high levels of repressive control, enforced idleness and inactivity, reduced environmental stimulation, and a number of physical restrictions and deprivations that collectively exacerbate their psychological distress and can create even more lasting negative consequences. Indeed, most of the things that penologists know are beneficial to prisoners—such as increased participation in institutional programming, visits with persons from outside the prison, physical exercise, and so on²⁵—are either functionally denied to prisoners in isolation or permitted on a greatly restricted basis. In addition to the direct pain and harm of isolation and the social pathologies that commonly develop in response, these other deprivations add to the negative psychological effects.

35. For example, we know that people in general require a certain level of mental and physical activity in order to remain mentally and physically healthy. Simply put, human

arousing, see: Cormier, B., and Williams, supra note 12; Haney, supra note 6; H. Miller and G. Young, Prison Segregation: Administrative Detention Remedy or Mental Health Problem?, Criminal Behaviour and Mental Health, 7, 85-94 (1997); Scott and Gendreau, supra note 12; Toch, supra note 13; and Waligora, supra note 16.

²⁵ J. Wooldredge, Inmate Experiences and Psychological Well-Being, Criminal Justice and Behavior, 26, 235-250 (1999).

1 beings need movement and exercise to maintain normal functioning. The greatly restricted
2 opportunities for movement and exercise in isolation units—typically no more than an
3 hour or so a day out of their cells—can negatively impact prisoners' well-being.

4 36. Apart from the profound social, mental and physical restrictions and deprivations
5 that solitary confinement imposes, prisoners housed in these units are subjected to
6 prolonged periods of monotony and idleness. Many of them experience a form sensory
7 deprivation—there is an unvarying sameness to the physical stimuli that surround them,
8 they exist within the same limited spaces and are subjected to the same repetitive routines,
9 and there is little or no external variation to the experiences they are permitted to have or
10 can create for themselves. This loss of perceptual and cognitive or mental stimulation may
11 result in the atrophy of important related skills and capacities.²⁶

12 37. I hasten to add that not every isolated prisoner experiences all or even most of the
13 range of adverse reactions that I have described above. But the nature and magnitude of
14 the negative psychological consequences themselves underscore the stressfulness of this
15 kind of confinement, the lengths to which prisoners must go to adapt and adjust to it, and
16 the risk of serious psychological harm that is created by isolation and the broad range of
17 severe stressors and deprivations that accompanies it. The devastating effects of the
18 conditions of confinement typically found in prison isolation units are underscored by the
19 very high numbers of suicide deaths and incidents of self-harm and self-mutilation that
20 occur there. The years of sustained research on solitary confinement, the negative
21 outcomes that have been documented across time and locality, and the consistency of
22 these outcomes with what is known in the psychological literature about the harmful
23 effects of isolation in general leave little doubt about its negative psychological effects.
24 These effects are not only painful but can do real harm and inflict real damage that is
25 sometimes severe and irreversible. Indeed, for some prisoners, the attempt to cope with

26
27 ²⁶ For examples of this range of symptoms, see: Haney, supra note 10; Miller
28 and Young, supra note 24; and Volkart, et al., supra note 19.

1 isolated confinement sets in motion a set of cognitive, emotional, and behavioral changes
2 that are long-lasting. They can persist beyond the time that prisoners are housed in
3 isolation and lead to long-term disability and dysfunction.

4 **IV. THE EXACERBATING EFFECTS OF ISOLATION ON MENTAL**
5 **ILLNESS**

6 38. Although prison isolation places all prisoners at serious risk of harm, its adverse
7 psychological effects are expected to vary as a function not only of the specific nature and
8 duration of the isolation (such that more deprived conditions experienced for longer
9 amounts of time are likely to have more detrimental consequences) but also as a function
10 of the characteristics of the prisoners subjected to it. A rare and unusually resilient
11 prisoner might be able to withstand even harsh forms of solitary confinement with few or
12 minor adverse effects, especially if the experience does not last for an extended period of
13 time. Conversely, some prisoners are especially vulnerable to the psychological pain and
14 pressure of solitary confinement, and deteriorate even after brief exposure. Mentally ill
15 prisoners are particularly at risk in these isolated environments and have been precluded
16 from them by legal and human rights mandates precisely because of this. There are several
17 reasons why this is so.

18 39. For one, as I have noted, solitary or isolated confinement subjects prisoners to
19 significantly more stress and psychological pain than other forms of imprisonment.
20 Mentally ill prisoners are generally more sensitive and reactive to psychological stressors
21 and emotional pain. In many ways, the harshness and severe levels of deprivation that are
22 imposed on them in isolation are the antithesis of the kind of benign and socially
23 supportive atmosphere that mental health clinicians seek to create within genuinely
24 therapeutic environments. Not surprisingly, mentally ill prisoners are more likely to
25 deteriorate and decompensate when they are subjected to the harshness and stress of
26 prison isolation.

27 40. Some of the deterioration and decompensation that mentally ill prisoners suffer in
28 isolated confinement results from the critically important role that social contact and

1 social interaction play in maintaining psychological equilibrium. The esteemed
 2 psychiatrist Harry Stack Sullivan once summarized the clinical significance of meaningful
 3 social contact by observing that “[w]e can’t be alone in things and be very clear on what
 4 happened to us, and we... can’t be alone and be very clear even on what is happening in
 5 us very long—excepting that it gets simpler and simpler, and more primitive and more
 6 primitive, and less and less socially acceptable.”²⁷ Social contact and social interaction are
 7 essential components in the creation and maintenance of normal social identity and social
 8 reality.

9 41. Thus, the experience of isolation is psychologically destabilizing it undermines a
 10 person’s sense of self or social identity and erodes his connection to a shared social
 11 reality. Isolated prisoners have few if any opportunities to receive feedback about their
 12 feelings and beliefs, which become increasingly untethered from any normal social
 13 context. As Cooke and Goldstein put it:

14 A socially isolated individual who has few, and/or superficial
 15 contacts with family, peers, and community cannot benefit
 16 from social comparison. Thus, these individuals have no
 17 mechanism to evaluate their own beliefs and actions in terms
 18 of reasonableness or acceptability within the broader
 19 community. They are apt to confuse reality with their
 idiosyncratic beliefs and fantasies and likely to act upon such
 fantasies, including violent ones.²⁸

20 In extreme cases, a related pattern emerges: isolated confinement becomes so painful, so
 21 bizarre, and so impossible to make sense of that some prisoners create their own reality—
 22 they live in a world of fantasy instead of the intolerable one that surrounds them.

23 42. Finally, many of the direct negative psychological effects of isolation mimic or
 24 parallel specific symptoms of mental illness. Even though the direct effects of isolation,

25 _____
 26 ²⁷ Harry Stack Sullivan, *The Illusion of Personal Individuality*, *Psychiatry*, 12,
 317-332 (1971), at p. 326.

27 ²⁸ Compare, also, Margaret K. Cooke and Jeffrey H. Goldstein, *Social Isolation*
 28 *and Violent Behavior*, *Forensic Reports*, 2, 287-294 (1989), at p. 288.

1 experienced in reaction to adverse conditions of confinement, are generally less chronic
2 than those that are produced by a diagnosable mental illness, they can add to and
3 compound a mentally ill prisoner's outward manifestation of symptoms as well as the
4 internal experience of their disorder. For example, many studies have documented the
5 degree to which isolated confinement contributes to feelings of lethargy, hopelessness,
6 and depression. For already clinically depressed prisoners, these acute situational effects
7 are likely to exacerbate their pre-existing chronic condition and lead to worsening of their
8 depressed state. Similarly, the mood swings that some prisoners report experiencing in
9 isolation would be expected to amplify the pre-existing emotional instability that prisoners
10 diagnosed with bi-polar disorder suffer. Prisoners who suffer from disorders of impulse
11 control would likely find their pre-existing condition made worse by the frustration,
12 irritability, and anger that many isolated prisoners report experiencing. And prisoners
13 prone to psychotic breaks may suffer more in isolated confinement due to conditions that
14 deny them the stabilizing influence of social feedback that grounds their sense of reality in
15 a stable and meaningful social world.

16 43. As I noted in passing above, widespread recognition of the heightened
17 vulnerability of mentally ill prisoners to the adverse psychological effects of isolated
18 confinement has led numerous corrections officials, professional mental health groups,
19 and human rights organizations to prohibit their placement in such units or, if it is
20 absolutely necessary (and only as a last resort) to confine them there, to very strictly limit
21 the duration of such confinement and to provide prisoners with significant amounts of out-
22 of-cell time and augmented access to care. For example, the American Psychiatric
23 Association ("APA") has issued a Position Statement on Segregation of Prisoners with
24 Mental Illness stating:

25 Prolonged segregation of adult inmates with serious mental illness,
26 with rare exceptions, should be avoided due to the potential for harm
27 to such inmates. If an inmate with serious mental illness is placed in
28 segregation, out-of-cell structured therapeutic activities (i.e., mental
health/psychiatric treatment) in appropriate programming space an

adequate unstructured out-of-cell time should be permitted. Correctional mental health authorities should work closely with administrative custody staff to maximize access to clinically indicated programming and recreation for the individuals.²⁹

The APA's position on this issue reflects the accepted fact that mentally ill prisoners are especially vulnerable to isolation- and stress-related regression, deterioration, and decompensation that worsen their psychiatric conditions and intensify their mental health-related symptoms and maladies (including depression, psychosis, and self-harm).

44. This widely accepted fact about the heightened vulnerability of mentally ill prisoners to isolated confinement is acknowledged in the standard operating procedures that govern their admission and retention in such units. Specifically, mental health staff in most prison systems with which I am familiar are charged with the responsibility of screening prisoners in advance of their possible placement in isolation to identify those who are mentally ill and to exclude them from such confinement. Moreover, they are charged with the additional responsibility of regularly monitoring isolated prisoners with the same intended purpose—to identify any prisoners who may be manifesting the signs and symptoms of emerging mentally illness and to remove them from these harmful environments.

45. Courts that have been presented with evidence on this issue have reached the same conclusions about the vulnerability of the mentally ill to severe forms of prison isolation. One such court noted that those prisoners for whom the psychological risks of isolated confinement were “particularly”—and unacceptably—high included anyone suffering from “overt paranoia, psychotic breaks with reality, or massive exacerbations of existing mental illness as a result of the conditions in [solitary confinement].”³⁰ The judge elaborated, noting that the group of prisoners to be excluded from isolation should

²⁹ AM. PSYCH. ASSOC., POSITION STATEMENTS: SEGREGATION OF PRISONERS WITH MENTAL ILLNESS (2012), available at <http://www.psychiatry.org/advocacy--newsroom/position-statements>.

³⁰ Madrid v. Gomez, 889 F.Supp. 1146, 1265 (N.D. Cal. 1995).

1 include:

2 [T]he already mentally ill, as well as persons with borderline
3 personality disorders, brain damage or mental retardation,
4 impulse-ridden personalities, or a history of prior psychiatric
5 problems or chronic depression. For these inmates, placing
6 them in [isolated confinement] is the mental equivalent of
7 putting an asthmatic in a place with little air to breathe. The
8 risk is high enough, and the consequences serious enough,
9 that we have no hesitancy in finding that the risk is plainly
10 “unreasonable.”³¹

11 46. In summary, the accumulated weight of the scientific evidence that I have cited
12 and summarized above demonstrates the painful nature of isolated confinement, and the
13 serious risk of significant psychological harm at which it places prisoners. When persons
14 are deprived of normal social contact for extended periods of time they experience mental
15 pain and suffering, are more susceptible to severe stress-related maladies and disorders,
16 are subject to deterioration and dysfunction along a number of mental, emotional, and
17 physical dimensions, and are placed at risk of even more serious harm, including the loss
18 of their sanity and even their lives. The broad range of adverse effects that derive from
19 social deprivation underscores the fundamental importance of meaningful social contact
20 and interaction and, in essence, establishes these things as identifiable human needs. Over
21 the long-term, meaningful social contact and interaction may be as essential to a person’s
22 psychological well-being as adequate food, clothing, and shelter are to his or her physical
23 well-being. This appears to be true for prisoners in general, but especially true for
24 mentally ill prisoners who are particularly vulnerable to the pains of isolated confinement
25 and susceptible to its harmful effects.

26 V. THE USE OF SOLITARY CONFINEMENT IN THE ARIZONA 27 DEPARTMENT OF CORRECTIONS

28 47. All other things being equal, the adverse psychological effects of solitary
confinement should vary as a function of the severity of the conditions and the amount of

³¹ Id.

1 time prisoners are confined in them. There are better and worse isolation units, including
 2 some that attempt to ameliorate the harsh conditions they impose and minimize their
 3 worst effects on prisoners. Moreover, prisoners vary in their resiliency, their ability to
 4 withstand the stress, pain, and harmfulness of this kind of confinement, and the degree to
 5 which they are able to recover after having been released. These variations qualify but do
 6 not contradict what is known about the suffering that isolated confinement inflicts and the
 7 serious risk of significant harm that it represents for all prisoners who are subjected to it.

8 48. Based on the conditions of isolated confinement that I observed in the various
 9 ADC units that I inspected, the individuals I interviewed, and the documentary evidence
 10 that I have reviewed regarding those conditions (including ADC general policies and
 11 practices as well as those that pertained to nature and amount of available mental health
 12 care for isolated prisoners), I have concluded that the prisoners in these isolation units,³²
 13 are at serious risk of significant harm due to their conditions of confinement. This is
 14 especially true for those prisoners who suffer from mental illness.

15 **A. Summary of Expert Opinions**

16 **1. ADC's Use of Harsh Isolation Units and its Negative Impact on Mentally Ill** 17 **Prisoners**

18 49. The ADC has no written policy prohibiting prisoners who are suffering from
 19 what is traditionally referred to as serious mental illness (SMI) from being housed in what
 20 are traditionally referred to as solitary confinement or supermax-type units.³³ Indeed,
 21 based on the tours that I conducted (discussed at greater length below), and ADC's own
 22

23 ³² In defining isolation units I have followed the Court's definition of the sub-class in
 24 this matter; "All prisoners who are now, or will in the future be, subjected by the ADC to
 25 isolation, defined as confinement in a cell for 22 hours or more each day or confinement
 26 in the following housing units: Eyman—SMU I; Eyman—Browning Unit; Florence—
 27 Central Unit; Florence—Kasson Unit; or Perryville—Lumley Special Management Area."
 Order, No. CV12-0601-PHX-NVW, Doc. 372 (D. Az. Mar. 6, 2013), at 22 (granting class
 certification).

28 ³³ Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of
 Request for Admissions (10/17/12), at RFA# 1-2.

1 records and documents, it is very clear that many such prisoners are currently housed in
 2 such units within the ADC.³⁴ Moreover, contrary to sound correctional and clinical
 3 practice, there is no written policy requiring that a face-to-face mental health evaluation
 4 be conducted before placing a prisoner in one of these units.³⁵ In addition, there is
 5 apparently no written ADC policy that provides for ADC mental health staff to not only
 6 monitor the mental health of isolated prisoners but also take action when a severely
 7 mentally ill—or any—prisoner deteriorates in isolation (except under the extreme
 8 circumstance in which inpatient care is determined necessary).³⁶

9 50. Based on the numerous interviews that I conducted, as described below, I found a
 10 surprisingly high number of seriously mentally ill prisoners in every housing unit I toured.
 11 Many of them were housed among other isolated prisoners, rather than in ADC's
 12 designated mental health housing areas in the isolation units. Too often the prisoners I
 13 spoke with were clearly suffering as a result of their isolated confinement yet they were
 14 receiving little or no meaningful psychological treatment. In my professional opinion,
 15 placing individuals with serious mental illness in ADC's isolation units poses an
 16 especially serious risk of significant harm. As I have noted, mentally ill prisoners are
 17 prone to deterioration and decompensation under isolated conditions. This deterioration
 18 and decompensation often takes the form of acting out and otherwise behaving in ways
 19 that constitute rule infractions. In these instances, this "bad" and troublesome behavior is
 20 the direct product of their mental illness and the ways that illness exacerbates the

21
 22 ³⁴ *Id.*; Shaw Dep., 135:21- 137:2, 168:5-7; MH Levels Statistical Summary, 4/15/13
 23 (ADC083096-105); MH Levels Statistical Summary, 7/23/12 (ADC027759-27768); MH
 24 Levels Statistical Summary, 4/02/12 (ADC094442-51); MH Levels Statistical Summary,
 25 10/3/11 (ADC094422-31); Medical and Mental Health Score Inmate Distribution by
 26 Complex for FY 2011 (PLT PARSONS-013204); Defendants' Response to Plaintiff
 27 Wells' First Set of Interrogatories, Ex. E, Inmates in Isolation or Detention, Data as of
 28 May 31, 2013 (ADC093618-733).

³⁵ Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of
 Request for Admissions (10/17/12), at RFA ##7-10.

³⁶ Shaw Dep., 148:3-9.

1 psychological and behavioral reactions they have to the pain and stress of isolated
 2 confinement (in an environment that, as I have indicated, they should never have been
 3 placed in in the first place. Punishing them for behavior that they cannot control, and that
 4 has been caused in part by the decisions of corrections officials themselves, is wrong as a
 5 matter of simple fairness. In addition, it is a singularly inappropriate way to respond to
 6 mental illness and can result in the prisoner's further deterioration.

7 51. It is further apparent that some of the seriously mentally ill prisoners in these
 8 units, including those who are on psychotropic medications and those who are on mental
 9 health watch, have been subjected to the use of chemical agents, a practice that is
 10 explicitly permitted by ADC policy.³⁷ More than merely permitted by policy, the use of
 11 chemical agents on mentally ill prisoners occurs frequently.³⁸ As I detail below, prisoners
 12 in the isolation units I inspected repeatedly described either being subjected to chemical
 13 spray themselves or witnessing the use of chemical spray on others. Even (perhaps
 14 especially) those prisoners "in crisis" and on mental health watch were subjected to such
 15 treatment.

16 52. At the same time, prisoners with mental illness in the isolation units are exposed
 17 to extreme levels of heat, regardless of their diagnosis and regardless of the types of
 18 medications they take. There is no ADC policy that limits the temperatures in the units
 19 where prisoners taking psychotropic medications are housed.³⁹ Moreover, because the
 20 ADC has admitted that it does not even maintain lists of prisoners in isolation who have
 21 mental health diagnoses, it is unlikely that adequate protections against heat injury for
 22
 23

24 ³⁷ Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of
 25 Request for Admissions (10/17/12), at RFA##38-43; Shaw Dep., 130:20-131:10; Fizer
 26 Dep., 194:4-10; McWilliams Dep., 173:1-3; Taylor Dep., 268:17-20.

27 ³⁸ See e.g., Significant Incident Report No. 201207346 (ADC089328) (reporting
 incidents in which officers used chemical spray on prisoners with mental health scores of
 4 or higher); Significant Incident Report No. 201110243 (ADC089163) (same).

28 ³⁹ Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of
 Request for Admissions (10/17/12), at RFA #33.

1 mentally ill prisoners are or could be taken.⁴⁰

2 53. During my facility inspections in July 2013, I repeatedly heard from prisoners
3 that they experienced difficulty with the heat on the units and in the recreation areas. For
4 many, being trapped in small, airless cells all day, every day, made their conditions of
5 confinement in isolation even more difficult to bear. It was also abundantly clear from my
6 own observation that prisoners, staff, and others who accompanied us on the tour were
7 experiencing difficulties with the extreme heat on the units. The incomplete temperature
8 data provided by defendants in this case confirmed the incredibly high temperature
9 readings at some facilities, including readings well over 90 degrees and some over 100
10 degrees.⁴¹ I found the fact that Florence complex “does not track indoor temperatures”—
11 even though it holds so many prisoners in isolation (including those who ADC considers
12 the most mentally ill, who are housed at Kasson)—to be extremely troublesome and very
13 dangerous.⁴² It is unconscionable that ADC makes no effort to monitor temperatures in
14 this complex, despite the risk of injury or death to prisoners taking psychotropic
15 medications. Moreover, even those facilities that do track temperatures appear to lack
16 adequate measures to minimize the grave risks of injury and even death posed by heat-
17 related reactions to which the seriously mentally ill are susceptible.

18 54. Although at first blush they may appear to be unrelated, it is my opinion that
19 these two practices—the use of chemical agents and the failure to monitor heat levels—
20 are joined by the underlying deliberate indifference that they both reflect. Not only has the
21 ADC taken the ill-advised step of housing large numbers of mentally ill prisoners in
22 isolated conditions that cause suffering and place their psychological well-being at risk,
23 but its officials also have chosen to adopt policies that place these prisoners in even

24
25 ⁴⁰ Defendant Ryan’s Answers to Plaintiff Verduzco’s First Set of Request for
Admissions (6/10/13), at RFA ## 52-55.

26 ⁴¹ See e.g., ASPC-Perryville, Lumley Unit (ADC141335-91); ASPC-Eyman-Browning,
Daily Temperature Checks (ADC140213); ASPC-Eyman (untitled), Daily Temperature
27 Checks (ADC140248-50, ADC140260, ADC140386, ADC14038688).

28 ⁴² Defendants’ First Supplemental Response to Plaintiff Sonia Rodriguez’s First Set of
Interrogatories (10/11/13), at No. 1.

1 greater jeopardy. Both practices not only reflect deliberate indifference to the plight of
2 the mentally ill in isolated confinement but also add to the feelings of vulnerability and
3 helplessness from which mentally ill prisoners suffer in these units. Mentally ill prisoners
4 are literally placed in situations and settings in which, because of the punitive actions (in
5 the case of pepper spraying) and dangerously indifferent inaction (in the case of the failure
6 to monitor and limit heat exposure) of corrections officials, the prisoners are—and know
7 they are—in danger.

8 55. Both ADC's policy of subjecting seriously mentally ill prisoners, most of whom
9 are on psychotropic medications, to chemical spray and its failure to protect prisoners on
10 psychotropic medications from heat-related injury add to the grave risks of harm for
11 prisoners with mental illness in the isolation units.

12 56. As I noted in passing above, during the course of my facility tours I interviewed
13 scores of prisoners who are now confined in the ADC isolation units. Many of them were
14 obviously suffering from serious mental health problems. As I discuss below, these
15 prisoners describe symptoms of mental suffering, increased mental illness, suicidal
16 thoughts and acts, and incidents of self-harm, including repeated acts of self-mutilation
17 (the after-effects of which were often visibly apparent). I also reviewed the declarations
18 of the named plaintiffs who represent the isolation sub-class. The problems described by
19 all these prisoners are consistent with the types of symptoms and suffering that I would
20 expect to find in a system with the kind of stark and extreme isolation conditions, policies,
21 and practices I have observed in the ADC.

22 **2. Lack of Meaningful Treatment for Prisoners with Mental Illness in Isolation**

23 57. It is my opinion that the lack of meaningful mental health care in the ADC's
24 isolation units places mentally ill prisoners at extreme risk of serious harm. As I
25 mentioned above, it is the position of numerous corrections officials, courts, professional
26 mental health and human rights organizations that prisoners with mental illness should be
27 prohibited from placement in such units, and in the limited circumstances where such
28 placement is absolutely necessary, strict limits must be placed on the duration of isolation

1 and significant amounts of out-of-cell time and structured therapeutic activities must be
2 provided.

3 58. It is clear that under ADC policy, the duration of time prisoners with mental
4 illness spend in the isolation units in itself creates significant risks of harm. By policy all
5 death row prisoners are subject to isolation and all prisoners with a life sentence must
6 spend a minimum of 2 years in these units – regardless of their mental health status.⁴³
7 Further, ADC does not appear to monitor the mean or median length of time prisoners
8 spend in isolation.⁴⁴ And both Carson McWilliams, Northern Region's Operations
9 Director, and ADC's 30(b)(6) designee to testify on isolation, and Greg Fizer, Deputy
10 Warden of Florence Central, testified that a prisoner's length of stay in isolation is not a
11 factor in the decision to keep or release them from isolation.⁴⁵ Indeed, Deputy Warden
12 Fizer testified that there is no limit to the amount of time a prisoner may stay in
13 isolation.⁴⁶

14 59. At the same time ADC's mental health programs within the isolation units are
15 wholly inadequate to meet the needs of mentally ill prisoners. For the most part, these
16 programs appear to have been largely formulated only after this lawsuit was filed.⁴⁷ The
17 gist of the programs, as detailed in ADC's program documents and based on witness
18 testimony and my own observations is that some – but not all – prisoners with mental
19 illness are now congregated in certain housing areas within the isolation units.
20 Supposedly, prisoners will be given opportunities to work toward gaining access to the
21 new outdoor recreation cages that have been built, allowing them some congregate
22 recreation and access to some recreation equipment, such as basketballs. In some units,

23
24 ⁴³ Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of
Request for Admissions (10/17/12), at RFA## 25-26.

25 ⁴⁴ Defendant Ryan's Response to Plaintiff Gamez's First Set of Requests for
Admission (9/6/13), at RFA## 5-6.

26 ⁴⁵ McWilliams Dep., 152:15-25; Fizer Dep., 42:9-43:7.

27 ⁴⁶ Fizer Dep., 42:21-23.

28 ⁴⁷ See Memo to Charles L. Ryan from Robert Patton and Richard Pratt, re: Increase of
Mental Health for Max Custody, 4/30/12 (ADC050861-67).

1 group programming has been made available through the use of treatment cages or the
2 outdoor recreation enclosures. And some prisoners are supposed to have greater access to
3 one-on-one counseling. There are slight variations in the actual and promised programs
4 that I detail in my inspection findings below. (Some of these new programs were already
5 underway at the time of my inspections in July, 2013, but several had been promised but
6 were not yet in existence). None of them appear to come close to providing the nature and
7 amount of adequate out-of-cell time and necessary structured therapeutic activities that
8 mentally ill isolated prisoners require.

9 60. Indeed, the actual operation of the programs underway in July, 2013 appeared to
10 be episodic and ad hoc at best. During my inspections, I repeatedly spoke to prisoners
11 who had been to one or two group sessions just recently or who had started a group in the
12 past only to have it discontinued. Many others said they wanted to participate in groups,
13 but none were being offered, or they had asked to participate but never received a
14 response from mental health staff. Others thought that groups might be starting but they
15 were unsure what groups might be offered or how they could participate. Very few
16 prisoners, even those in designated mental health units, had any clear idea of what the
17 program was or what they needed to do to successfully participate. The one and only
18 group I was able to observe during my inspections, was the tail end of a session with
19 prisoners in the CB-1 unit at Florence. The prisoners I spoke with were happy to be out of
20 their cells and liked the facilitator but seemed to have no idea what the group was actually
21 about or how it addressed their mental health needs. It appears that the episodic and ad
22 hoc nature of mental health group programming in the isolation units that I witnessed in
23 July 2013 has continued. In her deposition in September, Dr. Taylor testified to a recent
24 email from the Deputy Warden at Florence Central stating that the mental health programs
25 were not being done.⁴⁸

26 61. The same problems with patchwork treatment emerged when I inquired into the
27

28 ⁴⁸ Taylor Dep., 160:18-25; 161:1-25.

1 availability of one-on-one counseling. Some prisoners recalled having participated in one
 2 or two such sessions, only a few had had any more than that. Others indicated that they
 3 had to file HNRs to get a one-to-one appointment and that it often took months before
 4 they received a response for such a request; some said they received no response at all.
 5 Most prisoners reported that they had never had one-on-one counseling while in the
 6 isolation units. And no prisoner described receiving the type of consistent and in-depth
 7 therapeutic program that would be necessary to properly treat individuals with serious
 8 mental illness, especially ones housed under painful and stressful conditions of isolation.

9 62. The total lack of a coherent mental health program in any of the isolation units is
 10 corroborated by testimony that I have reviewed from witnesses identified as
 11 knowledgeable about system-wide practices. For example, Dr. Pastor, designated by
 12 Corizon as its mental health expert for ADC, could not describe any mental health
 13 programming that occurs in the isolation units.⁴⁹

14 63. Beyond the lack of actual mental health treatment, there also appears to be an
 15 insufficient amount of out-of-cell time and little or no congregate or group time provided
 16 to mentally ill prisoners in all of the isolation units. Some of the programs provide more
 17 opportunities for group exercise or an opportunity to eat a meal in congregate settings, but
 18 even these are too limited. ADC policy and practice limits out-of cell exercise to six
 19 hours a week.⁵⁰ None of the prisoners with whom I spoke told me that they were
 20 receiving more than that minimal amount of recreation time and a number told me that
 21 they were not getting that much. This minimal amount of time out-of-cell, even if
 22 occasionally complemented by a group session or a meal with others, is not sufficient to
 23 ameliorate the adverse effects that confinement in the harsh ADC isolation units has on
 24 mentally ill prisoners.

25 64. In addition to the inadequacy of care provided to prisoners in the formally

26
 27 ⁴⁹ Pastor Dep., 82:11-20; 189:13-17.

28 ⁵⁰ Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of
 Request for Admissions (10/17/12), at RFA# 11.

1 designated mental health “programs” that exist in certain isolation units, the other isolated
 2 ADC prisoners—including many who are identified as mentally ill—are not receiving
 3 proper mental health screening, monitoring, or care. This is apparent from the interviews I
 4 conducted, witness testimony I reviewed, and ADC’s own documentation. These serious
 5 shortfalls are the result of both inadequate policies and chronic mental health
 6 understaffing.⁵¹ It is my opinion that this understaffing is pervasive in the system and
 7 poses a serious, ongoing risk for all prisoners in the isolation units.

8 65. Problems with understaffing of mental health care positions in ADC are long-
 9 standing. Former Mental Health Program Manager and Mental Health Services Monitor,
 10 Dr. Shaw, testified that there were numerous mental health staffing shortages prior to
 11 ADC’s privatization of care on July 1, 2012.⁵² He also noted numerous such vacancies at
 12 the time of his deposition in October 2012.⁵³ In particular, Florence complex had no
 13 psychiatrist as of August 2012 and Perryville, Eyman, and Florence all had less than half
 14 their psychiatric provider full time equivalent (FTE) positions filled.⁵⁴ Indeed, the
 15 original medical contractor, Wexford Health Services, noted that “[s]taff shortages have
 16 existed for so long that site-level employees have become complacent with operating
 17 below industry standards.”⁵⁵ Unfortunately, this problem persisted during Wexford’s
 18 tenure; there was no psychiatrist at Florence or Perryville, the statewide vacancy rate for
 19 psychiatrists was 65%, and there was an astonishing 100% vacancy rate for psychiatric
 20 physician assistants/nurse practitioners.⁵⁶ The more recent staffing reports under Corizon
 21 reflect some improvement but vacancy rates that are still troubling. The statewide vacancy
 22 rates for psychiatrists was reported at 27%, with significantly higher vacancy rates of 50%

23
 24 ⁵¹ Arizona Monthly Staffing report, June 2013 (ADC121167); Memo to Joe Profiri,
 25 Wexford Psychiatric Provider Coverage, August, 13, 2012, (ADC027770-71); Shaw Dep.,
 53:16-54:5, 86:16-88:5, 126:22-127:10, 139:4-143:17.

26 ⁵² Shaw Dep., 76:22-77; 78:19-22.

27 ⁵³ *Id.*, 60:6-67:4.

28 ⁵⁴ *Id.*, 76:22-77:1; 78:19-22; 126:22-127:10.

⁵⁵ ADC Meeting, November 7, 2012 (Power-Point presentation) (WEX0064).

⁵⁶ Wexford Health Sources Vacancy Report, November 30, 2012 (ADC 49067).

1 at Florence Complex where so many isolation sub-class members are housed.⁵⁷ The
 2 recent deposition of ADC's Mental Health Contract Monitor, Dr. Nicole Taylor, on
 3 September 5, 2013, confirms that both psychiatrist positions and psychiatric nurse
 4 practitioner positions remain unfilled.⁵⁸

5 66. The critical problems caused by understaffing mental health care providers in the
 6 isolation units are obvious in the ADC auditing reports (known as "MGAR Reports") that
 7 I reviewed. Most recently, in September of 2013, ADC rated the Eyman complex with
 8 red findings in four out of six key mental health compliance areas.⁵⁹ The contract monitor
 9 found serious deficiencies in referrals to psychiatrists and mid-level providers, especially
 10 for prisoners with mental illness; serious deficiencies in updating mental health treatment
 11 plans for SMI prisoners; serious deficiencies in mental health visits for prisoners with
 12 mental health scores of MH-3 and above; and serious deficiencies in psychiatric
 13 monitoring of prisoners on psychotropic medications.⁶⁰ At Florence and Perryville the
 14 monitor also found critical deficiencies in mental health visits for prisoners with mental
 15 health scores of MH-3 and above; and serious deficiencies in psychiatric monitoring of
 16 prisoners on psychotropic medications.⁶¹ The fact that many prisoners do not receive their
 17 psychiatric medications and are not provided their required face-to-face meetings with
 18 psychiatrists has been repeatedly documented.⁶²

19 67. ADC's own findings indicate that basic, critical functions of the mental health
 20 program in these facilities are broken. These findings are consistent with my own
 21 observations of the mental health care program during my prison tours. A malfunctioning
 22 mental health care delivery system creates even greater risks for isolated mentally ill

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 24 ⁵⁷ Arizona Monthly Staffing Report, June 2013 (ADC 121167).

25 ⁵⁸ Taylor Dep., 131:25-:32:4; 141:22-42:6.

26 ⁵⁹ September 2013 Eyman Complex (ADC154074-78).

27 ⁶⁰ Id.

28 ⁶¹ September 2013 Florence Complex (ADC154123-25); September 2013 Perryville
 Complex (ADC154197-99).

⁶² Memo to Joe Profiri, Wexford Psychiatric Provider Coverage, August 13, 2012
 (ADC027770-71).

1 prisoners, whether they have been placed in mental health housing within the isolation
 2 unit or remain in its general population. Indeed, mentally ill prisoners in the ADC's
 3 isolation units are placed in double jeopardy by the defective mental health care to which
 4 they have access—they are provided substandard mental health care inside a environment
 5 that warrants greatly enhanced services, making the exacerbation of their illness far more
 6 likely. The basic elements of a properly functioning mental health care delivery system—
 7 including medication monitoring, treatment planning, and regular provider visits—could
 8 ameliorate some of the anguish, depression, and mental deterioration that mentally ill
 9 prisoners suffer in isolation. The grossly inadequate mental health services mentally ill
 10 prisoners receive in the ADC preclude that from happening.

11 68. I understand that ADC policy requires cell-front contacts with mental health staff
 12 for prisoners in the isolation units. Unfortunately, these practices appear to be almost
 13 entirely unmonitored by ADC's contract monitors. In the few monitoring reports that do
 14 review segregation policies and practices, notable deficiencies are recorded. In Florence
 15 in September 2012 the ADC monitor noted that "the weekly and three times a week
 16 checks are not being completed as required."⁶³ In Perryville, the ADC monitor noted that
 17 segregation rounds were being done but noted that there no Post Order identifying the
 18 level of segregation for each administrative segregation unit and the monitoring
 19 requirement for each unit could be located.⁶⁴ In Eyman, the monitor noted:

20 Review of charts and interviews with staff confirms that welfare
 21 rounds [in Browning and SMU I] are not being made to inmates in
 22 single-celled housing environments.... Inmates in these areas are
 23 provided observation checks by the POD officer every 60 minutes,
 24 plus meal deliveries twice per day. Per NCCHC, this level of
 25 segregation would qualify as *extreme isolation*, requiring daily
 26 medical follow-up as well as weekly follow-up with mental health
 27 staff, as well [as] the subsequent documentation evidencing
 28 completion of these rounds. This level of follow-up is not currently

⁶³ ASPC-Florence September 2012 Monitoring Report (ADC035262).

⁶⁴ ASPC-Perryville September 2012 Monitoring Report (ADC035479).

being completed.⁶⁵

These reports point to an alarming lack of mental health oversight in the isolation units. For unknown reasons, however, ADC monitors have stopped reviewing this critical aspect of mental health care for the highly vulnerable isolated population. In more recent monitor reports the segregation standards are simply absent.

69. Nonetheless, the findings of ADC's own monitors in 2012 are entirely consistent with my observations in July 2013. During my facility inspections I talked to dozens of prisoners about these cell-front visits and they uniformly reported that such visits were rare and extremely brief; one prisoner characterized them as "fly byes." Consistent with these prisoner self-reports, the sparse documentation I saw in prisoner medical records regarding these contacts was markedly rote and uninformative. In addition, these kind of non-confidential and very brief mental health contacts are of especially dubious value when they are used to replace or substitute for actual and in-depth mental health monitoring and care. Mentally ill prisoners cannot be expected to share meaningful, sensitive, personal information with mental health staff cell-front without having first established a trusting relationship (and, even then, the non-confidential nature of the contact may create barriers that are difficult or insurmountable to overcome). When this kind of limited and compromised contact represents essentially the only mental health contact that prisoners in isolation regularly have, it is of extremely limited or no value.

70. Perhaps on the basis of these and the many other severe problems that plague the ADC mental health delivery system, Dr. Taylor, the current mental health contract monitor, recently testified that she was unable to state that ADC currently meets constitutional requirements with regard to mental health care.⁶⁶

3. Extreme Social Isolation and Harsh Conditions Put all Prisoners in Isolation at Risk of Harm

⁶⁵ ASPC-Eyman September 2012 Monitoring Report (ADC035047) (*italics in original*).

⁶⁶ Taylor Dep., 277:13-25.

1 71. It is my opinion that the failure of the ADC to categorically exclude all prisoners
2 who suffer from SMI from being confined in its isolation units is at odds with sound
3 correctional and mental health practice. It places all such prisoners at serious risk of
4 substantial harm. It is also my opinion that the conditions of confinement in the isolation
5 units that I toured and the ADC policies and practices that I reviewed and admissions of
6 ADC regarding conditions of confinement in its isolation units (as reflected in the
7 documents, materials, and admissions I have reviewed), constitute the type of conditions
8 that my own experience and research, and the decades of scientific research and study
9 done by others have found to adversely affect virtually everyone exposed to them,
10 regardless of pre-existing mental illness. As such, the conditions to which the ADC
11 subjects its isolated prisoners places all of them at serious risk of significant psychological
12 harm.

13 72. These units are harsh and severe by any measure, and they subject prisoners to
14 extreme forms of social isolation and other potentially debilitating deprivations. For
15 example, as mandated by statewide policy, prisoners in ADC isolation units are afforded
16 extremely limited out-of-cell time. Official policy and practice allows for only 6 hours of
17 exercise a week in three separate two hour blocks. This means that prisoners are
18 essentially confined to their cells for 23-24 hours per day.⁶⁷ The “every-other-day”
19 configuration means that prisoners will spend an entire off day—half the days of the
20 week—confined continuously inside their small cells. If their exercise time is cancelled,
21 for whatever reason—which prisoners indicated was not uncommon—then their periods
22 of continuous in-cell confinement are even longer. Moreover, it reduces their exercise
23 time to no more than 4 hours per week, far below what is commonly regarded as the
24 minimal amount of out-of-cell exercise time for isolated prisoners. Their “exercise” takes
25 place in specially designed “enclosures” that are constructed of chain link fencing or steel
26

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28 ⁶⁷ Defendant Ryan’s First Supplemental Answers to Plaintiff Brislan’s First Set of
Request for Admissions (10/17/12), at RFA## 11-12.

1 mesh or concrete walls, in which the only “equipment” to which they may be allowed
2 access is a handball.⁶⁸

3 73. Prisoners who are housed in the Special Management Unit (SMU) and those who
4 are sentenced to death (which automatically results in their isolated confinement) are
5 denied access to the prison’s educational programming.⁶⁹ Indeed, access to any
6 programming or activity of any kind appears extremely limited in these units,⁷⁰ resulting
7 in widespread and debilitating idleness throughout these units. Because even the limited
8 amount of available programming in the “regular” ADC isolation units is provided by
9 television and, in the absence of any programming television is one of the very few
10 “distractions” isolated prisoners have with which to occupy time, those prisoners who are
11 unable to obtain a television have little or nothing to do, day in and day out, for the
12 duration of their time in isolation.

13 74. The conditions of confinement in these units are stark and barren. The stark
14 conditions in isolation are further exacerbated by ADC’s policies that allow for 24 hour
15 illumination in some isolation cells;⁷¹ limited property, including lack of access to TVs or
16 radios;⁷² infrequent, reduced calorie meals;⁷³ and the years and years that many prisoners
17 spend in such conditions.⁷⁴ Prisoners’ only regular contact with other human beings is
18 almost entirely limited to the brief, routinized “interactions” that occur twice a day, when
19 they receive their meals (which, of course, they eat in their cells, with only very rare
20 exceptions for a small number of prisoners, as described below). The atmosphere in the
21 housing units themselves has a kind of “war zone” quality to it, with helmeted and flak
22

23 ⁶⁸ Id. at RFA ##13-16.

24 ⁶⁹ Id. at RFA ##25-26, 28.

25 ⁷⁰ Dep’t Ord. 809, Earned Incentive Program, Jan. 11, 2011, (ADC014001-
ADC014004).

26 ⁷¹ Defendant Ryan’s First Supplemental Answers to Plaintiff Brislan’s First Set of
Request for Admissions (dated 10/17/12), at RFA #21.

27 ⁷² Id. at RFA #22.

28 ⁷³ Id. at RFA## 31-32.

⁷⁴ Id. at RFA ##25-26.

1 jacketed staff (and outside visitors) patrolling the areas outside the prisoners' cells. Not
2 only does this extra paraphernalia add to the oppressive heat staff must contend with in
3 these units, and makes it difficult to have remotely meaningful contact (because the bulky
4 helmets and face masks are difficult to see through clearly or to hear prisoners who are
5 trying to talk from behind the doors of their cells), but they also convey the unmistakable
6 message to the prisoners that they are categorically regarded by staff as dangerous,
7 untrustworthy, and poised to attack, and never to be approached person-to-person. Even
8 the mental health staff members are outfitted in this garb.

9 75. Prisoners reported—and it was consistent with my own observations in the course
10 of my tours of the various ADC facilities—that there was little or no routine, meaningful
11 contact with mental health staff. A number of prisoners seemed puzzled when I asked
12 about how often mental health staff came by to check on them, many could not remember
13 any such contacts, and others said that the only “contact” they had was when mental
14 health staff sporadically and infrequently walked quickly through the units, without
15 bothering to stop and engage any of them as they rapidly passed by. Opportunities for
16 prisoners in these units to silently suffer and quietly deteriorate, without anyone noticing
17 until their mental health problems become severe and perhaps irreversible, abound.

18 76. The conditions of extreme social isolation and enforced idleness that I witnessed
19 during my tours and which were described in the documents that I have reviewed are
20 virtually identical to the worst kinds of isolated conditions that I have seen and studied in
21 other correctional institutions. These harsh and severe conditions and forms of treatment
22 create a serious risk of significant harm for all of the prisoners who are subjected to them.
23 Indeed, ADC's own mental health practitioners appear to be fully aware of the inherent
24 risks and potential harms that these conditions pose for prisoners. For example, the
25 former psychiatrist supervisor at Perryville, Dr. Crews, testified that “a person who
26 doesn't have mental illness being isolated for long periods could develop mental illness or
27
28

1 mental illness symptoms from being isolated.”⁷⁵ I agree with Dr. Crews and have
 2 witnessed the damaging effects that such harsh and extreme isolation wreaks on prisoners’
 3 mental health and emotional well-being.

4 77. A substantial number of ADC prisoners are being subjected to these harsh and
 5 dangerous conditions. Based on the documents that I have reviewed and the facilities I
 6 inspected, I estimate that approximately 3000 prisoners are housed in units in the ADC
 7 that impose this kind of isolated confinement.⁷⁶ The fact that some minority of these
 8 prisoners may be housed with cellmates (i.e., are “double-celled”) does not mitigate, and
 9 indeed may exacerbate, the psychological impact of their deprived conditions. The kind of
 10 forced and strained “interactions” that take place between prisoners who are confined
 11 nearly around-the-clock in a small cell hardly constitute meaningful social contact. In fact,
 12 under these harsh and deprived conditions, the forced presence of another person may
 13 become an additional stressor and source of tension (even conflict) that exacerbates some
 14 of the negative reactions brought about by this kind of segregated confinement. This is the
 15 primary reason that assaults (and sometime lethal violence) between cellmates is a serious
 16 problem in many isolation units. Especially for prisoners who cannot pick their
 17 cellmates—but often even for those who can—essentially constant, forced, inescapable,
 18 and unrelenting contact with another person in such a small and enclosed space soon
 19 becomes intolerable; many prisoners report that it worsens (rather than ameliorates) the
 20 most negative aspects of isolated confinement.

21 78. The serious risk of significant harm to which isolated prisoners are subjected is
 22 tragically manifested in the extremely high suicide rates in these units. Prison researchers
 23 and correctional mental health experts are well-aware that a disproportionate number of
 24 suicides and incidents of self-harm take place in isolation units. ADC’s isolation units
 25

26 ⁷⁵ Crews Dep., 127:7-10.

27 ⁷⁶ ADC Institutional Capacity Committed Population, October 31, 2013, *available at*
 28 <http://www.azcorrections.gov/adc/PDF/count/10222012%20count%20sheet.pdf> (last
 visited Nov. 7, 2013).

1 appear to be no exception. According to the testimony of ADC's Northern Regional
 2 Operations Director and 30(b)(6) designee for the isolation units, Carson McWilliams,
 3 there is a higher percentage of completed suicides in isolation units than any other in the
 4 system.⁷⁷ Director McWilliams also noted that a significant portion of self-harm incidents
 5 occur in the protective custody units (where prisoners live under conditions of isolated
 6 confinement).⁷⁸ Despite the extremely high incidence of self-harm and completed suicides
 7 in these units, staff members assigned to them apparently do not receive any additional
 8 training on suicide prevention.⁷⁹

9 79. ADC's discovery responses indicate that the prison system had six suicides in
 10 2012.⁸⁰ The data provided by defendants is not entirely clear, but it appears that all or
 11 almost all these suicides took place in the isolation units. The suicide of [REDACTED] is listed as
 12 "Perryville/Lumley" so it is unclear if the death took place in the Special Management
 13 Unit at Lumley. And the suicide of [REDACTED] is listed as occurring at "Florence/Browning"
 14 which is not an accurate unit description since the Browning Unit is at Eyman. Thus, as I
 15 say, it may well be that all of the suicides in the ADC in 2012 took place in one of its
 16 isolation units. This year, as of October 21, 2013, there have been nine suicides. Of
 17 particular concern is the fact that three of these suicides occurred at ASPC-Eyman, all
 18 within only an eighteen-day period (between April 22 and May 10, 2013). A fourth
 19 suicide occurred at Eyman on June 19, and a fifth on October 21.⁸¹ [The discovery and
 20

21 ⁷⁷ McWilliams Dep., 169:25-170:4.

22 ⁷⁸ Id., 167:14-168:20.

23 ⁷⁹ Id., 169:13-17.

24 ⁸⁰ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/26/13), at
 No. 1.

25 ⁸¹ See Press Release, Arizona Department of Corrections, Inmate Death Notification
 ([REDACTED] 2013), *available at*
[http://www.azcorrections.gov/adc/news/13/\[REDACTED\]death_notify.pdf](http://www.azcorrections.gov/adc/news/13/[REDACTED]death_notify.pdf) (last
 26 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Inmate Death
 Notification ([REDACTED] 2013), *available at*
[http://www.azcorrections.gov/adc/news/13/\[REDACTED\]death_notify.pdf](http://www.azcorrections.gov/adc/news/13/[REDACTED]death_notify.pdf) (last
 27 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Inmate Death
 Notification ([REDACTED] 10, 2013), *available at*
 28 [http://www.azcorrections.gov/adc/news/13/\[REDACTED\]death_notify.pdf](http://www.azcorrections.gov/adc/news/13/[REDACTED]death_notify.pdf) (last

1 data available on ADC's suicides in 2013 do not indicate how many took place in the
 2 isolation units. I have only seen particularized data for four deaths which indicate that
 3 three suicides took place in SMU I, Browning and Rynning, and one took place in
 4 Lumley. The exact units where the five recent suicides in Eyman took place have not
 5 been identified.] In any event, this is a shocking and disturbing record of suicidality—five
 6 suicides at a single institution within just a little over a six-month period. It raises
 7 profound questions about the policies, procedures and conditions that may have
 8 contributed to the creation and maintenance of such a lethal environment.

9 80. If ADC has no further suicides this year, it will have an annual suicide rate of
 10 22.5 per 100,000 prisoners, which is well above the national average of 16 per 100,000.
 11 There appears to be a very high level of desperation and hopelessness among an unusually
 12 large number of ADC prisoners, and the ADC itself does not appear to have adequate
 13 procedures, policies, and mechanisms in place to address this problem. It is my opinion
 14 that ADC's policy of placing such a large number of prisoners in its harsh and extreme
 15 isolation units, its failure to exclude seriously mentally ill people from these units, and its
 16 failure to regularly and meaningfully monitor the mental health status of all of the
 17

18
 19 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Inmate Death
 Notification (██████████), available at
 20 <http://www.azcorrections.gov/adc/news/13/██████████DeathNotification.pdf> (last
 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Pinal County
 21 Medical Examiner Releases Report on Death (██████████), available at
http://www.azcorrections.gov/adc/news/13/██████████death_findings.pdf (last
 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Inmate Death
 22 Notification (██████████), available at
http://www.azcorrections.gov/adc/news/13/██████████death_notify.pdf (last
 23 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Inmate Death
 Notification (██████████), available at
 24 http://www.azcorrections.gov/adc/news/13/██████████death_notify.pdf (last
 visited Nov. 5, 2013); Press Release, Arizona Department of Corrections, Inmate Death
 25 Notification (██████████), available at
http://www.azcorrections.gov/adc/news/13/██████████death_notify.pdf (last
 26 visited Nov. 5, 2013); and Press Release, Arizona Department of Corrections, Inmate
 27 Death Notification (██████████), available at
http://www.azcorrections.gov/adc/news/13/██████████death_notify.pdf (last visited
 28 Nov. 5, 2013).

1 prisoners who are confined in such places all significantly contribute to the extremely
2 high suicide rate from which the system suffers.

3 81. Finally, it should be noted that ADC's placement of seriously mentally ill
4 prisoners in isolated confinement is not only harmful to them, but also jeopardizes the
5 well-being of other isolated prisoners and staff as well. Out-of-control mentally ill
6 prisoners whose psychiatric conditions may worsen in isolated confinement may become
7 assaultive to staff and to other prisoners. They frequently engage in loud, disruptive, and
8 otherwise noxious behavior (e.g., smearing themselves in feces) to which prisoners and
9 staff are exposed (and, in the case of prisoners, especially, from which they cannot
10 escape). This behavior can have a "ripple effect" throughout an entire housing unit,
11 increasing levels of tension and irritability of prisoners and staff, interfering with already
12 troubled sleep patterns among other isolated prisoners, and otherwise destabilizing the
13 atmosphere inside the housing unit. In addition, the acting out and non-compliant behavior
14 of mentally ill prisoners in isolation often precipitates forceful interventions by staff (e.g.,
15 the use of chemical agents) that adversely affect the well-being of everyone in the housing
16 unit.

17 **B. Institutional Inspections and Reviews**

18 **1. Perryville -- Lumley Special Management Unit (SMA)**

19 **a. Overview of Facility**

20 82. I toured Lumley SMA on July 18, 2013. During the inspection I was able to
21 observe all housing pod areas, designated treatment areas and recreation areas. I spoke
22 with a number of women prisoners at cell-front and conducted one-on-one confidential
23 interviews with selected prisoners. I also conducted selected medical record reviews.

24 83. The physical structure of SMA is highly unusual with two tiers of cells in four
25 "pods" designated A – D constructed to face outside with no internal courtyard of any
26 kind.⁸² The housing unit is open to the elements with telephones and recreation cages
27

28 ⁸² See Photo of Perryville SMA Unit (ADC163920). Each of the four housing pod has

1 placed in the outside courtyards of the unit.⁸³

2 84. Each cell is approximately [REDACTED] with a solid steel door.⁸⁴ The steel doors
3 make any direct or meaningful communication with the women inside the cells very
4 difficult. There is a window in the door and two narrow window slits at the back of the
5 cell.⁸⁵ In general, the lighting in the cells appeared quite dim. This meant that, on the day
6 that I toured the unit, it was not only difficult to converse with the women cell-front but
7 also difficult to even see inside some of the cells or to observed the women (or, for
8 example, easily assess their mental health condition). The cells are sparsely furnished with
9 a bed, desk, chair, sink/toilet combo, shelf, open closet structure and waste basket.⁸⁶
10 Some prisoners at SMA are double-celled.

11 **b. SMA's Conditions of Confinement Place All Prisoners Housed There at Risk**
12 **of Harm**

13 85. Conditions of confinement in the Lumley SMA are stark and severe. The extreme
14 isolation, idleness, and deprivation place prisoners at serious risk of significant harm,
15 especially those prisoners who have pre-existing mental illness (or who may have
16 contracted mental illness in the course of their confinement there). The most problematic
17 and dangerous features of the harsh conditions of confinement in the SMA include being
18 housed nearly around-the-clock inside cells where the prisoners eat, sleep, and defecate.
19 SMA allows prisoners to recreate 6 days a week for one hour a day. Limited out-of-cell
20 time is also permitted for showers. I was told that a very limited number of SMA
21 prisoners are now permitted to take a meal in the dining hall. Otherwise, prisoners have
22 little or no access to meaningful out-of-cell programs or purposeful activity of any kind.

23
24
25 24 cells. Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/26/13),
at No. 10.

26 ⁸³ See Photo of Perryville SMA Courtyard (ADC163916).

27 ⁸⁴ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/26/13), at
No. 10.

28 ⁸⁵ See Photos of Perryville SMA Cell (ADC163886-88).

⁸⁶ See Photos of Perryville SMA Cell (ADC163886-88).

1 Educational and vocational programs are largely unavailable; almost no one is permitted
 2 to hold a job; visits are generally no-contact; interaction with staff is limited; and
 3 property—including TVs, fans, and radios—is generally only available to those prisoners
 4 who have money to pay for them. For a number of prisoners, such items are too expensive
 5 and they are unable to purchase them.

6 86. During my tour I was also told that out-of-cell recreation is available to women at
 7 SMA in three stages. In the first stage, women are only allowed to recreate in individual
 8 cages.⁸⁷ According to staff who accompanied us on the tour, this stage lasts a minimum
 9 of 30 days. Thereafter, if the prisoner is judged to be suitable to be progressed to stage 2,
 10 she will be allowed to recreate with a small group of other prisoners in a larger cage that
 11 contains a basketball hoop.⁸⁸ Finally, prisoners who are judged suitable to be progressed
 12 to stage 3 are allowed to recreate on the main yard with about 15 people at a time. On the
 13 day of my visit, there was a volleyball net, a few picnic tables, and a small shaded area in
 14 this yard.⁸⁹ Defendants indicated that the SMA prisoners at stage 1 are allowed playing
 15 cards and sports balls, and at stages 2 and 3 they are allowed cards, table games, and
 16 sports balls.⁹⁰ I observed a few balls in the rec cages the day of my tour (although several
 17 prisoners indicated that they had been placed there only in anticipation of our tour and
 18 inspection).

19 87. The overall “program” for SMA prisoners is nearly non-existent and wholly
 20 inadequate. The women complained repeatedly about having nothing meaningful to do
 21 and lacking any constructive way to even pass time. One of them told me, “there is no
 22 program or anything—they have no teachers here. If we want a book, we have to bang on
 23 our door, and they can give us a ticket for that.” Another said: “we are dying back here,
 24

25 ⁸⁷ See Photo of Perryville SMA Stage 1 Recreation Cage (ADC163902).

26 ⁸⁸ See Photo of Perryville SMA Stage 2 Recreation Cage (ADC163917).

27 ⁸⁹ See Photo of Perryville SMA Stage 3 Recreation Area (ADC163919).

28 ⁹⁰ Defendants’ Response to Plaintiff Wells’ First Set of Interrogatories (6/25/13), at No. 11.

1 we are just locked down... There is no human contact here.” The recreation areas to
 2 which they are given limited access are very sparse and, even at “level 3,” do not provide
 3 the women with truly meaningful or productive activities in which to engage. Moreover,
 4 their access to even these largely barren concrete “yards” is limited not only by the time
 5 limits placed on their use, but also by the intense heat that beats down on the outside areas
 6 of the unit for much of the day during most of the year. Women complained also about the
 7 pepper spraying. One pregnant prisoner told me: “they pepper spray us for no reason. I’ve
 8 been sprayed once . . . I was having cramping after.” She said that the officers do not
 9 shower the prisoners after they have been sprayed.

10 88. The combination of the extreme levels of isolation and deprivation that
 11 characterize the SMA, the lack of programming and insufficient out of cell time, the
 12 overall harsh and inhospitable conditions under which the prisoners live has placed them
 13 in jeopardy. There are no meaningful steps being taken to ameliorate the adverse
 14 psychological effects of the isolation and deprivation to which the women are subjected.
 15 The prisoners with whom I spoke expressed feelings of pain, desperation, and fears of
 16 deterioration that were completely understandable under the harsh conditions of isolated
 17 confinement that I observed.

18 **c. Excessively Harsh Conditions for Mentally Ill Prisoners and Lack of**
 19 **Appropriate and Meaningful Treatment**

20 89. During my tour of SMA I was struck by the large number of prisoners who
 21 appeared to be seriously mentally ill. Despite this obvious fact, there did not appear to be
 22 any coherent mental health program in place for any of the women at SMA. Indeed, the
 23 staff seemed to be confused about whether one existed and, if one did, what it might
 24 consist of. When we were first taken to “D pod” at SMA, staff indicated that it was where
 25 the “mental health program” was located, with “watch cells” on the first tier and prisoners
 26 with mental illness housed on the second. Later, however, staff clarified that D pod is just
 27 the pod where the mental health watch cells are located. It is not specifically designated
 28 as a dedicated “mental health program” area (and it appears that no area actually is). This

1 may be because there really is no functioning mental health “program” in the SMA.

2 90. All of the “watch cells” on the first floor of “D pod” were full during my tour.
3 The cells were abysmal and the arrangement itself wholly inappropriate. The outward
4 configuration of the cells meant that it was difficult for someone standing outside, in the
5 bright light, to see into some of the dark cells. The cells were barren, with worn concrete
6 floors and blankets on the floor crunched up in a pile. In addition, large fans were placed
7 on the ground tier where the watch cells are located and where officers are posted, in an
8 (unsuccessful) attempt to compensate for the stifling heat. But the loud noise of the fans
9 ensured that it was not only difficult to see into some of the watch cells but also nearly
10 impossible to hear the prisoners inside (or, for that matter, the staff on the outside).

11 91. One of the women I interviewed in a watch cell, [REDACTED], told
12 me that she had been placed there after telling a staff member that she was afraid she was
13 going to hurt herself. She had arrived at the SMA the day before but had still not seen a
14 doctor. [REDACTED] was clad only in suicide smock, but complained of the oppressive
15 heat; I could see that she was perspiring. Another woman in the watch cells, [REDACTED]
16 [REDACTED], was wearing a red football helmet, ostensibly for her protection. She
17 told me that she had been at Perryville for about three and a half years, about two-thirds of
18 which she estimated she had spent in SMA. [REDACTED] said that conditions there were
19 getting worse not better, and that she had to “demand and demand help” before getting
20 any. She told me that she was on Tegretol and receives Haldol shots for her bi-polar
21 disorder, and that her mental health contact was limited to a once-a-month session with “a
22 psych.” She has never attended any kind of group therapy session.

23 92. D pod is also the site of the only space designated for “treatment” at SMA. The
24 “treatment room” is an office with four individual cages aligned next to each other.⁹¹
25 According to ADC, each treatment cages is [REDACTED] long by [REDACTED] wide.⁹² ADC has stated

26
27 ⁹¹ See Photo of Perryville SMA Treatment Room (ADC163889).

28 ⁹² Defendants’ Response to Plaintiff Wells’ First Set of Interrogatories (6/26/13), at No. 12.

1 that group sessions and one-on-one counseling is provided to SMA prisoners.⁹³ Although
 2 there are infrequent one-to-one contacts with mental health staff (the women I interviewed
 3 estimated these to occur not more than once a month), there did not appear to be any
 4 therapeutic groups being run in the unit, either to address the women's particular
 5 psychological problems or to even slightly ameliorate the debilitating effects of extreme
 6 isolation. When I was told that there were actual groups being run, I asked to see a
 7 schedule of group sessions. After persisting, I was provided with a one-page, typed note
 8 near the end of the day that said: "Dr. St. Clair recently rotated the mental health staff;
 9 new group schedules have not been established yet. Below is the previous schedule."⁹⁴ It
 10 would appear that, at least at the time of my tour, there were in fact no groups being
 11 operated, as the women consistently reported. The note indicated that, at least during a
 12 previous time period, groups had been conducted. It was impossible to tell how regularly
 13 they actually were run, how long the groups were in existence, or how many women had
 14 once participated in them.

15 93. This current failure to provide any enhanced mental health treatment for seriously
 16 mentally ill women at SMA is apparently not a recent problem. Former Mental Health
 17 Program Manager and Mental Health Services Monitor, Dr. Shaw, testified last year that
 18 the reason SMA had no "enhanced mental health treatment areas" at that time was
 19 because "I just didn't think about it. I forgot about it."⁹⁵ Based on what I saw and heard
 20 during my July, 2013 tour of the facility, it appears that the women at SMA have
 21 continued to be forgotten.

22 94. This lack of an operating mental health program, even for the sickest prisoners,
 23 was also reflected repeatedly in the interviews conducted on-site. I had asked to interview
 24

25 ⁹³ Id.

26 ⁹⁴ Mental Health Note Re: Group Schedules ASPC-Perryville SMA (ADC139524).

27 ⁹⁵ Shaw Dep., 149:25-150:3; 155:20-23. See also Memo to Charles L. Ryan from
 28 Robert Patton and Richard Pratt, re: Increase of Mental Health for Max Custody, 4/30/12
 (ADC050861-67) (notably the SMA is not included in the programs discussed in this
 memo).

1 named plaintiff, Christina Verduzco, #205576, in a confidential setting but we were told
 2 that she was “non-transportable” due to her behavior so any interaction had to take place
 3 at cell-front. We found her in a cell tucked into a corner that had no direct sight lines. She
 4 indicated that it was hard to get the attention of staff in this corner cell so she often had to
 5 bang on the door and that she has even set fire to her cell in order to get officers to come
 6 to her cell in the past. Ms. Verduzco indicated that she is not getting the mental health
 7 treatment she needs and she knows that she is deteriorating badly there. She said, simply,
 8 “I need more help. I need more scenery. I need to talk to people.” She said that instead of
 9 providing help to the prisoners, the SMA staff uses pepper spray to control them; she
 10 estimated that she had been pepper sprayed nearly a dozen times since she had been the
 11 unit.

12 95. In my many years of interviewing prisoners, I have rarely met someone so
 13 desperately in need of mental health care. Yet Ms. Verduzco’s obvious treatment needs
 14 appear to be going unmet in the SMA. She told me that she had not been to the treatment
 15 room for individual counseling in “a long time” and had never had a counseling session in
 16 which she was not in a cage and handcuffed. She indicated that mental health staff rarely
 17 come to her door to check on her. It was clear from my interaction with Ms. Verduzco
 18 and subsequent review of her records that she is seriously mentally ill and that her illness
 19 has been well documented by prison staff (including entries that described hearing voices,
 20 bizarre behavior, fecal smearing, suicidality and self-harm). In fact, Ms. Verduzco’s long
 21 psychiatric history began at age 15 and includes a diagnosis of schizophrenia.⁹⁶ She hears
 22 voices,⁹⁷ is given a Haldol shot periodically, and also takes Cogentin and Depakote.⁹⁸
 23 When I spoke with her, Ms. Verduzco said she was afraid to continue living in SMA, in
 24 part because she was afraid that she would continue to deteriorate there. But she said she
 25 had no idea when she would be released or what she could do to get out of SMA. During

26 ⁹⁶ Verduzco Dep., 60:8, 66:1-2.

27 ⁹⁷ *Id.*, 68:7-11.

28 ⁹⁸ *Id.*, 6:25-7:1, 8:24; Christina Verduzco, Patient Profile Report, June 27, 2013 (ADC122736).

1 our interview she said she had no TV, radio or fan and spends the day reading the Bible
2 and cleaning her room. She said that things were better for her when she was at the
3 mental health unit Flamenco and she very much wants to return there. In SMA, she is in
4 continuous emotional pain. She said: "I'm hurting in here, hurting in my head... I need to
5 get out of here. I need help."

6 96. I conducted a series of random, cell-front interviews in SMA and heard a number
7 of stories that were similar to Ms. Verduzco's. For example, [REDACTED]
8 [REDACTED], told me that she had been at SMA for three months but never been to the
9 treatment room for individual counseling or any therapy. She stated that she suffers from
10 insomnia and anxiety attacks and was getting increasingly depressed in SMA. She is
11 taking Risperdal and Celexa but reported getting no actual treatment or therapy from the
12 mental health staff (except for her medications). Other prisoners also corroborated the
13 fact that mental health contact is rare or non-existent in the SMA. For example, [REDACTED]
14 [REDACTED], who had also been at SMA for three months, told me that she
15 had had one counseling session that lasted about 35-45 minutes, conducted in the therapy
16 room, while she was kept un-cuffed inside a treatment cage. [REDACTED] indicated that
17 the session was somewhat helpful for her, but another scheduled session was cancelled.
18 She told me that the mental health staff is not on the unit very often. While at SMA she
19 has never been in a therapy group or been told about any other kind of programming
20 there. There are not even any cell-front programs that she knows of and she said there is
21 very little to do. She is trying to get a loaner TV and fan. [REDACTED] said that she takes
22 Zoloft and albuterol and that her medications are helpful. [REDACTED]
23 arrived at SMA two weeks prior to my visit. She told me that she suffers from bi-polar
24 disorder, and had spent time in SMA for minor write-ups that really should not have
25 resulted in her being placed in isolation. For example, she indicated that she was given a
26 six month sentence in SMA for "being out of position" in the shower. [REDACTED] stated
27 that she had seen the therapist the day before I interviewed her and she told him that she
28 was "going nuts" alone in her room; all he said in response was that he would raise her

1 Tegretol dose. [REDACTED] recalled that during her previous stay at SMA there was at least
2 one class that was offered in the "psych room"; it lasted about 6 weeks but ended when
3 Dr. Blair left. She was unaware of any groups presently offered.

4 97. I conducted several in-depth interviews with women at the SMA. They described
5 the painful nature of their isolated confinement and the psychological damage that it was
6 doing to them. They also complained bitterly about the inadequate mental health care
7 being provided in the unit. For example, I interviewed named plaintiff Sonia Rodriguez,
8 #103830, a 40 year old mother of six. Ms. Rodriguez has a long history of mental health
9 problems beginning as a youth and culminating in serious suicide attempts while she was
10 incarcerated. Ms. Rodriguez was recently released from SMA to a close custody unit, and
11 was able to describe the dramatic contrast in treatment. She was adamant that mental
12 health care in SMA has deteriorated badly over the last several years. When she first
13 returned to prison in 2008, she said that she often had mental health contacts. And
14 recently, after being released from SMA, she is once again being seen more often by
15 mental health staff.

16 98. Although Ms. Rodriguez reported that she thought her mental condition had
17 improved since leaving SMA, the long period of time she had spent in isolation left her
18 with many lingering psychological issues and problems. For example, Ms. Rodriguez
19 reported serious problems with insomnia and nightmares. Her memory and concentration
20 are clearly compromised. She reported feelings of anxiety, lethargy, mood swings and
21 emotional numbing, amongst other symptoms. She indicated that visual and auditory
22 hallucinations are common for her; she sees "ghosts" and they direct her towards violent
23 acts. She is plagued with suicidal ideation. She has reported this to her counselor who
24 said she would see about asking that the doctor give her more medication. Indeed, it was
25 clear during my interview with her that Ms. Rodriguez was heavily medicated already, so
26 much so that it appeared to slow her speaking and perhaps to interfere with her memory.
27 At first she could not remember her current medications and only later in our session did
28 she recall being placed on court-ordered Haldol shots. She indicated that she wished she

1 had group treatment sessions rather than just more medications to help her mental health
2 problems.

3 99. I also interviewed [REDACTED] a 30 year old married mother of three.
4 She has been incarcerated at SMA for several years during her entire current sentence as
5 well as during part of a previous sentence from 2002 to 2006. She will be released in
6 2015 and told me that she is worried that segregation is "all I know"; she feels she needs
7 practice being around people before returning to her family and community. [REDACTED] is
8 seriously mentally ill and described a long history of psychiatric problems dating back to
9 her childhood. She indicated that she has been diagnosed bipolar with schizophrenia and
10 that she regularly hears two voices in her head. These voices tell her to harm herself and
11 others. She also told me that she has attempted suicide on multiple occasions and has a
12 history of cutting (including one tragic incident where, responding to the commands of
13 one of the voices she hears, she attempted to cut her unborn fetus out of her body).

14 100. Despite her very serious mental illness, [REDACTED] reported that she has had a
15 difficult time getting her medications and that she receives very little mental health
16 treatment in SMA. She could recall receiving some counseling sessions in the D pod
17 office on the unit, where she said she sat in a cage and talked to mental health staff, but
18 nothing more than that. She did not recall having had any group sessions, and complained
19 that the mental health care in SMA had gotten worse over time. During my interview
20 with [REDACTED], she reported multiple symptoms associated with long-term isolation,
21 including obsessive thoughts and revenge fantasies; anger; memory and concentration
22 problems; an inability to relate to others coupled with emotional numbing, depression and
23 anxiety and a general feeling of lethargy. [REDACTED] appears to be a very seriously
24 mentally ill prisoner whose continued well-being is being jeopardized by the severe
25 conditions of her isolated confinement and the inadequate mental health care that she
26 reported receiving.

27 101. [REDACTED] is a 30 year old mother from Phoenix. She is now in
28 SMA as a "protective segregation" prisoner and has been living in isolation for three and a

1 half years. She will be released in 9 years and fears that she will spend the entire time in
2 SMA. [REDACTED] is especially concerned that she will end up like other women she has
3 seen come into the unit and who eventually “pull out their hair and smear feces.” She told
4 me, “I see girls come into SMA normal and leave losing their minds—it terrifies me.” [REDACTED]
5 [REDACTED] talked about her own extreme isolation and the effects it was having on her. She
6 told me that coming to my interview was the first time that she had left her cell in over
7 two months, despite the fact that she has no TV or radio in her cell and relies only on
8 books to occupy her mind day in and day out. [REDACTED] reported that she did not have
9 a formal mental health diagnosis in the community, although she admitted to a long-term
10 struggle with bulimia and said that she had become addicted to meth before her
11 incarceration. Once in prison, she began to experience other serious psychological
12 problems. Although she is unclear about what her actual mental health diagnosis is now,
13 she reported that she takes a number of psychotropic medications, such as Risperdal,
14 Cogentin, and Zoloft. [REDACTED] appeared to be suffering and unstable, and she told me
15 that she knows she needs mental health care. However, she also talked at length about the
16 lack of adequate programming and treatment in SMA. She said that she has been taken to
17 the treatment cages in D pod, but only after she submitted a health needs request (HNR).
18 Even then, however, she said that it takes a long time—weeks or a month—before the
19 mental health staff responds. In fact, she represents a common pattern in SMA: Prisoners
20 who need help must request it by submitting an HNR, but then they are forced to wait a
21 long time before they get a response. In the meantime, they deteriorate further and many
22 of them eventually end up on suicide watch. As she put it, the women “lose it” while
23 waiting so long for their mental health appointment. She reported that this has happened
24 to her as well as to other prisoners. [REDACTED] corroborated the comments of several
25 other women with whom I spoke to the effect that mental health care in the SMA had
26 gotten worse over time. She reported that, in addition to the lack of any regular or group
27 counseling, there was so much staff turnover in the unit that she and the other women
28 found it very difficult to form trusting therapeutic relationships with any of the mental

1 health providers, on the rare occasions when they did see them.

2 102. In addition to the inadequate mental health care that she described, [REDACTED]
3 voiced a number of concerns about the adverse effects of the severe isolation and
4 conditions of deprivation to which she was being subjected. She reported numerous
5 symptoms including depression, anxiety, frequent headaches and nightmares, along with
6 emotional numbing, lethargy, moodiness and an inability to be around others. She said, "I
7 used to be happy and caring but now I just don't feel anything for people."

8 103. [REDACTED] is a 47 year old woman serving a life sentence for a
9 felony murder that occurred during a high speed car chase. [REDACTED] told me that she
10 had become addicted to methamphetamine and alcohol on the streets, and that she had
11 gone through a "dark period" in her life during which time she had made a very serious
12 suicide attempt. Her mental health problems worsened after she was arrested for her
13 present offense, and she received psychological counseling and psychotropic medications
14 (Seroquel and Celexa) in county jail awaiting trial. When she got to prison, however, the
15 quality of her mental health care declined. She suffers from depression and is taking
16 Risperdal. She was seen six months ago by mental health staff but rarely interacts with
17 them. [REDACTED] said that she believes the need for mental health care is great in SMA:
18 "You can't have a straight mind in here, given how awful it is." But also stated that the
19 mental health care is inadequate, and that "people fall through the cracks here." As she put
20 it, "someone sees you at your door—maybe once every two or three weeks" but only if
21 you are on the list of "high risk" prisoners, and even then the visits are perfunctory and
22 unhelpful—the staff members doing it go by quickly, she said, just to check you off the
23 list. If you tell the mental health staff you want to see someone for an actual counseling
24 session, because you are having a problem, you have to wait for long periods before it
25 happens. She said that because she is not considered at "high risk" for mental health
26 problems, she, too, has "fallen through the cracks." She said she has managed her
27 psychological symptoms as best she could, on her own, by adopting meditation and
28 Buddhism. Although this has helped some, [REDACTED] nonetheless acknowledged a

1 number of problems in isolation, including anxiety, irrational anger, and feelings of deep
2 depression that she regularly “fights to keep from going over the edge.”

3 104. In summary, there is ample evidence that many seriously mentally ill prisoners
4 are confined in SMA, where they are subjected to very severe isolation and deprivation.
5 They remain there without the benefit of an adequate, functioning mental health program
6 to either address the women’s pre-existing psychiatric problems or to provide them with
7 even a tiny measure of respite from the painful and potentially dangerous conditions of
8 confinement to which they are exposed. Many of the women with whom I spoke had long-
9 standing and apparently well-documented psychiatric histories that often pre-dated their
10 imprisonment. Yet they were confined nearly around the clock under truly extreme
11 conditions, in small isolation cells where they were denied meaningful programming,
12 were not regularly and carefully monitored for signs of further deterioration, and did not
13 receive remotely adequate therapeutic contact. The combination of such harsh and
14 potentially debilitating conditions of confinement in the absence of adequate
15 programming and treatment placed these especially vulnerable women at very serious risk
16 of significant psychological harm.

17 105. My inspection of the SMA and the interviews I conducted with the women
18 housed there surfaced several other troubling issues. As I noted several times in passing
19 above, a number of the women reported that chemical spray was frequently used by unit
20 staff to subdue prisoners, including prisoners with serious mental illness and those who
21 were otherwise in extreme mental distress. Christina Verduzco, #205576 stated
22 unequivocally that she had been sprayed with pepper spray by officers and indicated to me
23 that the use of chemical agents was commonplace at SMA. [REDACTED]
24 corroborated this. She indicated that women get sprayed nearly every day at SMA and that
25 the staff targeted the women who are on mental health watch. (Because [REDACTED]
26 protective segregation cell is located on D pod, where the mental health watch cells are,
27 she is able to directly witness this). Sonia Rodriguez, #103830 also felt that officers
28 mistreated women by using pepper spray at SMA; she said some of the officers are “Mace

1 happy.” [REDACTED] also observed that using chemical spray on the
2 women is common at SMA, even those women who are “on meds.” And [REDACTED]
3 [REDACTED] felt that although the amount of chemical spray that was used on the unit
4 depended on which sergeant was on duty, she noted that it was not uncommon for some
5 women to be sprayed twice in one night. The prisoners’ description of ADC’s practices
6 are further supported by the documents I reviewed recording use of force incidents. For
7 example, at Perryville ADC records spraying of prisoners who merely held their food slots
8 open⁹⁹ or refused to relinquish her undergarments.¹⁰⁰

9 106. Nearly every prisoner I spoke with at SMA complained about the extreme heat in
10 the unit. Indeed, it was clear during my inspection that everyone, including staff,
11 prisoners, and those accompanying me on the inspection were having difficulties coping
12 with the extreme heat. (Several prisoners also indicated to me that the cold water being
13 passed out on the unit during my inspection was not usually provided.) During my
14 interviews, several prisoners described heat-related symptoms and problematic behavioral
15 reactions to the extreme heat. Christina Verduzco, #205576, repeatedly talked about how
16 hot her cell was and explained that she sleeps on the floor to try to cool down. She
17 reported fainting from the heat several times recently and said that she does not go outside
18 because the heat makes her sick. She had no fan. [REDACTED] similarly
19 noted that one of the reasons she had not left her cell in over two months is the heat. She
20 is heat sensitive and faints frequently even in her cell which is extremely hot with no air
21 circulation. She has a fan but it is breaking down and she fears the day it ceases to work.
22 [REDACTED] described the difficulties she has breathing in her hot cell,
23 especially due to her asthma, and informed me that her air conditioning did not work and
24 no one checked the temperature in her cell. She had no fan and asked the officers to open
25 her food slot to at least let air in but said that they refused. [REDACTED]
26

27 ⁹⁹ SIR No. 201211753, ASPC-Perryville, Lumley (ADC089376),

28 ¹⁰⁰ SIR No. 201214634, ASPC-Perryville, Lumley (ADC089377).

1 described similar problems breathing due to the heat. [REDACTED], who
2 was seven months pregnant at the time of my interview with her, described the extreme
3 heat in her cell as unbearable. She had no fan and talked about how difficult it was to get
4 an officer's attention if you have a problem. She said she has been given disciplinary
5 tickets for banging on her door to try and get an officer to come to her door. These severe
6 conditions place many of the mentally ill and other prisoners in SMA at an additional risk
7 of harm—physical as well as mental. Many prisoners said they avoid going to outside
8 recreation areas because of the extreme heat, which adds to their isolation and chronic
9 idleness. But many also said that even their cells were unbearable because they were so
10 hot and lacked proper ventilation.

11 107. Intolerable conditions of confinement place the mental health of prisoners in
12 jeopardy and—when they press against the bounds of what prisoners can physically
13 tolerate—also place them at risk medically. The use of chemical sprays and the intolerable
14 levels of heat to which the women are exposed exacerbate already unjustifiably adverse
15 conditions of confinement. The ADC has done little or nothing to ameliorate the worst
16 effects of any of these conditions. As a result, the prisoners housed in the SMA remain at
17 serious risk of harm.

18 **2. Florence Central and Kasson**

19 **a. Overview of Facility**

20 108. I inspected Florence Central and Kasson units over two days on July 19 and
21 22, 2013. During the inspection I was able to tour all representative housing units and
22 designated treatment areas. I also interviewed numerous prisoners at cell-front and
23 conducted confidential, one-on-one interviews with a pre-selected list of prisoners. The
24 various units at Florence Central, including Kasson, have programmatic and architectural
25 differences that should be noted.

26 **Cell Block 1**

27 109. During my inspection Warden Lance Hetmer informed me that Cell Block 1
28 (“CB-1”) is officially designated as a mental health program unit for maximum security

1 prisoners identified at level MH-3 and above in ADC's scale of mental health acuity.
 2 According to Warden Hetmer, individuals in this program have high mental health acuity
 3 but must be stable enough to participate in the program. Group and one-on-one
 4 counseling is reportedly available for CB-1 prisoners. The groups are conducted in the
 5 chow hall and the one-on-one sessions in the Psychiatric Associate's office located in the
 6 health unit on the main yard.¹⁰¹ Prisoners participate in the group session unrestrained
 7 and ADC also indicates that prisoners assigned to the "behavioral health program" at CB-
 8 1 will not be restrained during 1:1 counseling sessions. The Psychiatric Associate and
 9 Psychiatric Technician are also supposed to tour CB-1 and speak with prisoners at cell
 10 front to allow for a "more casual interaction and support for any issues being worked on in
 11 groups, in addition to groups and one-on-one meetings."¹⁰²

12 110. CB-1 has 120 single occupancy cells open steel bars at cell front. One of the
 13 wings at CB-1 is also designated as over-flow for maximum security prisoners who do not
 14 participate in any CB-1 programming or recreation. The cells are approximately 54
 15 square feet or [REDACTED] with shelving, a bed and a toilet/sink unit.¹⁰³ The living space is
 16 extremely constricted and the unit was quite hot on the day of my tour, although some
 17 fans were operating on the tiers. Some of the cells which face the front of the building
 18 experience direct sunlight.¹⁰⁴ Other cells face each other and a common area with
 19 skylights.¹⁰⁵

20 **Cell Block 2**

21 111. Cell Block 2 (CB-2) is a step-down program called "Walking 5" which allows
 22 prisoners to lower their custody level through behavior and programs. Prisoners in the
 23

24 ¹⁰¹ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/26/13),
 25 at No. 12.

26 ¹⁰² Id. at No. 12, p.17.

27 ¹⁰³ See Defendants' Response to Plaintiff Wells' First Set of Interrogatories
 (6/26/13), at No. 10; Photo of Florence CB-1 Cell (ADC154426).

28 ¹⁰⁴ Photo of Florence CB-1 Cell (front of building)(ADC154430).

¹⁰⁵ Photo of Florence CB-1 (ADC154429).

1 program have privileges uncommon in other parts of Florence Central: they are allowed
 2 to walk without restraints; they have recreation on the main yard with 52 people; and they
 3 take their meals in the chow hall. According to Warden Hetmer, this is not a mental
 4 health program and he believes there are few prisoners in the program with MH-3 mental
 5 health scores and above.

6 112. CB-2 has 120 single occupancy cells which are each 40 square feet in size, [REDACTED]
 7 [REDACTED].¹⁰⁶ These cells are extremely small spaces.¹⁰⁷ The cells are all open bars in three tiers
 8 on either side of a main courtyard.¹⁰⁸ This unit was stifling the day of my tour and
 9 extremely dark with little natural light.

10 **Cell Block 3 and 4**

11 113. Cell Blocks 3 and 4 are identical physically and programmatically, according to
 12 Warden Hetmer and Defense Counsel. During my inspection I toured Cell Block 3 (CB-
 13 3). These units are essentially general population maximum custody with no special
 14 mental health programming of any kind. CB-3 has 136 single occupancy cells each with
 15 54 square feet ([REDACTED]).¹⁰⁹ The cells have open bars with a bed, shelving, a table/stool and
 16 a toilet/sink module.¹¹⁰ There are no windows in the cells but some natural light comes
 17 from grated windows in the front of the building.¹¹¹

18 **Cell Block 5 and 7**

19 114. Cell Blocks 5 and 7 are identical physically and programmatically, according to
 20 Warden Hetmer and Defense Counsel. I toured Cell Block 5 (CB-5) during my
 21 inspection. I was told that CB-5 predominantly houses general population maximum
 22 security but one of its wings, 5A, is used for protective segregation prisoners coming from

23
 24 ¹⁰⁶ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/25/13),
 at No. 10.

25 ¹⁰⁷ Photos of Florence CB-2 Cells (ADC154424-25).

26 ¹⁰⁸ Photo of Florence CB-2 (ADC154423).

27 ¹⁰⁹ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/25/13),
 at No. 10.

28 ¹¹⁰ Photos of Florence CB-3 Cells (ADC154447; ADC154450).

¹¹¹ Photo of Florence CB-3 Tier (ADC154448).

Alhambra. CB-5 houses a total of 152 prisoners in single occupancy cells that are 72.96 square feet ().¹¹² The cell fronts are solid steel doors with a small window in each door.¹¹³ Each cell has a concrete bed, stool/desk, and some shelving.¹¹⁴ The cells in this unit do not have windows with direct views to the outside. Instead, each cell has a concrete enclosure built out of the building's edifice that allows for natural light to come into the cell to some extent.¹¹⁵ This unit was especially dark. A window at the end of each wing was so encrusted with dirt and grime that very little light came into the tier. Due to the solid doors and small windows this unit was also more thoroughly physically isolating than some of the other units at Florence Central.

Kasson

115. The Kasson unit is the site of both the mental health watch area for the Florence unit and a designated mental health program for high acuity maximum security prisoners in Wing 1, as well as other isolation units. There are a total of four Wings at Kasson, each with 64 prisoners. The cells are 61.8 square feet (). All are single cells.¹¹⁶ Wing 1 has steel doors with windows installed in each door and a small, grill covered window at the back of each cell. The housing units are arranged so that no cells face each other.¹¹⁷ There are no common areas in the housing areas, just a shower. I was informed during the tour that this unit previously served as death row and its design would seem to reflect this function. Kasson's mental health watch cells are disturbingly hot and isolating.¹¹⁸

¹¹² Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/25/13), at No. 10.

¹¹³ See Photo of Florence CB-5 (ADC154454).

¹¹⁴ See Photo of Florence CB-5 (ADC154461).

¹¹⁵ See Photo of Florence CB-5 Edifice (ADC154466).

¹¹⁶ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/25/13), at No. 10.

¹¹⁷ See Photos of Florence Kasson Wing 1 Able Cell Block (ADC154433-34); Photo of Florence Kasson Wing 1 Baker High Side Pod Area (ADC154531).

¹¹⁸ See Photos of Florence Kasson Watch Cells (ADC154431-32).

b. Florence Central's Conditions of Confinement Place All Prisoners Housed There at Risk of Harm

116. Florence Central and Kasson unit vary in programming and building design, but these units all share the extreme isolation, idleness and deprivation that characterize isolation units in the ADC system and place prisoners at serious risk of significant harm. Some of the units, such as CB-1 and CB-2 have instituted opportunities for group recreation in the main yard.¹¹⁹ The Kasson mental health unit provides for a phased recreation which starts with individual cages and progresses to opportunities to participate in larger recreation enclosures that allow for several prisoners to recreate at the same time, with limited equipment.¹²⁰ In all other units at Florence-Central, prisoners recreate in barren individual cages without the opportunity for group recreation or even equipment with which to interact. During my many interviews at Florence Central prisoners expressed the appreciation for group recreation and the desire for more. There is no doubt that group recreation is important and the increase in such opportunities recently implemented in Kasson and CB-1 for prisoners with mental illness is especially important. But there is also no question that the current level of recreation at Florence, three days a week for two hours a day, is insufficient to ameliorate the deep levels of isolation present in the Florence-Central and Kasson housing units.¹²¹ I repeatedly heard from prisoners about cancelled recreation across the various housing units at Florence. Such cancellation is especially problematic in ADC's system because of the few days even allotted for recreation. If recreation is cancelled once a week that means a prisoner will be trapped in his cell for all but two days and four hours in a week with the possibility of a few extra

¹¹⁹ See Photo of Florence Central Main Yard (ADC155473-77).

¹²⁰ See Photos of Florence Kasson individual and group recreation cages (ADC154440-4; ADC154467-72).

¹²¹ ADC Department Order 704.10, Inmate Exercise Enclosures, 1.1 (ADC012693); see also Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of Request for Admissions (10/17/12), at RFA## 11-12.

1 minutes for showers on the unit. Any cancellation of recreation is thus a huge reduction
2 in out-of-cell time, and even interaction with staff. And there is no requirement in ADC
3 to make that recreation up.¹²² For prisoners who are not in the special programs, such as
4 prisoners housed in CB-3, 4, 5, and 7, and especially for the many prisoners in those units
5 who suffer from mental illness, there is no possibility of group recreation and they are left
6 with insufficient out-of-cell time and even greater levels of social isolation.

7 117. Beyond the insufficient levels of recreation at Florence, the unit exhibited the
8 same dangerous and harsh conditions of confinement I identified at SMA above. For
9 prisoners who are not in the officially designated mental health programs in Kasson and
10 CB-1, there is virtually no programming or meaningful out-of-cell activities of any kind.
11 For the prisoners in the “Walking Five” program in CB-2 there is a daily opportunity to
12 eat in the chow hall with others – but all other Florence prisoners eat both meals alone in
13 their cells. And even for the CB-2 prisoners, who must have good records and behavior to
14 get into the program, there is little opportunity to interact other than the one meal.

15 118. The case of CB-2 prisoner, [REDACTED] is instructive. [REDACTED]
16 told me he had been in the CB-2 step down program for over a year. He was blunt in his
17 assessment: “This is lockdown. We are in our cells around-the clock except for 6 hours of
18 yard, and showers 3 times a week.” The “step down” part of the program appears to be
19 restricted to the fact that he and the other step-down prisoners get to go to the chow hall
20 every day with those housed on their side of the building (although, in the morning, a sack
21 lunch is dropped off that they still must eat in their cell). [REDACTED] told me that there is
22 no other out-of-cell programming available in the unit except for GED, but only if you’re
23 eligible—if you already have your GED, as he said he did, there is no educational
24 programming at all available. [REDACTED] was able to purchase a TV and said he passes
25 his time watching it. He told me that he had never been able to talk with mental health
26

27 ¹²² Defendant Ryan’s First Supplemental Answers to Plaintiff Brislan’s First Set of
28 Request for Admissions (dated 10/17/12), at RFA #17.

1 staff about how he is doing emotionally in lock-up during his entire time at CB-2 because
2 they only come to speak with those prisoners who are on medications; he does not take
3 any. There is no routine monitoring of prisoners like himself and no one has checked on
4 him in a year and a half. He complained that the heat in his cell was unbearable at times.

5 119. Another CB-2 prisoner, [REDACTED] had been in the unit since
6 May of this year, although he had been in CB-4 about two and a half years before arriving
7 in the Walking Five program. He echoed [REDACTED] observation that mental health
8 staff are rarely at CB-2: "they just wait for someone to snap." Although he said he thought
9 they "throw away" the HNRs, if you do not persist, "you just rot." In contrast to CB-4 he
10 noted that CB-2 allowed some group recreation. Yet, as he complained, there were still no
11 programs being offered, other than some TV shows like mechanics and masonry which
12 tend to repeat over and over. He said that these programs were hard to learn from and that
13 they really did not teach anything useful, that you could use on the streets. Moreover, they
14 are only available if you own a TV. He said the "incentive" in the step down program
15 really boils down to "just the cafeteria."

16 120. [REDACTED] is a Florida prisoner who said he had come to the ADC
17 on an interstate compact transfer. He has spent years in the isolation units in ADC and
18 told me that before being placed in CB-2 he had been housed in every unit in Florence
19 Central, including CB-1 before it was turned into a mental health program. Like all of
20 the CB-2 prisoners I spoke with, [REDACTED] told me that mental health staff did not come to
21 his cell to check on him or ask him how he was doing. He complained about the fact that
22 there was no programming available on the unit.

23 121. The accounts of day-to-day life inside these units—ones that are supposedly
24 designed to ameliorate the worst effects of isolation and provide prisoners with an
25 "incentive" to change and improve their behavior—underscore the draconian nature of the
26 overall regime. It imposes painful and potentially damaging hardships on isolated
27 prisoners (even those it is supposedly "rewarding"), continues to place even the better
28 behaved isolated prisoners at risk of psychological harm, and seriously jeopardizes the

1 well-being of the many mentally prisoners housed in them.

2 122. Prisoners in the "general population" maximum custody units, such as CB-3 and
3 CB-5 report a similar but even worse level of isolation, inactivity, and deprivation.
4 [REDACTED], a prisoner on CB-3 for over three months reported that he does
5 not believe that any programs are available on this unit. He stated that the only time
6 prisoner on the unit get out of their cells is for recreation in a single cage three times a
7 week and showers three times a week. He has tried to get counseling and filed an HNR to
8 request a visit with mental health staff over a month ago but told me that he had never
9 gotten a response. [REDACTED] also said that mental health staff come to the unit about
10 once a month and talk to prisoners at cell-front for about 5 minutes but they only ask you
11 about your medications and whether or not you are suicidal. He reported to me that he
12 takes lithium, Celexa and demeron.

13 123. Other prisoners, like [REDACTED], noted the lack of programming
14 on CB-3, the frequent recreation cancellation, and the lack of any counseling or therapy
15 on CB-3. He referred to his limited interactions with mental health staff as "fly bys." [REDACTED]
16 [REDACTED], like other indigent prisoners, has almost no property and cannot afford a TV or
17 radio. Loaners are not available on his unit. Because he's indigent he also cannot
18 purchase food on the commissary to supplement the two meals they get a day. He never
19 has enough food. The recreation cages can be very hot; misters are frequently broken; and
20 no water is available. You can bring water out to recreation in a water bottle but the water
21 in the cells is warm. [REDACTED] mostly reads to pass the time. Another CB-3 prisoner,
22 [REDACTED], noted that being in units like Browning and CB-3 builds
23 resentment amongst prisoners because there is nothing to do. He says guys "snap" at
24 Browning; kill themselves; and cut themselves with razors.

25 124. [REDACTED], and [REDACTED] were both housed on the other
26 side of CB-1 but not located near nor part of the mental health program there. As a result
27 they had no access to programs and went to recreation in the small outdoor cages alone.
28 [REDACTED] noted that there was little human contact on his tier and mental health staff

1 rarely visit. He said, "Our program is shower and cages." [REDACTED] told me that mental
 2 health staff came on the unit no more than "once in a while" and then only to briefly
 3 check on the people who were identified as mentally ill prisoners. He complained about
 4 the lack of human contact in the cellblock: "counts, mail, chow—that's the only contact
 5 we get." The heat in the cells and on the tier was stifling, and [REDACTED] noted that the
 6 water being brought around by staff while we were there was not usually available. His
 7 cell was at the end of the tier, along a row of other cells that also housed prisoners who
 8 were not part of the mental health program. He said that, if they ever had an emergency,
 9 they would have to kick the bars and have someone scream in order to get the attention of
 10 the officers, who were located at quite a distance from them.

11 125. Scant opportunity for human interaction and little opportunity to engage in any
 12 meaningful activity combine to make the isolation units at Florence an environment where
 13 all prisoners are placed at serious risk of psychological harm.

14 **c. Excessively Harsh Conditions for Mentally Ill Prisoners and Lack of**
 15 **Appropriate and Meaningful Treatment**

16 126. It is evident from my inspection of Florence, conversations with staff, and
 17 witness testimony that ADC considers the mental health programs at Florence to be its
 18 flagship programs in the isolation units. These programs have altered some of the
 19 physical environment to lessen isolation, such as the larger windows in the doors at
 20 Kasson.¹²³ They have also instituted improved recreation policies, such as yard time for
 21 CB-1 and Kasson's construction of group recreation enclosures. At Kasson there has been
 22 an attempt to formalize some of the program into written form – at least in a rudimentary
 23 way (for example, in the Kasson program-related documents I was provided at the
 24 facility).¹²⁴ And prisoners in these units do report that they prefer being there rather than
 25 the other isolation units where no programming is present. But even these prisoners

26
 27 ¹²³ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/26/13),
 at No. 10.

28 ¹²⁴ Kasson Mental Health Program 2013 (ADC139519-20).

1 complained about the lack of mental health treatment, the failure to provide meaningful
2 programming, and the extraordinary amount of idleness, as well as the isolation and harsh
3 environmental conditions to which they were subjected.

4 127. I am also convinced that some ADC staff recognize the crucial need and value of
5 these programs and do want to see them successfully implemented. Unfortunately, some
6 combination of lack of mental health staff, training, leadership, and other resources has
7 resulted in mental health programs at Florence that are highly fragmented, inconsistent
8 and ineffective. It appeared that much of the scant programming was ad hoc, recently put
9 together (perhaps in response to the lawsuit) and that much was in flux. The mental health
10 programs are nonetheless not remotely adequate to meet the needs of the many very
11 seriously disturbed prisoners housed in these extremely isolated conditions. Thus, even if
12 implemented as planned, these programs would be insufficient on their face to provide the
13 type of clinical support needed for seriously mentally ill prisoners. Below I outline
14 interviews I conducted at both CB-1 and Kasson which revealed the malfunction and
15 inadequacy of the programs.

16 128. [REDACTED], is a prisoner in CB-1's mental health program. He had
17 been at the unit for about 2-3 months at the time of our interview and had not yet been to a
18 class. [REDACTED] told me that he had come from CB-4 and thought that CB-1 was better
19 than CB-4 because of the group recreation on the yard and because they are allowed to go
20 to the chow hall for dinner. [REDACTED] told me that the group session just started up
21 again after stopping for a while, although he had not yet been able to go to any groups.
22 He had been to see "Dr. Norman" for about two one-on-one counseling sessions and
23 indicated that "Dr. Norman" came on the tier and talked with the prisoners which he liked.
24 He also had a loaner TV which helps him pass the time. He believes his diagnosis is
25 bipolar with a mood disorder and he takes Tegretol, Celexa and Remeron. He also noted
26 that the heat was difficult to bear in the unit and air conditioning frequently stops working.

27 129. [REDACTED] had been at CB-1 for about two months at the time
28 of our interview. [REDACTED] was a youthful looking 18 year old who indicated that he

1 has been incarcerated "as an adult" since the age of 14. He has spent almost all of this
2 time in lockdown, including some time at CB-5. He takes lithium and Risperdal and
3 believes he has a PTSD diagnosis and may be bipolar. [REDACTED] told me he had
4 participated in an anger management group about three or four times during his
5 incarceration at CB-1, and had perhaps had two to three individual counseling sessions.
6 He told me a sad story about having been released earlier from prison, and dropped off at
7 a bus station in Phoenix. But, because he had no family and no money, he did not know
8 where to go. He walked for miles and miles to find the only person in Phoenix that he
9 knew. Unfortunately, he only lasted a few weeks on the streets before being re-arrested.
10 Even though he had been in prison for approximately 4 years, [REDACTED] still seemed
11 very naïve, immature, and vulnerable. Other than the brief amount of time he spends in
12 group—no more than a few hours a month, and his brief individual counseling sessions,
13 he has no real "program" in the unit.

14 130. [REDACTED] is a prisoner in the Wing 1 mental health program at
15 Kasson. He told me that he's "doing alright" at Kasson and had been in Wing 1 for about
16 a month although he started in Wing 2 around April of this year. Prior to coming to
17 Kasson he said he was at CB-1 for over a year. He did not know what mental health
18 diagnosis he has but said that he is now taking Depakote (and had been taking Thorazine
19 and Wellbutrin in jail). [REDACTED] told me that his mental health program consists of
20 filling out "workbook" packets in his cell, and a group that he participates in on anger
21 management. The groups meet outside where, he said, it was hotter than the already very
22 hot housing unit we were in; worse still, he said, "we stand up in the cage" during the
23 entire group (there are no seats in them), which lasts for about an hour or so. Prisoners are
24 only allowed to go to one group per week and [REDACTED] said "it is not enough—
25 [there] is nothing else to do [and] we have no regularly scheduled individual contact." [REDACTED]
26 [REDACTED] explained that you have to explicitly request to see the psychologist, otherwise
27 they do not come to see you. [REDACTED] said he had been at CB-1 before coming here
28 and that he much preferred being there, where he felt that even the limited opportunities

1 for treatment were better than in this unit. He reported that his only out-of-cell session
2 with a psychologist or psychiatrist pertained to his medications—"he didn't talk to me
3 about [my] problems at all." There are two televisions hung on the walls of the unit and
4 [REDACTED] noted that they are turned on from 6:00 – 10:00 pm to show regular
5 television programs. He was not aware of any specific therapeutic programs shown on
6 these unit TVs.

7 131. The next prisoner I spoke to, [REDACTED], had only been in the
8 Kasson mental health program for about a month when I interviewed him. He indicated
9 that he had a long history of incarceration in other isolation units in ADC, including SMU
10 I and Browning Unit. [REDACTED] indicated that he wanted to go to CB-1, but was told
11 he would have to complete the program at Kasson first. However, he said, "there really
12 isn't a program here." He went on to explain that, in his experience, there is a lack of
13 mental health programming throughout the system: "I've been asking for years for some
14 programming and help for my bi-polar. They kept telling me they didn't have enough
15 resources or staff." He was hopeful, however, that even the very small amount of
16 programming at Kasson would be an improvement. In the month [REDACTED] had spent
17 on the unit, "there was only one group" but others were apparently in the planning stage.
18 He expressed motivation to become involved in groups if they became available
19 (including a "Lifer's Group" that he heard was being planned). He said that there also are
20 "supposed to be individual sessions" but that he had only had one in the month he had
21 been there. [REDACTED] said that someone from mental health comes by the tier
22 "making rounds" about 4 times a week, briefly checking on people as they pass by. But he
23 said that he knows the isolation units have a negative effect on people: "I have already lost
24 so much humanity. I have to strip naked every day and humiliate myself, or be humiliated.
25 And the little things you cannot control build up in you—the fact that the lights are too
26 bright, that you spend so much time in your cell, that the cells are infested with bugs and
27 mice. He told me frankly, "if you came in alright, you leave as a monster; and if you came
28 in as a monster, you leave as a nightmare."

1 132 [REDACTED], has been in the Wing 1 Baker unit since around May
2 2013. He stated that he came to Kasson mental health after being placed on a mental
3 health watch. He seemed to appreciate being in the program but also indicated that he
4 recently stopped taking his medications (Risperdal and Cogentin). [REDACTED]
5 appeared disoriented during our interview, but he indicated that he did participate in one
6 group—anger management—about once a week.

7 133. I spoke with another prisoner, [REDACTED], also housed in the
8 Kasson mental health program. There was a sign on his cell door stating that he was not
9 eligible to participate in group therapy, but he did not know why. He told me that he had
10 been to one group session in the past but that they were held in cages. He did not recall his
11 diagnosis or the particular medications he takes but told me he has seizures and takes
12 medications for that. [REDACTED] also told me that he'd previously been in other isolation
13 units such as CB-4 and CB-5, but he had gotten upset in CB-5 and kept slamming his head
14 against the wall so he was placed on watch. He had some protection concerns and was
15 worried about being kept safe. After he had been placed on mental health watch, staff
16 asked him if he wanted to go to the Kasson mental health unit and he agreed. But he said
17 there was no individual contact with the mental health staff being provided, and now he
18 was apparently prohibited from attending the groups, so he was not sure what was going
19 to happen to him. He was worried about what shape he would be in when he was released
20 from prison (which he believes is scheduled for March, 2014).

21 134. I conducted a long, confidential interview with [REDACTED] in a
22 mental health office in the Kasson unit. He was sitting in a treatment cage during the
23 interview. [REDACTED] told me he had been sent to prison for 2 years for a domestic
24 violence conviction. He described life-long mental health problems that included hearing
25 voices and told me that he had been in some mental health facilities before coming to
26 prison. He also said: "I see things differently. They give me strange feelings inside." His
27 mental health problems plagued him in prison, in the several different facilities in which
28 he was housed—"I was having mental health problems at all the prisons—hearing voices,

1 seeing things.” He was also very fearful of being attacked, and indicated that there were
2 times when he wanted to be in protective custody. He said he had been at Kasson for
3 about 4 months, was unclear about what medication he was on (he had been given a shot
4 that he said he thought might be Haldol), and said that he had been diagnosed paranoid
5 schizophrenic. He said he was willing to participate in therapy whenever he was asked to
6 do so, and has come out of his cell for group and for the individual session he had with the
7 doctor (whose name he could not recall). However, he said he continues to be fearful in
8 the unit—“I get real scared all the time—I stop moving, like I’m dead.” [REDACTED] told
9 me that when he was placed on mental health watch he was mistreated: “They sprayed me
10 with gas—it was bad—I didn’t get to take a shower until 3 days later.” He mentioned
11 having been on suicide watch several times. [REDACTED] reported a number of adverse
12 psychological reactions to his isolated confinement. He said that he was anxious all the
13 time and often started crying for no apparent reason. In addition to the aforementioned
14 voices he hears, he told me: “I feel like my mind is gone, like there is an empty spot in my
15 brain” that prevents him from thinking properly or remembering things accurately. He
16 said he was bothered by the fact that he could not control his emotions and that he thought
17 about suicide relatively often (even though he was adamant in saying that he would not do
18 anything to harm himself). There were times in the course of the interview in which [REDACTED]
19 [REDACTED] became incoherent and rambling, to the point that it appeared he was unable to
20 control his thought process or what he was saying in response to my questions. His mental
21 health problems appeared to be very severe.

22 135. In addition, I conducted several additional, in-depth confidential interviews on a
23 separate day, in the Florence-Central visitation area. We were told that staff shortages
24 required that these interviews be conducted on a non-contact basis, through glass and over
25 the phone. It was difficult at times for me to hear the prisoners and vice versa. However,
26 the prisoners were candid and many of them talked at length about the harsh conditions to
27 which they were being subjected and the lack of adequate mental health programming that
28 they received. [REDACTED], is a 30 year old man who is housed in CB-2. He told

1 me that he was finishing his second prison term, and was scheduled to be released in
2 about 8 months, after serving some 9 years. He said that he had done an extensive amount
3 of time in segregation as a result of many disciplinary "tickets"; he was only recently able
4 to work his way into CB-2, which he felt functioned more "like a regular yard" in
5 comparison to other lockup settings that he had been in, especially since he had gotten a
6 job as a building porter. He said that he had no prior mental health contact before coming
7 to prison, but is now taking a variety of psychotropic medications.

8 136. [REDACTED] said that, other than the medication, he receives no other therapy
9 (although he said "I would participate if I could"). He is, however, involved in a "re-
10 entry" class that meets each week in the education department. He said, that is the only
11 group available—"no other programs, not even AA or NA." [REDACTED] also said his
12 contact with any professional mental health staff of any kind is very limited—he had not
13 seen a psychiatrist about his medications for months, and has monthly "check-ins" with a
14 mental health staff member that last "maybe a minute," during which the clinician asks
15 him, "how are you doing?" And when [REDACTED] replies "fine," the clinician simply
16 leaves. [REDACTED] told me: "The psychologists here don't care. They are putting in time,
17 that's all." [REDACTED] reported suffering from a number of specific symptoms that many
18 persons in isolated confinement report experiencing, including upsetting nightmares,
19 feelings of anxiety that are at times overwhelming, ruminations (the tendency to become
20 obsessed with a particular thought or memory), chronic irritability and anger, and an
21 inability to concentrate or focus his attention.

22 137. [REDACTED], is a 25 year old man who is now housed in CB-2. He was
23 one of the very few prisoners I interviewed who seemed guarded and reluctant to talk
24 about himself or his experiences in prison. He told me that he had come into prison a few
25 years ago, as a 21 year old, and would be getting out in less than 2 years. He has spent
26 about half of his time in prison in segregation. He said that the overall conditions in CB-2
27 are better than the other segregation units he has been in and he wanted "to hold on to
28 these privileges." However, he said that even in CB-2, there was very little to do: "I wish

1 they would have some things for us to do, to learn, [a] parenting group or something.” He
2 takes a number of medications and said that “the only psych program is meds, [the mental
3 health staff] see me once in a blue moon—once every couple of months” for a couple of
4 minutes and then they are gone. “We have no therapy in here.” [REDACTED] said he thought
5 he could tolerate the harsh environment of segregation until he was released. Other than
6 difficulties sleeping, ruminations, and an oversensitivity to stimuli in the unit—and his
7 ongoing frustration with the lack of activity or meaningful thing to do—he did not report
8 any additional isolation-related symptoms or concerns.

9 138. [REDACTED], is a 35 year old man, currently housed in CB-1, who told
10 me that he had been a successful businessman on the streets before getting involved in
11 criminal activity and being sent to prison for the first time. Although he, too, said that he
12 thought he could handle the stress of isolated confinement without suffering too many
13 adverse effects, he complained that the prison system had not helped him with the
14 psychological problems he began to experience once he was incarcerated. He takes Celexa
15 and Depakote now, but he complained that there is really no therapy program in CB-1
16 “other than the meds.” He reported that he had been housed in CB-1 for about a year, and
17 that groups only started up a few months ago. He said they first started, then abruptly
18 stopped, and recently they appeared to be starting up again. He said that the groups only
19 last about 30-40 minutes, and prisoners are not permitted to attend more than one of them
20 per week. They are run by a staff member named “Norm,” whom a number of prisoners
21 mentioned as doing his best to be helpful to the prisoners. [REDACTED] understanding was
22 that Norm was “not really a therapist,” but a very well intentioned staff member. (As best
23 I can tell, “Norm” is likely Norman Behrend, who prison records indicate was hired at
24 Florence in 2012 as a psychiatric technician.) [REDACTED] was also concerned that the lack
25 of programming limited the prisoners’ opportunities to work their way out of segregation:
26 “We get meds reviews every 3-4 months, but there’s no programming in our unit. This
27 means that guys can’t get their points down and get to a mainline. Some guys have been
28 here 5 years—we can’t get out—participation in Norm’s anger management class does not

1 count to reduce points.”

2 139. [REDACTED] is a 30 year old man who had many serious concerns and
3 complaints; he appeared to be very adversely affected by his isolated confinement. [REDACTED]
4 [REDACTED] told me that he had incarcerated a number of times in the past, mostly for short
5 prison terms. A considerable amount of his time in prison had been spent in segregation
6 units of one kind or another. He said that his mental health problems included suffering
7 from schizophrenia and that he was bi-polar. He described currently being on a number of
8 psychotropic medications, including Haldol. [REDACTED] said that he is frustrated by the
9 lack of therapy in CB-2 and that he has been trying hard to get into CB-1 where he heard
10 there were programs. To date, he has been unsuccessful. In CB-2, he said, other than his
11 medication, he has little or no contact with mental health staff. He told me: “this ‘check
12 in’ stuff is new—people come by our cells every 3 months [and say] ‘how are you doing,
13 are you OK?’ then they walk off—no therapy at all.”

14 140. [REDACTED] reported that he hears voices every day, even when he is on his
15 medications, that he suffers from ruminations, fantasizes about revenge, has lost the
16 capacity to feel or care, is often deeply depressed (even to the point of thinking seriously
17 about taking his own life), feels that he has deteriorated badly during his time in isolation,
18 and worries that what he perceives as an increasing tendency to withdraw from others will
19 handicap him on the streets once he is released.

20 141. [REDACTED] is a 32 year old man who came into adult prison as a
21 17 year old. He said that was already experiencing mental health problems as a teenager
22 but that they got worse when he came to prison. He said that he did some time in the SMU
23 and that it had a profoundly destabilizing effect on him. When he was transferred to CB-4,
24 he said he “freaked out” and had to be controlled with medications. He has finally worked
25 his way to CB-1. He, too, complained about the lack of programming and absence of
26 meaningful therapeutic contact. He said that the groups that have started to be run on the
27 unit are relatively new, that prisoners are limited to one of them a week. Although they are
28 supposed to last for an hour, he said, the custody staff cuts them short.

1 142. [REDACTED] told me he suffers from troubled sleep, feelings of anxiety and
2 nervousness, the sense that he is on the verge of an emotional breakdown or loss of
3 control, has developed a very heightened sense of paranoia, often ruminates about things,
4 and has problems with concentrating and thinking, mood swings, depression, and feelings
5 of overall deterioration.

6 143. [REDACTED] is a 41 year old prisoner who previously served time
7 in Ohio. He was in Florence before, having spent time in the Kasson unit and then in CB-
8 1 (which he said, at that time, had no mental health component). He was taking a variety
9 of psychotropic medications which, when he arrived at CB-1, prison staff changed to
10 effexor and something that he takes for anxiety (the name of which he could not recall).
11 Although CB-1 is now supposed to be a mental health program, he said, "there really isn't
12 much of a program, except rec and the fact that we don't have to get locked up in cuffs."
13 He told me there have been no groups in CB-1 "for weeks," even though they used to
14 have them. And: "I haven't seen any individual therapy—you see a psych every 6 months
15 for your meds." He said "some woman administrator came around about a week or two
16 ago talking about individual counseling, but it has never happened."

17 144. [REDACTED] reported suffering from headaches, and having constant problems
18 sleeping, as well as always feeling anxious, often on the verge of losing control. He also
19 has ruminations, fantasizes about revenge, is overly sensitive to certain stimuli, often
20 becomes irrationally angry, experiences problems thinking, mood swings, feelings of
21 depression, overall deterioration, and social withdrawal.

22 145. [REDACTED] is a 35 year old prisoner who is currently housed in
23 CB-1 in Florence. He told me that he came to prison as a minor, in 1997, and that this is
24 his third time in prison. When he was released from prison the last time, he said, it was
25 directly from isolation back to the community: "They released me to the streets from a
26 little cage... no program to prepare us to get out." He described being in CB-1 in 2011
27 when there was a riot over the conditions of confinement and the lack of treatment and the
28 fact that people with problems were being ignored in the unit. He was sent to Kasson "to

1 keep me away from everyone”—which meant that he was “in the middle of guys who
2 were stark raving mad.” He said, “I had no property, they sprayed me—I lost it.” He
3 spoke emotionally about what he feels is a continuing lack of concern for the mentally ill
4 prisoners at Browning: “I have issues because of how many years I have been behind
5 these bars, but there are other guys here [who] are just losing it, getting ignored also.” He
6 said that “we’ve had lots of outbursts in here over conditions—spraying, burning,
7 throwing things—these things have been happening for years.”

8 146. [REDACTED] sees the current CB-1 program as “the only chance at programming
9 we’ve had,” and for that he is appreciative. He said it was good to get a chance to go
10 outside, but he also noted that, other than that, “they are not really doing the programs”
11 they are supposed to—“they don’t have the staff, the groups get cancelled.” When I asked
12 him what his week has consisted of, this is what he told me: “Monday I did nothing except
13 I worked as a pod porter. Tuesday I went to rec, and also to chow. Wednesday I did
14 nothing. Thursday I went to rec and showered. And on Friday [today] I did nothing.” [REDACTED]
15 [REDACTED] told me that the only time you get individual contact with the mental health staff
16 is when you explicitly request it (and, when you do, they try to comply).

17 147. He told me he was bothered often by headaches in isolation, and by nightmares or
18 bad dreams. In addition, he said he is always nervous and anxious (“unless I’m mad”),
19 that he often feels like he is on the verge of losing it, fantasizes about revenge all the time,
20 often experiences problems thinking or concentrating, feels he is losing the ability to feel
21 or care, has mood swings, feelings of depression and hopelessness.

22 148. It is my opinion that Kasson and CB-1 are poorly conceived and poorly run and
23 do not meet the serious needs of the mentally ill prisoners they purport to treat. Although
24 in some ways prisoners in these programs are better off than their counterparts who are
25 left in the other isolation housing units (where there is for the most part no mental health
26 treatment at all), they are still subject to overwhelmingly isolating conditions that place
27 them at serious risk of harm.

28 149. At Kasson I also toured the mental health “watch cells” and found them to be

1 extremely hot, filthy, and totally inappropriate for individuals suffering from extreme
2 mental duress. All of the cells were full during my tour. The cell-fronts were covered
3 with a plastic shield with holes drilled in the surface; strangely, however, there was glass
4 behind the plastic shield so that no air could get into the cells.¹²⁵ This additional level of
5 separation made it even more difficult to hear prisoners or to interact with them in a
6 meaningful way, and it added another layer of distance and remove—walling the prisoner
7 off even further from an already highly isolated unit—in a way that I found unsettling,
8 especially for a mental health unit whose residents were, by definition, in crisis. At the
9 time of my visit most prisoners were sleeping, one inmate was even on the ground with
10 his mattress covering his body. I could only see his feet sticking out from underneath.

11 150. The few interviews of the highly disturbed prisoners in these watch cells that I
12 was able to conduct underscored their desperate plight. I first spoke with [REDACTED]
13 [REDACTED]. [REDACTED] was on a 30 minute watch when I interviewed him on
14 the unit. He told me that he became very depressed upon arriving at prison. Things
15 worsened for a while, but then he felt he was stabilized when he was sent to the Tucson
16 complex. However, when he was transferred to Florence, things deteriorated badly for
17 him and he now takes a Haldol shot. He said that he had been participating in group once
18 a week, inside the treatment cages in the outside rec area, but that there were no regular
19 one-on-one therapy sessions scheduled. He told me that individual contacts had to be
20 explicitly requested, that he thought the staff responded “pretty quickly,” but that he had
21 never filed a request so did not know for certain.

22 151. During our interview [REDACTED] appeared dazed and somewhat incoherent.
23 He kept pulling on his hair which was obviously damp from sweat around his face. He
24 complained about the heat and his complaints certainly seem justified. As I mentioned, the
25 watch cells have open bars on them that are covered with a plexi-glass material that
26 blocks any ventilation. [REDACTED] showed me heat rash on his arms and told me that
27

28 ¹²⁵ See Photos of Florence Kasson Watch Cells (ADC154431-2).

1 the temperature in the watch cells was almost intolerable. He acknowledged that he was
2 not doing well in the watch cells and he believed he had been sent to watch for "acting
3 crazy". He has engaged in self-harm incidents before; a few months ago he swallowed
4 plastic pieces to hurt himself but, he said, his intent was not to kill himself. He was sent
5 to the hospital and then placed on watch after that. While on watch [REDACTED] told me
6 that the "psych doctors" come to visit him once a day and ask him if he's hearing voices
7 or wants to kill himself, but little else.

8 152. I spoke to another prisoner, [REDACTED], who was also in the watch
9 cells at Kasson. His thoughts were not entirely coherent and it was difficult to follow him
10 at times. He told me that he been in the watch cell for about 30 days (during which time
11 he had not been outside). He is wheelchair bound and said that had been raped by other
12 prisoners. There was also a previous suicide attempt after being placed on a 2nd floor tier
13 that made it impossible for him to leave his cell. It was clear that [REDACTED] was
14 desperate to get out of the watch cell, especially because it was not handicapped
15 accessible and it was very difficult for him to move around the cell from the bed to the
16 toilet. He told me: "I need help; I am desperate; I think they are tampering with my food."
17 He cried as he told me this. [REDACTED] was also concerned that he hadn't been able to
18 use a phone during his stay in the watch cell and his family had no idea where he was
19 housed now. [REDACTED] said he was especially concerned about his mental state—he
20 said he was being released from prison in just a few months (December, 2013)—but said
21 he was not doing well in the watch cells, did not know how to get out, and did not know
22 what he'd be like when he was released. Rather than trying to help him stabilize, he said,
23 the officers who oversaw the watch cells made fun of him and harassed him and wouldn't
24 take him out of the cell to shower. I later heard from another prisoner at Kasson, [REDACTED]
25 [REDACTED] who had recently been in the watch cells, that there was a prisoner in a wheelchair
26 who was being harassed by officers there. [REDACTED] told me that the officers frequently
27 harassed the prisoners held on watch.

28 153. The inadequacy of the mental health programs at Florence is serious, but it is

1 only part of the story. As in the other ADC isolation units I found numerous prisoners on
2 the other units—mostly identified through random cell-front interviews—who, although
3 they were not housed in units supposedly reserved for mentally ill prisoners, had obvious,
4 acute, and apparently untreated mental health needs. These prisoners were receiving little
5 or no treatment to address their mental health conditions, and little or no programming or
6 other activity to help ameliorate the potentially destructive effects of isolation (made more
7 dangerous by virtue of their psychological vulnerabilities). These isolation units are
8 severe in every respect. The cells are small, many of them dirty and dank and very
9 sparsely furnished, some of the units (such as CB-5A and 5B) had solid steel doors with
10 only a sliver of window on them, and opaque covering on the small exterior windows that
11 blocks light from coming in. The lack of any meaningful programming or appreciable out-
12 of-cell time means that these prisoners essentially live their entire lives in these small,
13 inhospitable (and, over time, seemingly intolerable) spaces. It is my opinion that the harsh
14 conditions of isolation that they are subjected to in the Florence isolation units are
15 exacerbating their pre-existing, untreated problems placing their mental health in grave
16 jeopardy and even placing those around them at serious risk.

17 154. Below I highlight several of the prisoners I encountered in these units who suffer
18 from serious psychological problems that are unaddressed and, except for medication,
19 untreated.

20 155. [REDACTED] had also been at CB-3 for about six months at the
21 time of our interview. He said, “we have no program here—yard, shower, that’s it.” [REDACTED]
22 [REDACTED] reported taking Risperdal and said that he sees the doctor about his medication
23 about every six months. He has never received any counseling since coming to CB-3 but
24 noted that cell-front mental health checks had started recently; he estimated that staff had
25 checked on him about twice in the last two months. But he also told me that the cell-front
26 contact is brief and perfunctory: “Once a month, about a minute—‘you OK? Are you
27 thinking about suicide? Your meds OK?’ Then they walk off.”

28 156. [REDACTED] had been at CB-5 for about a month at the time of

1 our interview. [REDACTED] told me he was barely 18 years old and he was afraid—he
2 had been trying to get into protective segregation but then realized it was a mistake and
3 has been trying to “sign myself out.” He said he thought he was going to be denied
4 protection, so “I’ll go back to the yard and get stabbed.” He told me that he had a history
5 of mental health problems and had tried to commit suicide while in the county jail. He
6 was not sure of his diagnosis but told me that he believes he’s severely depressed and
7 bipolar and he takes some medications but has been told he is not sick enough for a
8 mental health program. And “when I do ask for help [in here] they ignore me.” At the
9 same time he told me that he was at Kasson on watch recently after a suicide attempt with
10 a razor in the shower; he demonstrated by showing me a substantial red scar on his wrist.
11 He has only seen a doctor through telepsychiatry, but has not received any treatment. [REDACTED]

12 [REDACTED] stated that he has problems with officers on this unit denying him food because
13 he bangs on his cell window. During the course of our interview an officer came up to
14 bring him a sack lunch which he said was his first meal of the day. It was late morning at
15 the time and the other prisoners had received meals hours earlier.

16 157. [REDACTED], told me: “I’m terrified I’m getting schizophrenia, but
17 no treatment.” He repeatedly said that he felt like he was “losing it,” was “trying to hold
18 on,” and needed help. He said he “thought” he was taking Zoloft and Remeron but that he
19 still hears voices. He was on mental health watch at Kasson—he had become so desperate
20 that he said: “I thought I might as well kill myself.” But after he stabilized he was brought
21 back to CB-5, where he receives no treatment: “[Mental health staff] haven’t talked to me
22 for therapy, just for drugs, once in person, once on the TV.

23 158. [REDACTED] has spent over 4 and a half years on lockdown. He reports
24 being at several units besides CB-5 at Florence Central and spending time in lockdown at
25 SMU. [REDACTED] says that he was diagnosed as paranoid schizophrenic and suffered from
26 depression on the streets, where he was prescribed “lots of meds. He is taking Prozac now,
27 which he says helps him “a little.” He’s never had individual counseling that he can recall
28 but says that he has noticed a therapist walks through the unit about once a month. He,

1 too, described the contact as pro forma: "They just come to your door, [ask] 'are you
2 alright, do you feel like hurting yourself, do you feel like hurting anyone else?' It takes
3 about 1 minute for each person. They do the whole tier in 10 minutes." Even this pro
4 forma routine is relatively recent; it was not done on a monthly basis until a short time ago
5 Other than that, [REDACTED] said, he sees a doctor on TV about every six months. There are
6 no programs available for him at CB-5. He thinks there may be educational programs on
7 TV but he doesn't own one so cannot access. He told me that he will be released from
8 prison in about a year and a half and believes he will go directly from segregation to the
9 streets.

10 159. [REDACTED], had been at CB-5 for about 6 months when we spoke.
11 He spent about six months here last year as well; apparently for disciplinary reasons. [REDACTED]
12 [REDACTED] reported that he was diagnosed in the community as borderline schizophrenic
13 about ten years ago. At CB-5 he is given medications – Risperdal, Zoloft and demeron –
14 but he does not get one-to-one counseling or group programming. He recalls that mental
15 health staff have started coming by the prisoners' cells about once a month to check on
16 them but "they never talk to you about your problems." He reads and exercises in his cell
17 but other than the three recreation times they receive a week there is nothing to do. He
18 said, "You go to yard, or nothing."

19 160. [REDACTED], is an older prisoner on CB-5. He told me that he had
20 previously taken Zoloft for PTSD but said that he no longer took any mental health
21 medications. [REDACTED] was very distressed during my interview and mumbled something
22 about "feeling messed up" perhaps about his crime. He said that CO III counselors are
23 rarely on his unit but he'd noticed that mental health staff were recently coming to the unit
24 but that he did not talk to them, even though he was very worried about getting out of
25 prison after having spent 20 years inside. When I asked him why he had not talked with
26 anyone about these concerns he just smiled and said, "You know how they are," but
27 would not elaborate.

28 161. [REDACTED], reported being in CB-5 since about March 2013.

1 He told me that since there is no program in the unit, he tries to “program himself”—
2 which consists of working out in his cell, watching TV, and lying on the floor. He
3 reported that he used to be on mental health medications when he was in the county jail
4 but, when he came into ADC, he was taken off them. He said he would like to “talk to
5 someone” here but did not seem to know how to do that. He said that CO IIIs and others
6 who he has asked for help ignore him. [REDACTED] emphasized that the heat on the unit
7 is terrible and makes it difficult to breath in is cell. He also told me that he will be released
8 soon and is worried that it will be difficult to transition back to the community after being
9 in an isolation unit. “I get anxiety attacks—I am really worried this time [when I get out]
10 because I haven’t been around people for years.”

11 162. [REDACTED], had been in CB-5 for about 30 days, as a protective
12 custody inmate. He said, “Yes, I asked to be, I’m on PC, but this is terrible.” He is taking
13 Celexa and Vistaril and told me that there was no treatment available in the unit except for
14 medications. He said that the only doctor he has seen “on camera” and that there was
15 someone in the room with him during the “visit” but not another doctor. He said the
16 idleness was getting to him: “I’ve been here a month and haven’t had yard yet.”

17 163. [REDACTED], told me he had been on the CB-5 yard before. He said:
18 “The cells are awful, it’s 90+ degrees—all we do is sweat. There is no program here. We
19 are locked down all the time, except 2 hours 3 times a week in the cages.” [REDACTED]
20 told me that he has a long psychiatric history dating back to the streets, including having
21 been hospitalized for psychiatric problems. During a prior period of incarceration he was
22 at the ADC psychiatric facility, at Flamenco. Now he is in a standard, very severe
23 isolation unit—housed in a cellblock that is especially grim and dark, where the cells in
24 which he spends virtually his entire daily life are small, worn, and dirty—and where no
25 mental health treatment is being provided.

26 164. [REDACTED] told me he was being kept in the unit because he is
27 requesting protective custody. He said he had requested protective custody twice before
28 but was denied. He has asked again and is under consideration. [REDACTED] explained

1 that he had come into the prison system as a teenager—15 years old—and been out to the
 2 streets and back to prison a few times since then. He said that he was diagnosed as
 3 schizophrenic when he was just 11 years old, and was put in a psychiatric ward. He is
 4 currently on Thorazine and Cogentin. He said that the cellblocks were cleaned up in
 5 anticipation of our visit

6 165. The conditions of confinement for mentally ill prisoners who are housed in the
 7 formal mental health programs as well as the general population isolation units are
 8 deplorable and harmful. But these conditions are further exacerbated by ADC's policy
 9 and practice regarding the use of chemical restraints on mentally ill prisoners and those
 10 taking psychotropic medications. After visiting and inspecting the records of prisoners
 11 with serious mental illness at Florence's Kasson and CB Units, I found that correctional
 12 staff frequently employed chemical spray on the prisoners, without regard to its
 13 psychological as well as physical impact. In many instances the use of chemical spray
 14 seemed to be an unnecessary and dangerous overreaction. For example, I reviewed
 15 records from incidents in which officers used OC spray on an inmate for failing to return
 16 his food tray,¹²⁶ refusing to submit to a face to face identification check,¹²⁷ tearing his
 17 suicide mattress,¹²⁸ refusing to stop disposing of alcohol in his cell toilet,¹²⁹ refusing to
 18 allow his property to be inventoried,¹³⁰ covering his cell windows,¹³¹ or refusing to take
 19 court ordered medication.¹³² The use of spray in such a manner contravenes established
 20 norms regarding the treatment of persons with mental illness.

21
 22
 23
 24 ¹²⁶ SIR No. 201204945, ASPC-Florence Kasson (ADC089321).

25 ¹²⁷ SIR No. 201102416, ASPC-Florence Kasson (ADC089269); SIR No. 201108040, ASPC-Florence Central (ADC089288).

26 ¹²⁸ SIR No. 201103500, ASPC-Florence Kasson (ADC089274).

27 ¹²⁹ SIR No. 201208525, ASPC-Florence CB-3, (ADC089330).

28 ¹³⁰ SIR No. 201209639, ASPC-Florence Central (ADC089332).

¹³¹ SIR No. 201105476, ASPC-Florence Central, (ADC089281)

¹³² SIR No. 201113031, ASPC-Florence Kasson (ADC089303).

1 **3. Eyman – SMU I and Browning Unit**

2 **a. Overview of Facility**

3 166. I inspected the Eyman complex SMU I and Browning unit from July 23 through
 4 25, 2013. Both facilities are extremely similar in physical structure. There are no outside
 5 facing windows in any of the Eyman cells. The only light available comes through gritty
 6 skylights in the ceiling outside the cells.¹³³ Some of these housing units are so completely
 7 cut off from the surrounding natural environment that there were times when I was
 8 passing through them that I had the distinct feeling that I was underground. The cells are a
 9 bare concrete box with metal stool, shelf, toilet/sink, and either a single or double slab for
 10 a bed. Each cell is quite small, although the cells at SMU I are typically narrower than the
 11 Browning cells [REDACTED].¹³⁴ More than any other isolation units in
 12 the ADC system, the Eyman cells give a sense of being entombed in a small, concrete
 13 box.¹³⁵ The doors to the cells have no windows but are made of perforated steel. Some
 14 housing pods have an additional plastic shield covering over the doors for “enhanced
 15 security.”¹³⁶ I was told that the plastic shield is for “throwers” – meaning inmates who try
 16 to project liquids out of their cells. I observed that numerous cell fronts in these units
 17 were coated with grime and other materials. Prisoners complained that these “enhanced
 18 security” cells were airless and especially hot. Indeed, many prisoners appeared to be
 19 sweating and in various states of undress as we walked through the units.

20 167. Browning and SMU I differ primarily in the populations held in isolation. In
 21 SMU I the isolation units hold general population maximum custody, detention, protective
 22 segregation, sex offenders, a small watch pod, and a mental health program. In Browning,
 23 there are general population maximum custody, the Behavioral Management Unit, mental
 24

25 ¹³³ See Photos of Eyman Housing Pod (ADC153358-9).

26 ¹³⁴ Defendants’ Response to Plaintiff Wells’ First Set of Interrogatories (6/26/13),
 27 at No. 10.

28 ¹³⁵ See Photo of Eyman Cell Interior (ADC153360).

¹³⁶ See Photos of Eyman Cell Exterior (ADC153367).

1 health units, and mental health watch cells. Despite these varying populations the
 2 conditions of confinement on these units are uniformly harsh—shockingly so—and the
 3 level of isolation, deprivation, and enforced inactivity places these prisoners at serious risk
 4 of significant psychological harm.

5 **b. Eyman-SMU I and Browning's Conditions of Confinement Place All Prisoners**
 6 **Housed There at Risk of Harm**

7 168. Like all of the ADC isolation units, Eyman-SMU I and Browning impose overall
 8 conditions of confinement and operate with a set of policies and practices that deprive
 9 prisoners of meaningful social contact and human interaction, subject them to profound
 10 levels of deprivation, and enforce almost total idleness and inactivity on the prisoners
 11 housed there. In addition to the psychological pain and despair that this kind of
 12 environment generates, it places the mental health of even psychologically strong
 13 prisoners in jeopardy and creates especially high risks of harm for those prisoners whose
 14 mental illness makes them especially vulnerable.

15 169. In some ways, many of the Eyman-SMU I and Browning units impose even
 16 greater levels of isolation and deprivation than those that exist in the other ADC isolation
 17 units. This is largely because of the type of recreation allowed the majority of prisoners
 18 housed in these units. For prisoners who are not part of the limited mental health
 19 programming in the Eyman isolation units, and even for some that I spoke to who told me
 20 they were supposed to be part of the mental health programs, recreation is limited to a
 21 small, concrete enclosure attached to the housing pod. This enclosure is [REDACTED].¹³⁷
 22 The enclosure walls range from [REDACTED] feet high with a covering of metal mesh over the
 23 top.¹³⁸ There are no views to a horizon or much of anything else from inside these small
 24 boxes. A prisoner can see only a sliver of sky. In addition, the only piece of “equipment”
 25 I saw on my tour was a small, blue handball (although in their admissions in this case
 26

27 ¹³⁷ Defendants' Response to Plaintiff Wells' First Set of Interrogatories (6/25/13),
 at No. 11; See Photos of Eyman Recreation Enclosures (ADC153355, ADC153357).

28 ¹³⁸ Id. Photo of Eyman Recreation Enclosure Roof (ADC153356).

1 ADC has indicated that no equipment is supposed to be available in the enclosures).¹³⁹
 2 These enclosures had very little breeze and I was told no mister systems are installed,
 3 although prisoners are permitted to bring a water bottle with them.

4 170. I spoke with a number of prisoners who told me they often refused to go to
 5 recreation because it was simply “not worth it” to leave their cells and head outside into
 6 the sweltering heat. It is not surprising that the grim and oppressively hot conditions
 7 deterred a number of prisoners from going to the enclosures, even for the limited three
 8 times a week they were given the opportunity. But discouraging even limited recreation is
 9 bad policy and practice and it leads to bad outcomes, especially for prisoners with serious
 10 mental illness. Those prisoners who “refuse” recreation may do so for the sensible reason
 11 that the heat makes them ill or that being restrained and searched simply to walk a few
 12 yards to, as a number of them put it, “another box” where their only option is to pace back
 13 and forth or bounce a small ball, seems hardly worth the indignity of being shackled. But
 14 remaining inside an isolation cell around-the-clock, for an extended period of time, can
 15 also contribute to worsening mental health that can spiral into incidents of self-harm and
 16 decompensation—or acting out behavior that can extend their stay in isolation. In fact,
 17 the refusal to engage in recreation is itself a sign or indication that a prisoner is having
 18 mental health problems. Unfortunately, the recreation conditions at Eyman are so terrible
 19 that many prisoners “choose” to engage in unhealthy behavior that can indirectly place
 20 them at greater risk of harm.

21 171. The recreation afforded to even the limited number of prisoners in the mental
 22 health programs who are now able to participate in the outside rec enclosures and
 23 basketball court is insufficient. At the time of my inspection both SMU I and Browning
 24 had constructed individual recreation cages and a larger cage with a basketball hoop
 25 between Wings 1 and 2. There were approximately 10 individual cages with a tarp and
 26

27 ¹³⁹ Defendants’ Response to Plaintiff Wells’ First Set of Interrogatories (6/25/13),
 28 at No. 11.

1 misters. The basketball enclosure allowed three or four prisoners to recreate together.¹⁴⁰
 2 There was no tarp or misters in that enclosure but the prisoners I saw playing ball had
 3 water bottles.¹⁴¹ Of course, these new recreation spaces are an improvement over the
 4 concrete bunker enclosures that most isolation prisoners at Eyman had been restricted to
 5 in the past. One prisoner in an individual recreation cage told me that it had taken him
 6 four months to be able to go outside and he was clearly elated; “you can see the sky and
 7 workers and little things moving on the ground,” was how he described the experience.
 8 Yet only a very small number of prisoners on these isolation units have the opportunity to
 9 use these new spaces.

10 172. In addition, just as was the case at Florence Central and at SMA, there are very
 11 many seriously mentally ill prisoners who are confined in the Eyman isolation units and
 12 yet are not in any of the officially designated mental health programs. The level of out-of-
 13 cell time—even for those who are in the mental health program—conforms to the ADC
 14 norm, which limits them to the same two-hour time blocks that prisoners are afforded no
 15 more than 3 days a week. As I have explained above, this is starkly insufficient for any
 16 group of prisoners who are as isolated and otherwise deprived and inactive as those in the
 17 ADC isolation units. It is especially so for these seriously mentally ill prisoners.
 18 Moreover, the 2 hours by 3 times a week outdoor recreation schedule represents a best-
 19 case scenario; prisoners at Eyman, like their counterparts at the other ADC isolation units,
 20 frequently told me that recreation is often cancelled. Prisoners in the mental health
 21 programs also told me that the outside recreation is not always offered; they are often only
 22 given the option of using the concrete recreation pod in their unit.

23 173. The prisoners in these units are suffering. They talked candidly about the
 24 psychological pain that they are experiencing in response to the lack of human contact, the
 25 material deprivations, and the profound levels of enforced idleness and inactivity to which
 26

27 ¹⁴⁰ See Photo of Eyman Individual Outdoor Recreation Enclosures (ADC153363).

28 ¹⁴¹ See Photo of Eyman Individual Outdoor Recreation Enclosures (ADC153362).

1 they are subjected. They also expressed fear and anxiety over the anticipated
2 psychological impact of their conditions and the way they were being treated, and
3 complained repeatedly about the lack of mental health care they were afforded (even to
4 those whose serious mental health problems were well-documented and long-standing).
5 Below I discuss a few of the cell-front interviews I conducted at SMU I and Browning
6 that illustrate some of the effects that life in these units are having on the prisoners.

7 174. [REDACTED], a Browning general population prisoner, summarized the
8 general program in the isolation units throughout the prison. He told me that prisoners get
9 2 hours of recreation or shower every other day, which means that he is completely locked
10 down in his cell in the days in between. On the days that it his turn to go to yard: "We go
11 out and run in circles. There is a little ball out there, that's all. The emptiness and
12 inactivity is wearing on him psychologically: "We have no program, no teacher, it takes a
13 toll." Another man housed in the same unit, [REDACTED], described much the
14 same thing. He told me that he had been here since the facility opened in 1996, and that he
15 wanted "to break down and cry, it's so awful." He said that the recreation time that they
16 are supposed to be offered is often not the amount they actually get; he estimates that
17 about a quarter of the time rec is cancelled due to staffing shortages or other reasons, and
18 that there are times when prisoners do not get outdoor rec "for a week or more." [REDACTED]
19 [REDACTED], told me that he had been on lockdown, in one isolation unit or another
20 in the ADC, since 1979! He said that he has been kept in lockdown for disciplinary
21 infractions committed decades ago and that, even though he keeps trying to get into a
22 step-down program that would allow him more human contact, he continues to be denied.
23 This means, among other things, this means that [REDACTED] has not had a contact visit,
24 or touched a loved one or family member with affection, for 34 years. Other Browning
25 prisoners echoed the same sentiments about the pain of the isolation they experienced, the
26 lack of activity and programming, and the fact that "no one comes to check on us back
27 here." As one prisoner put it, "this is really hard. It breaks people."

28 175. The conditions of confinement at the Eyman-SMU I units I saw were similarly

1 extremely harsh and severe, and prisoners repeatedly reported that there were having
2 adverse effects on their mental health and well-being. [REDACTED], for
3 example, described the program in SMU I as “really, 24/7 lockdown.” He said that the
4 promised rec time rarely happens when or in the amounts it is supposed to, and that some
5 of the flagrantly mentally ill prisoners who are confined in the units “scream all night.” He
6 said, “I haven’t had human contact for years, but just shaking someone’s hand on the
7 basketball court was priceless.” He said that these conditions have “affected my mind—
8 my mind is distressed over it, it’s awful, it’s sick, it’s painful to be in isolation.”

9 176. Another SMU I prisoner, [REDACTED], described a cycle that is all
10 too common in extremely harsh isolation units like those that the ADC operates. He told
11 me that he has very serious mental health problems that date back to when he was placed
12 in a mental hospital at age 7 or 8. He said he hears voices and is always upset. He finds
13 isolation especially hard to deal with: “I can’t take it.” When he was in CB-5 in Central,
14 “I lost it, acting bizarrely, I flipped out. They gassed me and put me in Kasson suicide
15 watch for 10 days but it made me crazier.” After suicide watch, he got no treatment, either
16 in groups or on a one-to-one basis. He arrived at SMU I a week before I interviewed him
17 and, despite his long-standing psychiatric problems and the fact that he had recently been
18 on suicide watch, no one from mental health had come to visit or evaluate him. When
19 mentally ill prisoners predictably react to the harshness of their environment, punishment-
20 oriented systems like the ADC respond with more punishment rather than with treatment,
21 sending the mentally prisoner into a downward spiral from which he or she may not
22 return, and the cycle of harsh treatment leading to deterioration that precipitates even
23 harsher treatment and more deterioration continues to repeat itself.

24 **c. Excessively Harsh Conditions for Mentally Ill Prisoners and Lack of**
25 **Appropriate and Meaningful Treatment**

26 177. Eyman and Browning both include mental health housing programs where some
27 prisoners with mental health issues have been clustered together in certain housing pods.
28

1 These programs appear to be of very recent vintage in the ADC system.¹⁴² During my
 2 inspections I visited many of these housing units and talked to a number of the prisoners
 3 at cell front and during my longer, confidential interviews. Both programs appear to be
 4 largely similar. Prisoners in these units have access to the outside recreation enclosures,
 5 described above, based on behavior. They also are given some access to group
 6 programming. In order to facilitate these groups, indoor areas, such as the old officer
 7 dining room at Browning, were cleared out, and treatment cages were assembled.¹⁴³ At
 8 the time of my tour SMU I had about eleven such cages and Browning had eight. At
 9 Browning I also saw an individual treatment cage in an office near Wing 1 Easy Cluster. I
 10 was told that one-to-one counseling is conducted there and that officers post outside the
 11 small office during a session.

12 178. Beyond the recreation “phases” and the possibility of some group sessions and
 13 possibly counseling, the actual structure of these mental health programs and clinical
 14 goals, the program requirements, and the criteria by which prisoners are placed in the
 15 program and leave the program, are entirely unclear. As in the other isolation units, the
 16 programs appeared to be functioning on a sporadic and ad hoc basis. During my tour I
 17 asked for the group schedules for the mental health programs. An Activity Schedule for
 18 August 2013 for Browning Unit was eventually produced.¹⁴⁴ I toured Browning on July
 19 24, so this schedule may not reflect the types of activities going on in the unit for that
 20 month, but the schedule appears in no way to reflect the level of group programming and
 21 activity reported to me by prisoner after prisoner in that unit.

22 179. At Browning I also inspected the Behavioral Management Unit (BMU). The
 23 BMU predates the other mental health programs at Eyman. I spoke with Dr. Shaw during
 24 the tour and he told me that the BMU is for prisoners with significant mental health and
 25

26 ¹⁴² See Memo to Charles L. Ryan from Robert Patton and Richard Pratt, Increase of
 27 Mental Health for Max Custody, 4/30/12 (ADC050861-67).

28 ¹⁴³ See Photos of Eyman Treatment Cages (ADC153369, ADC153389).

¹⁴⁴ ASPC-Eyman/Browning Unit Activity Schedule, 8/1/13 (ADC139516-18).

1 behavioral issues. He explained that the program has three phases that incorporate
2 different incentives, such as “consumables” (e.g., candy that prisoners receive for good
3 behavior). Each prisoner is supposed to have a behavior treatment plan. There are no set
4 time frames at the different phases of the program. Custody staff and mental health staff
5 are supposed to meet, and custody contributes a behavior review that goes into the mental
6 health file.

7 180. Despite the variations in their design and the very modest amenities some of them
8 are provided, the prisoners I interviewed in all of these programs consistently reported no
9 more than a paltry level of clinical programming on these units. In the BMU, for example,
10 prisoners said that under the best circumstances, they received one group per week, and a
11 single 20-30 minute individual session (held in a treatment cage inside an office on the
12 unit). I also heard the now-common story that groups had “just” or “recently” started, or
13 had been promised but had not yet begun. Thus, the Eyman prisoners reported that some
14 groups had just started; prisoners who had been in isolation for some months reported
15 going to a few groups earlier in the year and then having them stop; many prisoners
16 reported that they were now signed up for a group but had not yet gone; many others
17 reported that one-on-one counseling was either sporadic or non-existent, and others were
18 still waiting for responses to HNRs they had submitted requesting help. Some prisoners
19 housed in the mental health units were not aware that they were in any “program” at all.
20 The consistency of these reports within SMU I and Browning and across the other ADC
21 isolation units is striking. The picture that emerges is of a currently very disorganized and
22 incoherent mental health delivery system that does not have the focus or personnel to
23 implement comprehensive and effective mental health programming for the vast number
24 of isolated prisoners who clearly need it as they struggle inside ADC’s otherwise barren
25 isolation units. Whether this effort is geared toward responding to this lawsuit or is a true
26 recognition that current conditions are harming the prisoners whom ADC is charged with
27 keeping safe is difficult to say. But it is ultimately secondary to the fact that, as they are
28 currently operating, the programs are utterly inadequate and fail to meet the basic needs of

1 the many mentally ill prisoners who are in isolation and in desperate need of care.

2 181. Below I detail the many cell-front and some of the longer, confidential interviews
3 conducted during my inspection of Eyman. These examples provide a snapshot of my
4 findings rather than an exhaustive report of the many interactions I had with prisoners in
5 those units during my tours.

6 182. Even in the BMU, which is supposed to have the most well-structured and
7 elaborate mental health programming, prisoners repeatedly complained about the lack of
8 mental health contact. [REDACTED], for example, told me he has a long
9 psychiatric history, is psychotic, and also gets into fights with other prisoners. He thought
10 he was being sent to the BMU to get help with those problems and to finally get the
11 treatment he needed. Instead, he said, "you are lucky if you get a group for 30 minutes" a
12 week, and there are no one-to-one contacts offered as part of the program (which is what
13 he thought he was being sent to BMU to receive). Other prisoners in what are labeled
14 "mental health programs" voiced similar complaints. [REDACTED], told me
15 simply, "the psych program here is no good." He went on to explain that the mental health
16 program only started about two months ago, and since then they have had only two
17 groups—"they put us in cages in the rec yard." He said the groups last "maybe 35
18 minutes" and, as he noted, they only happen once a month. Moreover, he was emphatic
19 that there were no regularly scheduled one-on-one mental health contacts. He said further
20 that "no one comes to check on us, except once every 3 months, and they do it cell front,
21 in front of everyone." A protective custody prisoner, [REDACTED], told
22 me that before he was incarcerated, he was under psychiatric care for anxiety. He has
23 sought treatment in prison but cannot get adequate care. "They say there is a psych
24 program here but I don't see anything happening." He told me it took 3 months for mental
25 health to even see him after he came to prison, despite him having submitted an HNR to
26 get help. When he was finally "seen," it was via the television system. He has had no
27 other professional mental health contact other than that. Similarly, [REDACTED],
28 [REDACTED], described coming from the mental health program (such as it is) at Kasson, and

1 having been in the suicide watch cells there more than a dozen times by the time he came
2 to SMU I. Yet, he said he had been at this facility fully 5 months before being called out
3 to be seen by mental health (which, oddly enough, just happened for the first time this
4 week). He said that “no mental health person comes to see us or check on us,” and even
5 upon coming out of suicide watch, “nobody comes to check on me after that.” Finally,
6 there is the case of [REDACTED], who is a slightly built but articulate young
7 man who was placed in prison, this first time, because, he said, he violated the terms of
8 his SMI outpatient probation on the streets, something that was undoubtedly ordered out
9 of recognition of his mental health problems. He was approved to go to a minimum
10 security yard, serving a short sentence. However, he was denied entry into the Flamenco
11 facility and was sent to a mainline instead. He has diagnosed schizoaffective disorder and
12 he began to deteriorate—he said he has “auditory hallucinations, terrible mood swings,
13 and anxiety,” and, in part because of this, he apparently got into a fight with another
14 prisoner (who may well have attacked him). He has been on a downward spiral since then.
15 He is in SMU I, “begging for treatment,” but cannot get any. Instead, he said, the officers
16 put him on suicide watch—“It was horrible. I was desperate in watch. I really was losing
17 it. It traumatized me.” He is still desperate to get out of this severe form of isolation,
18 where not treatment is forthcoming. He said: “They have no treatment plan, no therapy,
19 and no help.”

20 183. I also conducted a set of longer and confidential interviews with a group of
21 prisoners whom I selected from Browning and SMU I. The results of those interviews are
22 summarized below.

23 184. I interviewed [REDACTED], a Browning prisoner who was seen in
24 the visiting area of the prison. However, [REDACTED] was so disturbed and at times
25 incoherent that I was unable to ask him all the questions about symptoms and reactions to
26 his isolated confinement that I ordinarily would have. I was nonetheless able to learn a
27 great deal about [REDACTED] and to observe how profoundly mentally ill he was. [REDACTED]
28 [REDACTED] told me that he had been taking psychotropic medications and receiving

1 treatment for his mental problems since age 13. He has a long history of self-harm,
2 including banging his head against the wall, biting himself, and trying to gouge out his
3 own eyeballs. He has heard voices in the past (the last time he heard them, he said, was
4 when "the devil was on my body and mind") and he has a history of suicidality, which
5 apparently resulted in him being admitted to the Flamenco facility (on perhaps more than
6 one occasion). [REDACTED] had a difficult time remembering things or staying focused.
7 At one point he looked meaningfully at me and said, "I am not at ease. The world is on
8 my chest. I can't hold it." He talked about being afraid in the prison system and about
9 being victimized. He has learned to fear other people, he said, and has attacked his
10 cellmates because he becomes convinced that they are going to attack him. [REDACTED] is
11 a tragic example of the kind of prisoner who is so seriously mentally ill that he should
12 never be housed in a "regular" isolation unit. The stress and pain of isolation, especially in
13 the absence of intensive therapeutic contact and enhanced programming, is only likely to
14 worsen his condition and place him and possibly many others at risk.

15 185. Another Browning prisoner, [REDACTED] is an older man doing a
16 relatively short (3 year) prison sentence, although he has been incarcerated before. He told
17 me that he never had mental health problems until he came to prison, but has had them
18 continuously since. He is certain that the prison is experimenting with people and that
19 prison officials somehow gave him Hepatitis C. He said that over his years in prison
20 (about 12 years, before his current term), the only regular psychiatric contact he has ever
21 had is through the tele-psychiatry medication checks that he gets every three months. In
22 addition, he said, about 6 months ago someone from the psych staff started to come by his
23 cell once a month. According to [REDACTED], they "spend 30 seconds with you—'How are
24 you? Are you eating?' That's it." He said that there used to be a lot of physical abuse at
25 the prison—guards in special black uniforms used to beat prisoner with sticks—but it has
26 stopped. Now, he said, they pepper spray prisoners instead (including by blowing the
27 spray through the vents of the cells).

186. [REDACTED] described many problematic symptoms and reactions that are

1 associated with long-term isolation. He told me that he has terrible headaches, is
2 constantly on edge and anxious, especially around people (for example, he said he was
3 afraid to come out of his cell for his interview with me), and he often feels like he might
4 be on the verge of an emotional breakdown. He also told me that he hears voices—they
5 speak to him out of the light socket, they constantly criticize him, and he cannot make
6 them stop. He is plagued by ruminations, a heightened sensitivity to lights, irrational anger
7 and irritability, problems concentrating, and the sense that he is losing the ability to feel or
8 care about things. Indeed, he said that he is often profoundly depressed, and no longer
9 wants to be around other people. He said, "I don't like anybody anymore. I can't trust
10 anyone. They are all out to get me."

11 187. [REDACTED] told me that he was going to be released from prison in about a week.

12 188. I interviewed Browning prisoner [REDACTED], who is a 41-year-old
13 man with a long juvenile and adult prison history as well as a lengthy mental health
14 history, both of which began in California. He has a lifelong problem with suicidality. As
15 he put it, "I've tried a bunch of times to kill myself, since I was a kid." He told me that he
16 was a ward of the California Youth Authority ("CYA") and was treated with psychiatric
17 medications even back then. Shortly after he was released from CYA, he went to adult
18 prison and was quickly identified as having very serious mental health problems. He was
19 sent to the California Medical Facility at Vacaville, as a "Category J" prisoner (the
20 California prison system's most serious mental health designation at the time). When he
21 finally arrived in the Arizona prison system, he was given a long list of different
22 medications—"you name it"—and is now taking Haldol, Lithium, and Zoloft (which he
23 says sometimes work and sometime do not). He has been in the watch cells at the prison,
24 and told me that, on one occasion, he was there for 8 straight days and that during the
25 entire time no mental health professional came to see him. Aside from his medications, he
26 said that every 6 months or so he sees a doctor "who asks if I think about killing myself—
27 that's it." Otherwise, [REDACTED] said: "we get no counseling, no group, no nothing."

28 189. [REDACTED] reported a host of very serious negative reactions to his isolated

1 confinement, including constantly feeling anxious and on edge (“including when I sleep”),
2 feeling like he is going to have a breakdown and lose control of himself (including “times
3 when I do lose it”), ruminating over small things, being easily and irrationally angered all
4 the time, losing the ability to feel or care (“sometimes I think I am completely without
5 feelings now”), suffering from profound depression that he cannot make go away,
6 frequently having thoughts of suicide (which he does not share because he does not want
7 to be put in the watch cells—“I don’t want the watch cells, you want to die there”), and
8 being very uncomfortable around other people all the time (“I don’t leave my cell”).

9 190. Browning prisoner [REDACTED], told me that he had serious mental
10 problems before coming to prison, and that he was designated “SMI” (seriously mentally
11 ill), assigned a caseworker, and prescribed psychotropic medications. When he came to
12 prison, he had a series of suicide attempts and was placed in watch cells, which he
13 described as “terrible,” in part because, he said, they spray you with pepper spray when
14 you are kept there. His feelings of desperation intensified when he came to SMU II at the
15 end of 2012. He estimated that, since then, he has engaged in self-harm, including
16 attempting suicide, more than 20 times. He described the “mental health program” at
17 Browning as a weekly group and a brief one-on-one counseling session with a clinician
18 that lasts about 20 minutes (“or, if you don’t have an issue, 1 minute”), and takes place in
19 a cage inside the clinician’s office.

20 191. [REDACTED] main negative reactions to isolation involve his continuing feeling of
21 being on the verge of being overwhelmed, of breaking down emotionally. He also
22 complained of ruminations and depression.

23 192. Another Browning inmate, Robert Gamez, #131401, came to his confidential
24 interview with me under “enhanced security,” which meant that he was escorted by 4
25 officers, including a sergeant and a supervisor, was in leg irons, and had his restraints
26 connected to a “leash” that one of the officer held. He apparently is subject to this every
27 time he leaves his cell—including for showers and outdoor rec. It was a striking sight to
28 observe because Mr. Gamez is very small and slightly built (he said he weighs around 140

1 pounds). He described a young life of parental abandonment, chaos and instability, being
2 around violence and drugs and gangs, and beginning his prison experience at a relatively
3 young age. After an initial stint in prison, in 2003 he returned at age 23 with a life
4 sentence, and was sent to isolation. He has been in isolation continuously since then, in
5 virtually all of the isolation units in the Arizona system. He complained about what he
6 said was excessive pepper-spraying in his present unit and said that it is used on prisoners
7 in the watch cells. Mr. Gamez told me that he personally has been to the watch cells and
8 that this has happened to him there. He is housed in one of the pods in which all of the
9 cells have plastic shields over the doors. Mr. Gamez's mental health problems have been
10 severe at times—he reported hearing voices, has made a number of suicide attempts, and
11 has been prescribed a broad range of psychotropic medications. He said that he “was
12 paranoid schizo and they put me on Thorazine” but the side effects were too drastic. Mr.
13 Gamez also told me that in all the time he has spent in prison isolation, despite his long-
14 standing and severe mental health problems, he has not had any therapeutic groups or one-
15 to-one counseling in the past. He said those things are “brand new” in his unit, and have
16 only recently begun.

17 193. Mr. Gamez reported suffering many very severe adverse reactions to isolated
18 confinement. They included troubled sleep, nightmares, constant anxiety, auditory
19 hallucinations (children's voices speaking to him, and others threatening him),
20 ruminations, fantasies of revenge, losing the ability to feel or care, difficulty concentrating
21 and focusing, concerns about his overall deterioration (“the environment takes over and
22 there's no coming back”), depression, and thoughts of suicide. He is convinced that he
23 “can't be around people anymore because of this”—because of the long-term isolation to
24 which he has been subjected.

25 194. [REDACTED], is a profoundly mentally ill and obviously vulnerable
26 prisoner who is housed at Browning. He told me that he is currently incarcerated on a
27 burglary conviction, for which he received a 6-year term. He said that he has a long
28 history of mental health problems that date back to early childhood. He was hospitalized

1 for these problems beginning at age 9 and “many times after that.” He was deemed SMI
2 on the streets, and has taken a variety of psychotropic medications. He told me that he was
3 taking Seroquel and klonopin before coming to prison but they were discontinued once he
4 arrived because they are not on the prison formulary. Instead, he is now taking Thorazine,
5 Wellbutrin, Tegretol, “and something else.” He told me that in the Behavioral
6 Management Unit (BMU) where he is currently housed they will take his property away
7 “if I don’t drink my meds.” He has attempted suicide many times, and he showed me
8 many serious scars on his body where he has cut himself, apparently very deeply
9 (including in his stomach), and told me that he has swallowed pencils and other objects.
10 He said that his mental health problems are well known by the ADP and “anytime I get
11 off the bus” coming into the prison system, he goes directly to a psych ward (including at
12 the Flamenco facility). [REDACTED] arrived at Browning in May 2012.

13 195. [REDACTED] said “the only reason they sent me here was because I was trying to
14 kill myself—I have no other disciplinary infractions. I get my points jacked up because of
15 suicide, not violence.” However, he is having an extremely difficult time in isolation. He
16 told me, “I can’t handle this stuff in my head, and it is getting worse. I’m going to kill
17 myself someday.” He told me that he has been treated badly at the Browning facility. He
18 does not believe that he is getting enough mental health treatment or receiving treatment
19 in a way that he can benefit from. He said that during the one-on-one sessions with the
20 clinician, “the [correctional] staff sits outside the room” where the session takes place, and
21 that the “guards tell guys on the tier what I tell the doctor.” He said that participation in
22 treatment—one group and a single one-on-one per week—is compulsory and that “you
23 have to go [or] they take your property away.” [REDACTED] said he has been sprayed
24 with chemical agents multiple times since he has been in the BMU and has been on
25 suicide watch multiple times as well. The suicide watch typically lasts for about 8 days
26 and, he said, “they use mace in suicide watch all the time.” He said the conditions in
27 suicide watch cells are horrible. The use of chemical sprays affects all of the prisoners on
28 watch, because it circulates to the other cells, and the watch cells are filthy: “There were

1 feces and blood in these units until last week.” He got out of the hospital just three weeks
2 after his last suicide attempt. He said, “I was out of it, out of my mind, I’m schizophrenic
3 and I lose it.” However, after coming back from the hospital, he soon was placed on
4 suicide watch again: “I got off suicide watch last week.”

5 196. [REDACTED] described many symptoms and much psychological pain in
6 isolation. He is bothered by headaches, troubled sleep, nightmares, constant anxiety, the
7 feeling that he is on the verge of losing control, visual and auditory hallucinations,
8 ruminations, fantasies of revenge, oversensitivity to certain stimuli (lights, and the
9 perception that he can smell chemicals coming out of the vent in his cell), the sense that
10 he has lost the capacity to feel positive emotion (“I think violently all the time and the
11 place has done it”), deep depression, thoughts of suicide, a feeling of overall deterioration,
12 and social withdrawal (“I tell people in my pod, leave me alone”).

13 197. [REDACTED] said that he is scheduled to end his prison sentence next year “but
14 before I get back to the streets I have to go to the state hospital to see if I can be released.”

15 198. [REDACTED] is a 35-year-old Browning prisoner who came to the
16 United States when he was around 10 or 11 years old, his mother was murdered when he
17 was 14, and he was hospitalized for mental health problems by the time he was 18. He
18 explained that in 2007 he was diagnosed as suffering from PTSD and that he is taking “a
19 lot” of a medication whose name he could not recall. Other than the medication, however,
20 “I haven’t gotten any treatment. Once or twice they came to my cell, once they pulled me
21 out—but the guard is standing right there”—within earshot of the interview—so [REDACTED]
22 [REDACTED] was not comfortable talking openly. He said he is currently in a “renouncer” pod
23 for prisoners who wish to renounce their prior affiliation with a gang. “I was going crazy
24 [in] here. I couldn’t take it, even though I had a TV.”

25 199. [REDACTED] told me that he has very troubled sleep, and is bothered by
26 headaches. He is also bothered by ruminations, oversensitivity to stimuli (especially
27 sound, “guys making noise all the time”), and feels that he is deteriorating badly overall in
28 isolation.

1 200. I also interviewed a number of SMU I prisoners in the confidential setting of the
2 prison visiting room.

3 201. Jeremy Smith, #129438, is a 34-year-old SMU I prisoner who told me that he
4 came into the adult criminal justice system in Arizona as a 16-year-old. After serving his
5 first prison term he lived in another state for about five years before returning to Arizona
6 and coming back to ADC several years later. His mental health issues were first identified
7 during his first prison term; he had problems with depression and was placed on
8 psychotropic medications. He went to a mental hospital between prison terms, and was
9 diagnosed as bipolar; he was placed on lithium when he re-entered the prison system for a
10 second time. He moved back and forth between several ADC prisons, after asking for
11 protection and being denied, being accused of gang affiliations, and beginning a
12 debriefing process (that included 2 years in SMU I). Mr. Smith was returned to SMU I
13 just 3 weeks ago from Buckeye. He told me that in the unit where he lives now—what he
14 referred to as a “mental health cluster”—the cells have plexiglass shields on the outer
15 doors, and that, despite his own mental health problems, the other prisoners in the unit are
16 far more disturbed than he. When he was at this facility the last time, he said, “I
17 complained about the lack of programming, the lack of group activity, the lack of
18 confidential contact.” He said that when he arrived this time, he immediately submitted an
19 HNR but has not yet been seen. He has heard that there are “going to be groups, etc.” but,
20 he said, “I haven’t seen anything.”

21 202. Mr. Smith reported a number of problems and symptoms that many isolated
22 prisoners suffer, including constant problems with sleep, frequent bouts with anxiety, and
23 the feeling that he may be on the verge of breaking down or losing control, constantly
24 being preoccupied or ruminating (“I can’t let things go”), fantasizing about revenge (“I’m
25 trying not to think about it”), being bothered by irrational anger, experiencing mood
26 swings, feeling that he is deteriorating overall, and experiencing social withdrawal (“I
27 don’t want to be around people in here. People used to be my friends”).

28 203. [REDACTED] is a 51-year-old prisoner housed in SMU I and doing a

1 very long (flat 40-year) prison sentence which he began serving in 1986. He told me that
2 he was sent to SMU I back when it was first opened, and the he estimates he has spent
3 70% of his prison time in isolation. He said that he is a sex offender housed in a unit that
4 is primarily comprised of seriously mentally ill prisoners. Although he does not take
5 psychotropic medications and said that he had never been a mental patient in or out of
6 prison, he did acknowledge that "I have a number of suicide attempts." He said that he
7 does not participate in the groups that are held "every month or so" because "they are
8 useless, plus [staff] come and go here, they don't stick around." Although he does not
9 consider himself a mental patient, from what he has been able to observe, the seriously
10 mentally ill in his housing unit "aren't getting the help they need."

11 204. [REDACTED] said he finds isolated confinement to be a very stressful situation, and
12 reported suffering from feelings of anxiety often, as well as often having the sense that he
13 is on the verge of breaking down from the pressure of isolation. In addition, [REDACTED]
14 reported experiencing a number of other isolation-related symptoms, including fantasizing
15 about revenge ("it's the only thing that keeps me going"), overreacting to certain stimuli
16 (especially the sound of other people talking—it "drives me nuts"), experiencing irrational
17 anger, and having problems concentrating.

18 205. Jackie Thomas #211267, a 28-year-old SMU I prisoner, described an early
19 troubled life that included mental health problems and receiving a variety of psychotropic
20 medications "when I was very young." He said he is "a cutter" and that his self-harming
21 behavior started when he was just 9 years old. He told me: "Nobody would love me or
22 care about me—the cutting makes the tension go away." (Mr. Thomas described a terribly
23 traumatic childhood in which his grandfather, who fathered him when he raped Mr.
24 Thomas's mother, then molested him as Mr. Thomas was growing up.) He has been
25 placed in mental institutions on 6 or 7 different occasions. Not long after he came into the
26 ADC in 2006, with a 10-year flat sentence, he was raped. When he was transferred to
27 another prison, he was beaten up and raped there as well. As a result, he had to be placed
28 in protective custody. He has been in SMU I for 7 years now. Mr. Thomas was very vocal

1 about the lack of mental health care in SMU I: "They don't help you in here. I put in
2 HNRs and they don't come. I go to group every Friday, I've been 2 times, in the cages
3 with the therapist in the middle. I don't get any one-on-ones." He said he used to get
4 them, sporadically, "but then it just stopped," and now he gets "nothing." He said: "The
5 staff here doesn't care about you—if you cut yourself, they just gas you." He said this is
6 especially true in suicide watch cells where, if you are acting out, "they just gas you." Mr.
7 Thomas said that he is schizophrenic and also has multiple personalities. His mental
8 problems have resulted in him going to suicide watch "dozens of times," and he is
9 currently prescribed several medications, including a Haldol shot. He explained: "The
10 voices are in my head all the time. They tell me to cut myself. I can see ghosts and spirits,
11 the dead, bugs and things that no one else can see."

12 206. Mr. Thomas is having a very difficult time in isolation. He reported suffering
13 from headaches all the time, from troubled sleep and constant nightmares. He is always
14 anxious, and feels constantly on the verge of losing control of his emotions. He has
15 continuous hallucinations, and fantasies about revenge. He ruminates (about taking his
16 own life), constantly overreacts to stimuli (lights and smells), gets angry often, has
17 problems thinking, feels he is becoming hardened by his experiences in isolation, has
18 mood swings, deep depressions, and thoughts of suicide. He feels he is deteriorating
19 overall, and is now always uncomfortable being around people.

20 207. Mr. Thomas told me that he is scheduled to be released from prison in less than 2
21 years. He said: "I'm worried. I don't know what will happen to me. I will be homeless."

22 208. Mr. Thomas's comment that in his experience when mentally ill and other
23 prisoners "act out" in response to their harsh conditions of confinement, the staff "just
24 gasses you," and that this is especially true in the suicide watch cells, where desperate
25 prisoners who are in various stages of psychiatric crisis are housed, underscores an issue
26 that bears mention in concluding this discussion of Browning and SMU I. As I have
27 mentioned in my analysis of conditions and practices at the other ADC isolation units that
28 I toured, I heard repeatedly from prisoners, especially those with obvious mental illness,

1 that they are frequently subject to the use of chemical spray – often for reasons that can in
 2 no way be justified, especially for the mentally ill. The documents I reviewed confirm
 3 that their experiences were not isolated incidents. Instead, I found that correctional staff
 4 frequently used chemical spray on prisoners for trivial reasons, regardless of the physical
 5 or psychological consequences. I reviewed records of prisoners who were sprayed for
 6 covering a light fixture with a blanket,¹⁴⁵ refusing to relinquish blankets placed over their
 7 heads,¹⁴⁶ refusing to surrender a suicide smock,¹⁴⁷ tampering with a colostomy bags,¹⁴⁸
 8 refusing to come out from under their bunks,¹⁴⁹ holding their food slots open,¹⁵⁰ or
 9 refusing to take court-ordered medication.¹⁵¹

10 **VI. CONCLUSION**

11 209. As I have noted repeatedly above, the adverse psychological effects of solitary or
 12 isolated confinement and the serious risk of significant psychological harm that they pose
 13 for prisoners has been well documented in the scientific literature and firsthand accounts.
 14 Its dangers are also widely acknowledged by various human rights groups, professional
 15 organizations, and judicial rulings amassed over the last half century. Indeed, in many
 16 ways they replicate the considered judgments of similar commentators offered much
 17 earlier in history, when more than a century ago the United States Supreme Court
 18 characterized solitary confinement as an “infamous punishment,” because “a considerable
 19 number of prisoners fell, after even a short confinement, into a semi-fatuous condition,
 20 from which it was next to impossible to arouse them”¹⁵² Because, the Court noted,
 21 “in most cases [the prisoners] did not recover sufficient mental acuity to be of any
 22

23
 24 ¹⁴⁵ SIR No. 201209956, ASPC-Eyman SMU-I (ADC089237).

25 ¹⁴⁶ SIR No. 201300585, ASPC-Eyman Browning (ADC089258).

26 ¹⁴⁷ SIR No. 201204125, ASPC-Eyman Browning (ADC089205).

27 ¹⁴⁸ SIR No. 201203694, ASPC-Eyman Browning (ADC089203).

28 ¹⁴⁹ SIR No. 201114325, ASPC-Eyman Browning (ADC089180).

¹⁵⁰ SIR No. 201110353, ASPC-Eyman SMU I (ADC089163); SIR No. 201207726, ASPC-Eyman SMU I (ADC089226).

¹⁵¹ SIR No. 201108721, ASPC-Eyman SMU I (ADC089158).

¹⁵² In re Medley, 134 U.S. 160, 168 (1890).

1 subsequent service,” the punishment of “solitary confinement was found to be too
2 severe.”¹⁵³

3 210. Some prison systems around the country have recognized the magnitude of the
4 risks and dangers that solitary confinement—even in its “modern” form—continues to
5 pose for the basic well-being of prisoners. They have taken steps to drastically limit (if not
6 virtually eliminate) its use on a long-term basis, to exclude certain groups of especially
7 vulnerable prisoners from being subjected to its potential harms, and to ameliorate its
8 harshness, painfulness, and damaging features as much as possible (by shortening the
9 length of stay, improving overall conditions of confinement, affording prisoners enhanced
10 programming and treatment to improve their chances to survive unscathed). The ADC has
11 done none of these things. Instead, it continues to expose a very large number of prisoners
12 to truly severe, extremely harsh and punitive isolation, and retains many of them under
13 these potentially conditions for very long periods of time.

14 211. For a variety of previously stated reasons, mentally ill prisoners are especially
15 vulnerable to the painful stressors of isolated confinement and the risk that they will incur
16 further psychological damage from placement in such units is especially high. Indeed, this
17 risk is so high—and so readily apparent—that it has led correctional officials and courts
18 across the country to exclude the mentally ill from being placed there in the first place. In
19 my professional opinion, and in the opinion of many others who have carefully studied
20 this issue, all prisoners with a diagnosis of severe mental illness should be categorically
21 excluded from long-term isolated housing, because they face a serious risk of significant
22 psychological harm in that setting.

23 212. My inspections of the ADC isolation units, my substantial cell front and one-on-
24 one confidential interviews, and the extensive documents that I have reviewed pertaining
25 to the policies, procedures, and conditions that are in operation in ADC’s isolation units
26 confirm the fact that they do indeed impose “solitary confinement” on Arizona prisoners.
27

28 ¹⁵³ Id.

1 These are precisely the kinds of isolated and isolating conditions that have been identified
2 and described in the scientific literature as producing adverse effects. Indeed, in my
3 experience, they represent an extremely harsh version of the kind of isolation that has
4 been studied by researchers and condemned by human rights and professional
5 organizations.

6 213. Contrary to sound correctional practice and the weight of psychological and
7 psychiatric opinion, ADC currently houses seriously mentally ill prisoners in its isolation
8 units. ADC's failure to have and to properly implement a policy that excludes these
9 prisoners from these units places these prisoners at a heightened and unreasonable risk of
10 harm. In addition, as I have noted, conditions of such extreme isolation can do great
11 damage to even previously healthy persons. ADC's failure to devise and implement
12 careful mental health monitoring policies for all prisoners subject to the extremely isolated
13 conditions in their maximum security/isolation units, and ADC's failure to take
14 meaningful steps to ameliorate conditions of extreme social isolation in those units, places
15 all prisoners subject to such conditions at an unreasonable risk of harm. The adverse
16 consequences of exposure to these conditions can be extreme and even irreversible,
17 including the loss of psychological stability, significantly impaired mental functioning, the
18 inability to function in social settings and personal relationships, self-mutilation and harm,
19 and even death.

20 214. Based on my experience studying these kinds of environments and their
21 psychological effects for nearly four decades, and in providing guidance and advice to
22 correctional systems and the federal courts about how best to address and ameliorate these
23 problems in different states across the country, I can offer the strongly held opinion that
24 the range of egregious conditions, practices, and policies and practices that I have
25 described in the preceding pages can be remedied through system-wide relief that is
26 ordered by the courts.

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Executed on the 7th day of November 2013 in Santa Cruz, CA.

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PREVIOUS EMPLOYMENT

1985-present	University of California, Santa Cruz, Professor of Psychology
1981-85	University of California, Santa Cruz, Associate Professor of Psychology
1978-81	University of California, Santa Cruz, Assistant Professor of Psychology
1977-78	University of California, Santa Cruz, Lecturer in Psychology
1976-77	Stanford University, Acting Assistant Professor of Psychology

EDUCATION

1978	Stanford Law School, J.D.
1978	Stanford University, Ph.D. (Psychology)
1972	Stanford University, M.A. (Psychology)
1970	University of Pennsylvania, B.A.

HONORS AWARDS GRANTS

- 2012 Appointed to National Academy of Sciences Committee to Study the Causes and Consequences of High Rates of Incarceration in the United States.
- Invited Witness, United States Senate, Judiciary Committee.
- 2011 Edward G. Donnelly Memorial Speaker, University of West Virginia Law School.
- 2009 Nominated as American Psychological Foundation William Bevan Distinguished Lecturer.
- Psi Chi "Best Lecturer" Award (by vote of UCSC undergraduate psychology majors).
- 2006 Herbert Jacobs Prize for Most Outstanding Book published on law and society in 2005 (from the Law & Society Association, for Death by Design).
- Nominated for National Book Award (by American Psychological Association Books, for Reforming Punishment: Psychological Limits to the Pains of Imprisonment).
- "Dream course" instructor in psychology and law, University of Oklahoma.
- 2005 Annual Distinguished Faculty Lecturer, University of California, Santa Cruz.
- Arthur C. Helton Human Rights Award from the American Immigration Lawyers Association (co-recipient).
- Scholar-in-Residence, Center for Social Justice, Boalt Hall School of Law (University of California, Berkeley).
- 2004 "Golden Apple Award" for Distinguished Teaching, awarded by the Social Sciences Division, University of California, Santa Cruz.
- National Science Foundation Grant to Study Capital Jury Decision-making

- 2002 Santa Cruz Alumni Association Distinguished Teaching Award, University of California, Santa Cruz.
- United States Department of Health & Human Services/Urban Institute, "Effects of Incarceration on Children, Families, and Low-Income Communities" Project.
- American Association for the Advancement of Science/American Academy of Forensic Science Project: "Scientific Evidence Summit" Planning Committee.
- Teacher of the Year (UC Santa Cruz Re-Entry Students' Award).
- 2000 Invited Participant White House Forum on the Uses of Science and Technology to Improve National Crime and Prison Policy.
- Excellence in Teaching Award (Academic Senate Committee on Teaching).
- Joint American Association for the Advancement of Science-American Bar Association Science and Technology Section National Conference of Lawyers and Scientists.
- 1999 American Psychology-Law Society Presidential Initiative Invitee ("Reviewing the Discipline: A Bridge to the Future")
- National Science Foundation Grant to Study Capital Jury Decision-making (renewal and extension).
- 1997 National Science Foundation Grant to Study Capital Jury Decision-making.
- 1996 Teacher of the Year (UC Santa Cruz Re-Entry Students' Award).
- 1995 Gordon Allport Intergroup Relations Prize (Honorable Mention)
- Excellence in Teaching Convocation, Social Sciences Division
- 1994 Outstanding Contributions to Preservation of Constitutional Rights, California Attorneys for Criminal Justice.
- 1992 Psychology Undergraduate Student Association Teaching Award
- SR 43 Grant for Policy-Oriented Research With Linguistically Diverse Minorities
- 1991 Alumni Association Teaching Award ("Favorite Professor")

1990	Prison Law Office Award for Contributions to Prison Litigation
1989	UC Mexus Award for Comparative Research on Mexican Prisons
1976	Hilmer Oehlmann Jr. Award for Excellence in Legal Writing at Stanford Law School
1975-76	Law and Psychology Fellow, Stanford Law School
1974-76	Russell Sage Foundation Residency in Law and Social Science
1974	Gordon Allport Intergroup Relations Prize, Honorable Mention
1969-71	University Fellow, Stanford University
1969-74	Society of Sigma Xi
1969	B.A. Degree <u>Magna cum laude</u> with Honors in Psychology Phi Beta Kappa
1967-1969	University Scholar, University of Pennsylvania

UNIVERSITY SERVICE AND ADMINISTRATION

2010-present	Director, Legal Studies Program
2010-present	Director, Graduate Program in Social Psychology
2009	Chair, Legal Studies Review Committee
2004-2006	Chair, Committee on Academic Personnel
1998-2002	Chair, Department of Psychology
1994-1998	Chair, Department of Sociology
1992-1995	Chair, Legal Studies Program
1995 (Fall)	Committee on Academic Personnel
1995-1996	University Committee on Academic Personnel (UCAP)

1990-1992	Committee on Academic Personnel
1991-1992	Chair, Social Science Division Academic Personnel Committee
1984-1986	Chair, Committee on Privilege and Tenure

WRITINGS AND OTHER CREATIVE ACTIVITIES IN PROGRESS

Books:

Context and Criminality: Social History and Circumstance in Crime Causation (working title, in preparation).

Articles:

“The Psychological Foundations of Capital Mitigation: Why Social Historical Factors Are Central to Assessing Culpability,” in preparation.

PUBLISHED WRITINGS AND CREATIVE ACTIVITIES

Books

2006	<u>Reforming Punishment: Psychological Limits to the Pains of Imprisonment</u> , Washington, DC: American Psychological Association Books.
2005	<u>Death by Design: Capital Punishment as a Social Psychological System</u> . New York: Oxford University Press.

Monographs and Technical Reports

1989	<u>Employment Testing and Employment Discrimination</u> (with A. Hurtado). Technical Report for the National Commission on Testing and Public Policy. New York: Ford Foundation.
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Articles in Professional Journals and Book Chapters

- 2013 “Foreword,” for H. Toch, *Organizational Change Through Individual Empowerment: Applying Social Psychology in Prisons and Policing*. Washington, DC: APA Books (in press).
- “Prison Overcrowding,” in B. Cutler & P. Zapf (Eds.), *APA Handbook of Forensic Psychology*. Washington, DC: APA Books (in press).
- “The Death Penalty” (with Joanna Weill & Mona Lynch), in B. Cutler & P. Zapf (Eds.), *APA Handbook of Forensic Psychology*. Washington, DC: APA Books (in press).
- “Foreword,” for J. Ashford & M. Kupferberg, *Death Penalty Mitigation: A Handbook for Mitigation Specialists, Investigators, Social Scientists, and Lawyers*. New York: Oxford University Press.
- “Righting Our Wrongs: How Healthcare Reform Can Transform the Health of Our Criminal Justice-Involved Individuals” (with Josiah Rich, et al.), *Health Affairs*, in press.
- 2012 “Politicizing Crime and Punishment: Redefining ‘Justice’ to Fight the ‘War on Prisoners,’” *West Virginia Law Review*, 114, 373-414.
- “Prison Effects in the Age of Mass Imprisonment,” *Prison Journal*, 92, 1-24.
- “The Psychological Effects of Imprisonment,” in J. Petersilia & K. Reitz (Eds.), *Oxford Handbook of Sentencing and Corrections* (pp. 584-605). New York: Oxford University Press.
- 2011 “The Perversions of Prison: On the Origins of Hypermasculinity and Sexual Violence in Confinement,” *American Criminal Law Review*, 48, 121-141. [Reprinted in: S. Ferguson (Ed.), *Readings in Race, Gender, Sexuality, and Social Class*. Sage Publications (2012).]
- “Mapping the Racial Bias of the White Male Capital Juror: Jury Composition and the ‘Empathic Divide” (with Mona Lynch), *Law and Society Review*, 45, 69-102.
- “Getting to the Point: Attempting to Improve Juror Comprehension of Capital Penalty Phase Instructions” (with Amy Smith), *Law and Human Behavior*, 35, 339-350.

“Where the Boys Are: Macro and Micro Considerations for the Study of Young Latino Men’s Educational Achievement” (with A. Hurtado & J. Hurtado), in P. Noguera & A. Hurtado (Eds.), Understanding the Disenfranchisement of Latino Males: Contemporary Perspectives on Cultural and Structural Factors (pp. 101-121). New York: Routledge Press.

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2010 “Demonizing the ‘Enemy’: The Role of Science in Declaring the ‘War on Prisoners,’” Connecticut Public Interest Law Review, 9, 139-196.

“Hiding From the Death Penalty,” Huffington Post, July 26, 2010 [www.huffingtonpost.com/craig-haney/hiding-from-the-death-pen-pen_b_659940.html]; reprinted in Sentencing and Justice Reform Advocate, 2, 3 (February, 2011).

2009 “Capital Jury Deliberation: Effects on Death Sentencing, Comprehension, and Discrimination” (with Mona Lynch), Law and Human Behavior, 33, 481-496.

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- “Evolving Standards of Decency: Advancing the Nature and Logic of Capital Mitigation,” Hofstra Law Review, 36, 835-882.
- “A Culture of Harm: Taming the Dynamics of Cruelty in Supermax Prisons,” Criminal Justice and Behavior, 35, 956-984.
- “The Consequences of Prison Life: Notes on the New Psychology of Prison Effects,” in D. Canter & R. Zukauskienė (Eds.), Psychology and Law: Bridging the Gap (pp. 143-165). Burlington, VT: Ashgate Publishing.
- “The Stanford Prison Experiment,” in J. Bennett & Y. Jewkes (Eds.), Dictionary of Prisons (pp. 278-280). Devon, UK: Willan Publishers.
- “Capital Mitigation,” in Brian Cutler (Ed.), The Encyclopedia of Psychology and the Law (pp. 60-63). Volume I. Thousand Oaks, CA: Sage Publications.
- Death Qualification of Juries,” in Brian Cutler (Ed.), The Encyclopedia of Psychology and the Law (pp. 190-192). Volume I. Thousand Oaks, CA: Sage Publications.
- “Stanford Prison Experiment,” in Brian Cutler (Ed.), The Encyclopedia of Psychology and the Law (pp. 756-757) (with P. Zimbardo). Volume II. Thousand Oaks, CA: Sage Publications.
- “Supermax Prisons,” in Brian Cutler (Ed.), The Encyclopedia of Psychology and the Law (pp. 787-790). Volume II. Thousand Oaks, CA: Sage Publications.
- 2006 “The Wages of Prison Overcrowding: Harmful Psychological Consequences and Dysfunctional Correctional Reactions,” Washington University Journal of Law & Policy, 22, 265-293. [Reprinted in: N. Berlatsky, Opposing Viewpoints: America’s Prisons. Florence, KY: Cengage Learning, 2010.]
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“The Death Penalty in the United States: A Crisis of Conscience” (with R. Wiener), Psychology, Public Policy, and Law, 10, 618-621.

“Condemning the Other in Death Penalty Trials: Biographical Racism, Structural Mitigation, and the Empathic Divide,” DePaul Law Review, 53, 1557-1590.

“Capital Constructions: Newspaper Reporting in Death Penalty Cases” (with S. Greene), Analyses of Social Issues and Public Policy (ASAP), 4, 1-22.

“Abu Ghraib and the American Prison System,” The Commonwealth, 98 (#16), 40-42.

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- 2003 “Mental Health Issues in Long-Term Solitary and ‘Supermax’ Confinement,” Crime & Delinquency (special issue on mental health and the criminal justice system), 49, 124-156. [Reprinted in: Roesch, R., & Gagnon, N. (Eds.), Psychology and Law: Criminal and Civil Perspectives. Hampshire, UK: Ashgate (2007).]
- “The Psychological Impact of Incarceration: Implications for Post-Prison Adjustment,” in Travis, J., & Waul, M. (Eds.), Prisoners Once Removed: The Impact of Incarceration and Reentry on Children, Families, and Communities (pp. 33-66). Washington, DC: Urban Institute Press.
- “Comments on “Dying Twice”: Death Row Confinement in the Age of the Supermax,” Capital University Law Review.
- 2002 “Making Law Modern: Toward a Contextual Model of Justice, Psychology, Public Policy, and Law,” 7, 3-63.
- “Psychological Jurisprudence: Taking Psychology and Law into the Twenty-First Century,” (with John Darley, Sol Fulero, and Tom Tyler), in J. Ogloff (Ed.), Taking Psychology and Law into the Twenty-First Century (pp. 35-59). New York: Kluwer Academic/Plenum Publishing.
- “Science, Law, and Psychological Injury: The Daubert Standards and Beyond,” (with Amy Smith), in Schultz, I., Brady, D., and Carella, S., The Handbook of Psychological Injury (pp. 184-201). Chicago, IL: American Bar Association. [CD-ROM format]
- 2001 “Vulnerable Offenders and the Law: Treatment Rights in Uncertain Legal Times” (with D. Specter). In J. Ashford, B. Sales, & W. Reid (Eds.), Treating Adult and Juvenile Offenders with Special Needs (pp. 51-79). Washington, D.C.: American Psychological Association.
- “Afterword,” in J. Evans (Ed.), Undoing Time (pp. 245-256). Boston, MA: Northeastern University Press.
- 2000 “Discrimination and Instructional Comprehension: Guided Discretion, Racial Bias, and the Death Penalty” (with M. Lynch), Law and Human Behavior, 24, 337-358.

- “Cycles of Pain: Risk Factors in the Lives of Incarcerated Women and Their Children,” (with S. Greene and A. Hurtado), Prison Journal, 80, 3-23.
- 1999 “Reflections on the Stanford Prison Experiment: Genesis, Transformations, Consequences (‘The SPE and the Analysis of Institutions’),” In Thomas Blass (Ed.), Obedience to Authority: Current Perspectives on the Milgram Paradigm (pp. 221-237). Hillsdale, NJ: Erlbaum.
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- “Becoming the Mainstream: ‘Merit,’ Changing Demographics, and Higher Education in California” (with A. Hurtado and E. Garcia), La Raza Law Journal, 10, 645-690.
- 1997 “Regulating Prisons of the Future: A Psychological Analysis of Supermax and Solitary Confinement,” (with M. Lynch), New York University Review of Law and Social Change, 23, 477-570.
- “Psychology and the Limits to Prison Pain: Confronting the Coming Crisis in Eighth Amendment Law,” Psychology, Public Policy, and Law, 3, 499-588.
- “Commonsense Justice and the Death Penalty: Problematizing the ‘Will of the People,’” Psychology, Public Policy, and Law, 3, 303-337.

“Violence and the Capital Jury: Mechanisms of Moral Disengagement and the Impulse to Condemn to Death,” Stanford Law Review, 49, 1447-1486.

“Mitigation and the Study of Lives: The Roots of Violent Criminality and the Nature of Capital Justice.” In James Acker, Robert Bohm, and Charles Lanier, America’s Experiment with Capital Punishment: Reflections on the Past, Present, and Future of the Ultimate Penal Sanction. Durham, NC: Carolina Academic Press, 343-377.

“Clarifying Life and Death Matters: An Analysis of Instructional Comprehension and Penalty Phase Arguments” (with M. Lynch), Law and Human Behavior, 21, 575-595.

“Psychological Secrecy and the Death Penalty: Observations on ‘the Mere Extinguishment of Life,’” Studies in Law, Politics, and Society, 16, 3-69.

1995 “The Social Context of Capital Murder: Social Histories and the Logic of Capital Mitigation,” Santa Clara Law Review, 35, 547-609. [Reprinted in part in David Papke (Ed.), Law and Popular Culture, Lexis/Nexis Publications, 2011].

“Taking Capital Jurors Seriously,” Indiana Law Journal, 70, 1223-1232.

“Death Penalty Opinion: Myth and Misconception,” California Criminal Defense Practice Reporter, 1995(1), 1-7.

1994 “The Jurisprudence of Race and Meritocracy: Standardized Testing and ‘Race-Neutral’ Racism in the Workplace,” (with A. Hurtado), Law and Human Behavior, 18, 223-248.

“Comprehending Life and Death Matters: A Preliminary Study of California’s Capital Penalty Instructions” (with M. Lynch), Law and Human Behavior, 18, 411-434.

“Felony Voir Dire: An Exploratory Study of Its Content and Effect,” (with C. Johnson), Law and Human Behavior, 18, 487-506.

“Broken Promise: The Supreme Court’s Response to Social Science Research on Capital Punishment” (with D. Logan), Journal of Social Issues (special issue on the death penalty in the United States), 50, 75-101.

- “Deciding to Take a Life: Capital Juries, Sentencing Instructions, and the Jurisprudence of Death” (with L. Sontag and S. Costanzo), Journal of Social Issues (special issue on the death penalty in the United States), 50, 149-176. [Reprinted in Koosed, M. (Ed.), Capital Punishment. New York: Garland Publishing (1995).]
- “Modern’ Death Qualification: New Data on Its Biasing Effects,” (with A. Hurtado and L. Vega), Law and Human Behavior, 18, 619-633.
- “Processing the Mad, Badly,” Contemporary Psychology, 39, 898-899.
- “Language is Power,” Contemporary Psychology, 39, 1039-1040.
- 1993 “Infamous Punishment: The Psychological Effects of Isolation,” National Prison Project Journal, 8, 3-21. [Reprinted in Marquart, James & Sorensen, Jonathan (Eds.), Correctional Contexts: Contemporary and Classical Readings (pp. 428-437). Los Angeles: Roxbury Publishing (1997); Alarid, Leanne & Cromwell, Paul (Eds.), Correctional Perspectives: Views from Academics, Practitioners, and Prisoners (pp. 161-170). Los Angeles: Roxbury Publishing (2001).]
- “Psychology and Legal Change: The Impact of a Decade,” Law and Human Behavior, 17, 371-398. [Reprinted in: Roesch, R., & Gagnon, N. (Eds.), Psychology and Law: Criminal and Civil Perspectives. Hampshire, UK: Ashgate (2007).]
- 1992 “Death Penalty Attitudes: The Beliefs of Death-Qualified Californians,” (with A. Hurtado and L. Vega). Forum, 19, 43-47.
- “The Influence of Race on Sentencing: A Meta-Analytic Review of Experimental Studies.” (with L. Sweeney). Special issue on Discrimination and the Law. Behavioral Science and Law, 10, 179-195.
- 1991 “The Fourteenth Amendment and Symbolic Legality: Let Them Eat Due Process,” Law and Human Behavior, 15, 183-204.
- 1988 “In Defense of the Jury,” Contemporary Psychology, 33, 653-655.

- 1986 "Civil Rights and Institutional Law: The Role of Social Psychology in Judicial Implementation," (with T. Pettigrew), Journal of Community Psychology, 14, 267-277.
- 1984 "Editor's Introduction. Special Issue on Death Qualification," Law and Human Behavior, 8, 1-6.

"On the Selection of Capital Juries: The Biasing Effects of Death Qualification," Law and Human Behavior, 8, 121-132.

"Examining Death Qualification: Further Analysis of the Process Effect," Law and Human Behavior, 8, 133-151.

"Evolving Standards and the Capital Jury," Law and Human Behavior, 8, 153-158.

"Postscript," Law and Human Behavior, 8, 159.

"Social Factfinding and Legal Decisions: Judicial Reform and the Use of Social Science." In Muller, D., Blackman, D., and Chapman, A. (Eds.), Perspectives in Psychology and Law. New York: John Wiley, pp. 43-54.
- 1983 "The Future of Crime and Personality Research: A Social Psychologist's View," in Laufer, W. and Day, J. (Eds.), Personality Theory, Moral Development, and Criminal Behavioral Behavior. Lexington, Mass.: Lexington Books, pp. 471-473.

"The Good, the Bad, and the Lawful: An Essay on Psychological Injustice," in Laufer, W. and Day, J. (Eds.), Personality Theory, Moral Development, and Criminal Behavior. Lexington, Mass.: Lexington Books, pp. 107-117.

"Ordering the Courtroom, Psychologically," Jurimetrics, 23, 321-324.
- 1982 "Psychological Theory and Criminal Justice Policy: Law and Psychology in the 'Formative Era,'" Law and Human Behavior, 6, 191-235. [Reprinted in Presser, S. and Zainaldin, J. (Eds.), Law and American History: Cases and Materials. Minneapolis, MN: West Publishing, 1989; and in C. Kubrin, T. Stucky & A. Tynes (Eds.) Introduction to Criminal Justice: A Sociological Perspective. Palo Alto, CA: Stanford University Press (2012).]

“Data and Decisions: Social Science and Judicial Reform,” in P. DuBois (Ed.), The Analysis of Judicial Reform. Lexington, Mass.: D.C. Heath, pp. 43-59.

“Employment Tests and Employment Discrimination: A Dissenting Psychological Opinion,” Industrial Relations Law Journal, 5, pp. 1-86.

“To Polygraph or Not: The Effects of Preemployment Polygraphing on Work-Related Attitudes,” (with L. White and M. Lopez), Polygraph, 11, 185-199.

1981 “Death Qualification as a Biasing Legal Process,” The Death Penalty Reporter, 1 (10), pp. 1-5. [Reprinted in Augustus: A Journal of Progressive Human Sciences, 9(3), 9-13 (1986).]

1980 “Juries and the Death Penalty: Readdressing the Witherspoon Question,” Crime and Delinquency, October, pp. 512-527.

“Psychology and Legal Change: On the Limits of a Factual Jurisprudence,” Law and Human Behavior, 6, 191-235. [Reprinted in Loh, Wallace (Ed.), Social Research and the Judicial Process. New York: Russell Sage, 1983.]

“The Creation of Legal Dependency: Law School in a Nutshell” (with M. Lowy), in R. Warner (Ed.), The People’s Law Review. Reading, Mass.: Addison-Wesley, pp. 36-41.

“Television Criminology: Network Illusions of Criminal Justice Realities” (with J. Manzolari), in E. Aronson (Ed.), Readings on the Social Animal. San Francisco, W.H. Freeman, pp. 125-136.

1979 “A Psychologist Looks at the Criminal Justice System,” in A. Calvin (Ed.), Challenges and Alternatives to the Criminal Justice System. Ann Arbor: Monograph Press, pp. 77-85.

“Social Psychology and the Criminal Law,” in P. Middlebrook (Ed.), Social Psychology and Modern Life. New York: Random House, pp. 671-711.

“Bargain Justice in an Unjust World: Good Deals in the Criminal Courts” (with M. Lowy), Law and Society Review, 13, pp. 633-650.

[Reprinted in Kadish, Sanford and Paulsen, Robert (Eds.), Criminal Law and Its Processes. Boston: Little, Brown, 1983.]

- 1977 "Prison Behavior" (with P. Zimbardo), in B. Wolman (Ed.), The Encyclopedia of Neurology, Psychiatry, Psychoanalysis, and Psychology, Vol. IX, pp. 70-74.
- "The Socialization into Criminality: On Becoming a Prisoner and a Guard" (with P. Zimbardo), in J. Tapp and F. Levine (Eds.), Law, Justice, and the Individual in Society: Psychological and Legal Issues (pp. 198-223). New York: Holt, Rinehart, and Winston.
- 1976 "The Play's the Thing: Methodological Notes on Social Simulations," in P. Golden (Ed.), The Research Experience, pp. 177-190. Itasca, IL: Peacock.
- 1975 "The Blackboard Penitentiary: It's Tough to Tell a High School from a Prison" (with P. Zimbardo). Psychology Today, 26ff.
- "Implementing Research Results in Criminal Justice Settings," Proceedings, Third Annual Conference on Corrections in the U.S. Military, Center for Advanced Study in the Behavioral Sciences, June 6-7.
- "The Psychology of Imprisonment: Privation, Power, and Pathology" (with P. Zimbardo, C. Banks, and D. Jaffe), in D. Rosenhan and P. London (Eds.), Theory and Research in Abnormal Psychology. New York: Holt Rinehart, and Winston. [Reprinted in: Rubin, Z. (Ed.), Doing Unto Others: Joining, Molding, Conforming, Helping, Loving. Englewood Cliffs: Prentice-Hall, 1974. Brigham, John, and Wrightsman, Lawrence (Eds.) Contemporary Issues in Social Psychology. Third Edition. Monterey: Brooks/Cole, 1977. Calhoun, James Readings, Cases, and Study Guide for Psychology of Adjustment and Human Relationships. New York: Random House, 1978; translated as: La Psicología del encarcelamiento: privación, poder y patología, Revisita de Psicología Social, 1, 95-105 (1986).]
- 1973 "Social Roles, Role-Playing, and Education" (with P. Zimbardo), The Behavioral and Social Science Teacher, Fall, 1(1), pp. 24-45. [Reprinted in: Zimbardo, P., and Maslach, C. (Eds.) Psychology For Our Times. Glenview, Ill.: Scott, Foresman, 1977. Hollander, E.

and Hunt, R. (Eds.) Current Perspectives in Social Psychology. Third Edition. New York: Oxford University Press, 1978.]

“The Mind is a Formidable Jailer: A Pirandellian Prison” (with P. Zimbardo, C. Banks, and D. Jaffe), The New York Times Magazine, April 8, Section 6, 38-60. [Reprinted in Krupat, E. (Ed.), Psychology Is Social: Readings and Conversations in Social Psychology. Glenview, Ill.: Scott, Foresman, 1982.]

“Interpersonal Dynamics in a Simulated Prison” (with C. Banks and P. Zimbardo), International Journal of Criminology and Penology, 1, pp. 69-97. [Reprinted in: Steffensmeier, Darrell, and Terry, Robert (Eds.) Examining Deviance Experimentally. New York: Alfred Publishing, 1975; Golden, P. (Ed.) The Research Experience. Itasca, Ill.: Peacock, 1976; Leger, Robert (Ed.) The Sociology of Corrections. New York: John Wiley, 1977; A kiserleti tarsadalom-lelektan foarma. Budapest, Hungary: Gondolat Konyvkiado, 1977; Johnston, Norman, and Savitz, L. Justice and Corrections. New York: John Wiley, 1978; Research Methods in Education and Social Sciences. The Open University, 1979; Goldstein, J. (Ed.), Modern Sociology. British Columbia: Open Learning Institute, 1980; Ross, Robert R. (Ed.), Prison Guard/ Correctional Officer: The Use and Abuse of Human Resources of Prison. Toronto: Butterworth’s 1981; Monahan, John, and Walker, Laurens (Eds.), Social Science in Law: Cases, Materials, and Problems. Foundation Press, 1985; Siuta, Jerzy (Ed.), The Context of Human Behavior. Jagiellonian University Press, 2001; Ferguson, Susan (Ed.), Mapping the Social Landscape: Readings in Sociology. St. Enumclaw, WA: Mayfield Publishing, 2001 & 2010; Pethes, Nicolas (Ed.), Menschenversuche (Experiments with Humans). Frankfurt, Germany: Suhrkamp Verlag, 2006.]

“A Study of Prisoners and Guards” (with C. Banks and P. Zimbardo). Naval Research Reviews, 1-17. [Reprinted in Aronson, E. (Ed.) Readings About the Social Animal. San Francisco: W.H. Freeman, 1980; Gross, R. (Ed.) Key Studies in Psychology. Third Edition. London: Hodder & Stoughton, 1999; Collier, C. (Ed.), Basic Themes in Law and Jurisprudence. Anderson Publishing, 2000.]

MEMBERSHIP/ACTIVITIES IN PROFESSIONAL ASSOCIATIONS

American Psychological Association

American Psychology and Law Society

Law and Society Association

National Council on Crime and Delinquency

INVITED ADDRESSES AND PAPERS PRESENTED AT PROFESSIONAL ACADEMIC
MEETINGS AND RELATED SETTINGS (SELECTED)

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| 2013 | “Bending Toward Justice: Psychological Science and Criminal Justice Reform,” Invited Plenary Address, American Psychological Association Annual Convention, Honolulu, HI, August. |
| 2012 | “The Psychological Consequences of Long-term Solitary Confinement,” Joint Yale/Columbia Law School Conference on Incarceration and Isolation, New York, April. |
| 2011 | <p>“Tensions Between Psychology and the Criminal Justice System: On the Persistence of Injustice,” opening presentation, “A Critical Eye on Criminal Justice” lecture series, Golden Gate University Law School, San Francisco, CA, January.</p> <p>“The Decline in Death Penalty Verdicts and Executions: The Death of Capital Punishment?” Presentation at “A Legacy of Justice” week, at the University of California, Davis King Hall Law School, Davis, CA, January.</p> <p>“Invited Keynote Address: The Nature and Consequences of Prison Overcrowding—Urgency and Implications,” West Virginia School of Law, Morgantown, West Virginia, March.</p> <p>“Symposium: The Stanford Prison Experiment—Enduring Lessons 40 Years Later,” American Psychological Association Annual Convention, Washington, DC, August.</p> <p>“The Dangerous Overuse of Solitary Confinement: Pervasive Human Rights Violations in Prisons, Jails, and Other Places of Detention” Panel, United Nations, New York, New York, October.</p> <p>“Criminal Justice Reform: Issues and Recommendation,” United States Congress, Washington, DC, November.</p> |
| 2010 | “The Hardening of Prison Conditions,” Opening Address, “The Imprisoned” Arthur Liman Colloquium Public Interest Series, Yale Law School, New Haven, CN, March. |

“Desensitization to Inhumane Treatment: The Pitfalls of Prison Work,” panel presentation at “The Imprisoned” Arthur Liman Colloquium Public Interest Series, Yale Law School, New Haven, CN, March.

“Mental Ill Health in Immigration Detention,” Department of Homeland Security/DOJ Office for Civil Rights and Civil Liberties, Washington, DC, September.

2009 “Counting Casualties in the War on Prisoners,” Keynote Address, at “The Road to Prison Reform: Treating the Causes and Conditions of Our Overburdened System,” University of Connecticut Law School, Hartford, CN, February.

“Defining the Problem in California’s Prison Crisis: Overcrowding and Its Consequences,” California Correctional Crisis Conference,” Hastings Law School, San Francisco, CA, March.

2008 “Prisonization and Contemporary Conditions of Confinement,” Keynote Address, Women Defenders Association, Boalt Law School, University of California, November.

“Media Criminology and the Empathic Divide: The Continuing Significance of Race in Capital Trials,” Invited Address, Media, Race, and the Death Penalty Conference, DePaul University School of Law, Chicago, IL, March.

“The State of the Prisons in California,” Invited Opening Address, Confronting the Crisis: Current State Initiatives and Lasting Solutions for California’s Prison Conditions Conference, University of San Francisco School of Law, San Francisco, CA, March.

“Mass Incarceration and Its Effects on American Society,” Invited Opening Address, Behind the Walls Prison Law Symposium, University of California Davis School of Law, Davis, CA, March.

2007 “The Psychology of Imprisonment: How Prison Conditions Affect Prisoners and Correctional Officers,” United States Department of Justice, National Institute of Corrections Management Training for “Correctional Excellence” Course, Denver, CO, May.

“Statement on Psychologists, Detention, and Torture,” Invited

Address, American Psychological Association Annual Convention, San Francisco, CA, August.

"Prisoners of Isolation," Invited Address, University of Indiana Law School, Indianapolis, IN, October.

"Mitigation in Three Strikes Cases," Stanford Law School, Palo Alto, CA, September.

"The Psychology of Imprisonment," Occidental College, Los Angeles, CA, November.

2006 "Mitigation and Social Histories in Death Penalty Cases," Ninth Circuit Federal Capital Case Committee, Seattle, WA, May.

"The Crisis in the Prisons: Using Psychology to Understand and Improve Prison Conditions," Invited Keynote Address, Psi Chi (Undergraduate Psychology Honor Society) Research Conference, San Francisco, CA, May.

"Exoneration and 'Wrongful Condemnation': Why Juries Sentence to Death When Life is the Proper Verdict," Faces of Innocence Conference, UCLA Law School, April.

"The Continuing Effects of Imprisonment: Implications for Families and Communities," Research and Practice Symposium on Incarceration and Marriage, United States Department of Health and Human Services, Washington, DC, April.

"Ordinary People, Extraordinary Acts," National Guantanamo Teach In, Seton Hall School of Law, Newark, NJ, October.

"The Next Generation of Death Penalty Research," Invited Address, State University of New York, School of Criminal Justice, Albany, NY, October.

2005 "The 'Design' of the System of Death Sentencing: Systemic Forms of 'Moral Disengagement in the Administration of Capital Punishment, Scholar-in-Residence, invited address, Center for Social Justice, Boalt Hall School of Law (Berkeley), March.

"Humane Treatment for Asylum Seekers in U.S. Detention Centers, United States House of Representatives, Washington, DC, March.

“Prisonworld: What Overincarceration Has Done to Prisoners and the Rest of Us,” Scholar-in-Residence, invited address, Center for Social Justice, Boalt Hall School of Law (Berkeley), March.

“Prison Conditions and Their Psychological Effects on Prisoners,” European Association for Psychology and Law, Vilnius, Lithuania, July.

2004 “Recognizing the Adverse Psychological Effects of Incarceration, With Special Attention to Solitary-Type Confinement and Other Forms of ‘Ill-Treatment’ in Detention,” International Committee of the Red Cross, Training Program for Detention Monitors, Geneva, Switzerland, November.

“Prison Conditions in Post-“War on Crime” Era: Coming to Terms with the Continuing Pains of Imprisonment,” Boalt Law School Conference, After the War on Crime: Race, Democracy, and a New Reconstruction, Berkeley, CA, October.

“Cruel and Unusual? The United States Prison System at the Start of the 21st Century,” Invited speaker, Siebel Scholars Convocation, University of Illinois, Urbana, IL, October.

“The Social Historical Roots of Violence: Introducing Life Narratives into Capital Sentencing Procedures,” Invited Symposium, XXVIII International Congress of Psychology, Beijing, China, August.

“Death by Design: Capital Punishment as a Social Psychological System,” Division 41 (Psychology and Law) Invited Address, American Psychological Association Annual Convention, Honolulu, HI, July.

“The Psychology of Imprisonment and the Lessons of Abu Ghraib,” Commonwealth Club Public Interest Lecture Series, San Francisco, May.

“Restructuring Prisons and Restructuring Prison Reform,” Yale Law School Conference on the Current Status of Prison Litigation in the United States, New Haven, CN, May.

“The Effects of Prison Conditions on Prisoners and Guards: Using Psychological Theory and Data to Understand Prison Behavior,” United States Department of Justice, National Institute of Corrections Management Training Course, Denver, CO, May.

"The Contextual Revolution in Psychology and the Question of Prison Effects: What We Know about How Prison Affects Prisoners and Guards," Cambridge University, Cambridge, England, April.

"Death Penalty Attitudes, Death Qualification, and Juror Instructional Comprehension," American Psychology-Law Society, Annual Conference, Scottsdale, AZ, March.

2003 "Crossing the Empathic Divide: Race Factors in Death Penalty Decisionmaking," DePaul Law School Symposium on Race and the Death Penalty in the United States, Chicago, October.

"Supermax Prisons and the Prison Reform Paradigm," PACE Law School Conference on Prison Reform Revisited: The Unfinished Agenda, New York, October.

"Mental Health Issues in Supermax Confinement," European Psychology and Law Conference, University of Edinburgh, Scotland, July.

"Roundtable on Capital Punishment in the United States: The Key Psychological Issues," European Psychology and Law Conference, University of Edinburgh, Scotland, July.

"Psychology and Legal Change: Taking Stock," European Psychology and Law Conference, University of Edinburgh, Scotland, July.

"Economic Justice and Criminal Justice: Social Welfare and Social Control," Society for the Study of Social Issues Conference, January.

"Race, Gender, and Class Issues in the Criminal Justice System," Center for Justice, Tolerance & Community and Barrios Unidos Conference, March.

2002 "The Psychological Effects of Imprisonment: Prisonization and Beyond." Joint Urban Institute and United States Department of Health and Human Services Conference on "From Prison to Home." Washington, DC, January.

"On the Nature of Mitigation: Current Research on Capital Jury Decisionmaking." American Psychology and Law Society, Mid-Winter Meetings, Austin, Texas, March.

“Prison Conditions and Death Row Confinement.” New York Bar Association, New York City, June.

2001 “Supermax and Solitary Confinement: The State of the Research and the State of the Prisons.” Best Practices and Human Rights in Supermax Prisons: A Dialogue. Conference sponsored by University of Washington and the Washington Department of Corrections, Seattle, September.

“Mental Health in Supermax: On Psychological Distress and Institutional Care.” Best Practices and Human Rights in Supermax Prisons: A Dialogue. Conference sponsored by University of Washington and the Washington Department of Corrections, Seattle, September.

“On the Nature of Mitigation: Research Results and Trial Process and Outcomes.” Boalt Hall School of Law, University of California, Berkeley, August.

“Toward an Integrated Theory of Mitigation.” American Psychological Association Annual Convention, San Francisco, CA, August.

Discussant: “Constructing Class Identities—The Impact of Educational Experiences.” American Psychological Association Annual Convention, San Francisco, CA, August.

“The Rise of Carceral Consciousness.” American Psychological Association Annual Convention, San Francisco, CA, August.

2000 “On the Nature of Mitigation: Countering Generic Myths in Death Penalty Decisionmaking,” City University of New York Second International Advances in Qualitative Psychology Conference, March.

“Why Has U.S. Prison Policy Gone From Bad to Worse? Insights From the Stanford Prison Study and Beyond,” Claremont Conference on Women, Prisons, and Criminal Injustice, March.

“The Use of Social Histories in Capital Litigation,” Yale Law School, April.

“Debunking Myths About Capital Violence,” Georgetown Law School, April.

“Research on Capital Jury Decisionmaking: New Data on Juror Comprehension and the Nature of Mitigation,” Society for Study of Social Issues Convention, Minneapolis, June.

“Crime and Punishment: Where Do We Go From Here?” Division 41 Invited Symposium, “Beyond the Boundaries: Where Should Psychology and Law Be Taking Us?” American Psychological Association Annual Convention, Washington, DC, August.

1999 “Psychology and the State of U.S. Prisons at the Millennium,” American Psychological Association Annual Convention, Boston, MA, August.

“Spreading Prison Pain: On the Worldwide Movement Towards Incarcerative Social Control,” Joint American Psychology-Law Society/European Association of Psychology and Law Conference, Dublin, Ireland, July.

1998 “Prison Conditions and Prisoner Mental Health,” Beyond the Prison Industrial Complex Conference, University of California, Berkeley, September.

“The State of US Prisons: A Conversation,” International Congress of Applied Psychology, San Francisco, CA, August.

“Deathwork: Capital Punishment as a Social Psychological System,” Invited SPPSI Address, American Psychological Association Annual Convention, San Francisco, CA, August.

“The Use and Misuse of Psychology in Justice Studies: Psychology and Legal Change: What Happened to Justice?” (panelist), American Psychological Association Annual Convention, San Francisco, CA, August.

“Twenty Five Years of American Corrections: Past and Future,” American Psychology and Law Society, Redondo Beach, CA, March.

1997 “Deconstructing the Death Penalty,” School of Justice Studies, Arizona State University, Tempe, AZ, October.

“Mitigation and the Study of Lives,” Invited Address to Division 41 (Psychology and Law), American Psychological Association Annual Convention, Chicago, August.

- 1996 "The Stanford Prison Experiment and 25 Years of American Prison Policy," American Psychological Association Annual Convention, Toronto, August.
- 1995 "Looking Closely at the Death Penalty: Public Stereotypes and Capital Punishment," Invited Address, Arizona State University College of Public Programs series on Free Speech, Affirmative Action and Multiculturalism, Tempe, AZ, April.
- "Race and the Flaws of the Meritocratic Vision," Invited Address, Arizona State University College of Public Programs series on Free Speech, Affirmative Action and Multiculturalism, Tempe, AZ, April.
- "Taking Capital Jurors Seriously," Invited Address, National Conference on Juries and the Death Penalty, Indiana Law School, Bloomington, February.
- 1994 "Mitigation and the Social Genetics of Violence: Childhood Treatment and Adult Criminality," Invited Address, Conference on the Capital Punishment, Santa Clara Law School, October, Santa Clara.
- 1992 "Social Science and the Death Penalty," Chair and Discussant, American Psychological Association Annual Convention, San Francisco, CA, August.
- 1991 "Capital Jury Decisionmaking," Invited panelist, American Psychological Association Annual Convention, Atlanta, GA, August.
- 1990 "Racial Discrimination in Death Penalty Cases," Invited presentation, NAACP Legal Defense Fund Conference on Capital Litigation, August, Airlie, VA.
- 1989 "Psychology and Legal Change: The Impact of a Decade," Invited Address to Division 41 (Psychology and Law), American Psychological Association Annual Convention, New Orleans, LA., August.
- "Judicial Remedies to Pretrial Prejudice," Law & Society Association Annual Meeting, Madison, WI, June.

- “The Social Psychology of Police Interrogation Techniques” (with R. Liebowitz), Law & Society Association Annual Meeting, Madison, WI, June.
- 1987 “The Fourteenth Amendment and Symbolic Legality: Let Them Eat Due Process,” APA Annual Convention, New York, N.Y. August.
- “The Nature and Function of Prison in the United States and Mexico: A Preliminary Comparison,” InterAmerican Congress of Psychology, Havana, Cuba, July.
- 1986 Chair, Division 41 Invited Address and “Commentary on the Execution Ritual,” APA Annual Convention, Washington, D.C., August.
- “Capital Punishment,” Invited Address, National Association of Criminal Defense Lawyers Annual Convention, Monterey, CA, August.
- 1985 “The Role of Law in Graduate Social Science Programs” and “Current Directions in Death Qualification Research,” American Society of Criminology, San Diego, CA, November.
- “The State of the Prisons: What’s Happened to ‘Justice’ in the ‘70s and ‘80s?” Invited Address to Division 41 (Psychology and Law); APA Annual Convention, Los Angeles, CA, August.
- 1983 “The Role of Social Science in Death Penalty Litigation.” Invited Address in National College of Criminal Defense Death Penalty Conference, Indianapolis, IN, September.
- 1982 “Psychology in the Court: Social Science Data and Legal Decision-Making.” Invited Plenary Address, International Conference on Psychology and Law, University College, Swansea, Wales, July.
- 1982 “Paradigms in Conflict: Contrasting Methods and Styles of Psychology and Law.” Invited Address, Social Science Research Council, Conference on Psychology and Law, Wolfson College, Oxford University, March.

- 1982 “Law and Psychology: Conflicts in Professional Roles.” Invited paper, Western Psychological Association Annual Meeting, April.
- 1980 “Using Psychology in Test Case Litigation,” panelist, American Psychological Association Annual Convention, Montreal, Canada, September.
- “On the Selection of Capital Juries: The Biasing Effects of Death Qualification.” Paper presented at the Interdisciplinary Conference on Capital Punishment. Georgia State University, Atlanta, GA, April.
- “Diminished Capacity and Imprisonment: The Legal and Psychological Issues,” Proceedings of the American Trial Lawyers Association, Mid-Winter Meeting, January.
- 1975 “Social Change and the Ideology of Individualism in Psychology and Law.” Paper presented at the Western Psychological Association Annual Meeting, April.

SERVICE TO STAFF OR EDITORIAL BOARDS OF FOUNDATIONS, SCHOLARLY JOURNALS OR PRESSES

- 2011-present Editorial Consultant, Social Psychological and Personality Science.
- 2008-present Editorial Consultant, New England Journal of Medicine.
- 2007-present Editorial Board Member, Correctional Mental Health Reporter.
- 2007-present Editorial Board Member, Journal of Offender Behavior and Rehabilitation.
- 2004-present Editorial Board Member, American Psychology and Law Society Book Series, Oxford University Press.
- 2000-2003 Reviewer, Society for the Study of Social Issues Grants-in-Aid Program.
- 2000-present Editorial Board Member, ASAP (on-line journal of the Society for the Study of Social Issues)

1997-present Editorial Board Member, Psychology, Public Policy, and Law

1991 Editorial Consultant, Brooks/Cole Publishing

1989 Editorial Consultant, Journal of Personality and Social Psychology

1988- Editorial Consultant, American Psychologist

1985 Editorial Consultant, American Bar Foundation Research Journal

1985-2006 Law and Human Behavior, Editorial Board Member

1985 Editorial Consultant, Columbia University Press

1985 Editorial Consultant, Law and Social Inquiry

1980-present Reviewer, National Science Foundation

1997 Reviewer, National Institutes of Mental Health

1980-present Editorial Consultant, Law and Society Review

1979-1985 Editorial Consultant, Law and Human Behavior

1997-present Editorial Consultant, Legal and Criminological Psychology

1993-present Psychology, Public Policy, and Law, Editorial Consultant

GOVERNMENTAL, LEGAL AND CRIMINAL JUSTICE CONSULTING

Training Consultant, Palo Alto Police Department, 1973-1974.

Evaluation Consultant, San Mateo County Sheriff's Department, 1974.

Design and Training Consultant to Napa County Board of Supervisors, County Sheriff's Department (county jail), 1974.

Training Consultation, California Department of Corrections, 1974.

Consultant to California Legislature Select Committee in Criminal Justice, 1974, 1980-1981 (effects of prison conditions, evaluation of proposed prison legislation).

Reviewer, National Science Foundation (Law and Social Science, Research Applied to National Needs Programs), 1978-present.

Consultant, Santa Clara County Board of Supervisors, 1980 (effects of jail overcrowding, evaluation of county criminal justice policy).

Consultant to Packard Foundation, 1981 (evaluation of inmate counseling and guard training programs at San Quentin and Soledad prisons).

Member, San Francisco Foundation Criminal Justice Task Force, 1980-1982 (corrections expert).

Consultant to NAACP Legal Defense Fund, 1982- present (expert witness, case evaluation, attorney training).

Faculty, National Judicial College, 1980-1983.

Consultant to Public Advocates, Inc., 1983-1986 (public interest litigation).

Consultant to California Child, Youth, Family Coalition, 1981-82 (evaluation of proposed juvenile justice legislation).

Consultant to California Senate Office of Research, 1982 (evaluation of causes and consequences of overcrowding in California Youth Authority facilities).

Consultant, New Mexico State Public Defender, 1980-1983 (investigation of causes of February, 1980 prison riot).

Consultant, California State Supreme Court, 1983 (evaluation of county jail conditions).

Member, California State Bar Committee on Standards in Prisons and Jails, 1983.

Consultant, California Legislature Joint Committee on Prison Construction and Operations, 1985.

Consultant, United States Bureau of Prisons and United States Department of the Interior (Prison History, Conditions of Confinement Exhibition, Alcatraz Island), 1989-1991.

Consultant to United States Department of Justice, 1980-1990 (evaluation of institutional conditions).

Consultant to California Judicial Council (judicial training programs), 2000.

Consultant to American Bar Association/American Association for Advancement of Science Task Force on Forensic Standards for Scientific Evidence, 2000.

Invited Participant, White House Forum on the Uses of Science and Technology to Improve Crime and Prison Policy, 2000.

Member, Joint Legislative/California Department of Corrections Task Force on Violence, 2001.

Consultant, United States Department of Health & Human Services/Urban Institute, "Effects of Incarceration on Children, Families, and Low-Income Communities" Project, 2002.

Detention Consultant, United States Commission on International Religious Freedom (USCIRF). Evaluation of Immigration and Naturalization Service Detention Facilities, July, 2004-present.

Consultant, International Committee of the Red Cross, Geneva, Switzerland, Consultant on international conditions of confinement.

Member, Institutional Research External Review Panel, California Department of Corrections, November, 2004-2008.

Consultant, United States Department of Health & Human Services on programs designed to enhance post-prison success and community reintegration, 2006.

Consultant/Witness, U.S. House of Representatives, Judiciary Committee, Evaluation of legislative and budgetary proposals concerning the detention of aliens, February-March, 2005.

Invited Expert Witness to National Commission on Safety and Abuse in America's Prisons (Nicholas Katzenbach, Chair); Newark, New Jersey, July 19-20, 2005.

Testimony to the United States Senate, Judiciary Subcommittee on the Constitution, Civil Rights, and Property Rights (Senators Brownback and Feingold, co-chairs), Hearing on "An Examination of the Death Penalty in the United States," February 7, 2006.

National Council of Crime and Delinquency "Sentencing and Correctional Policy Task Force," member providing written policy recommendations to the California legislature concerning overcrowding crisis in the California Department of Corrections and Rehabilitation.

Trainer/Instructor, Federal Bureau of Prisons and United States Department of Justice,

“Correctional Excellence” Program, providing instruction concerning conditions of confinement and psychological stresses of living and working in correctional environments to mid-level management corrections professionals, May, 2004-2008.

Invited Expert Witness, California Commission on the Fair Administration of Justice, Public Hearing, Santa Clara University, March 28, 2008.

Invited Participant, Department of Homeland Security, Mental Health Effects of Detention and Isolation, 2010.

Consultant, “Reforming the Criminal Justice System in the United States” Joint Working Group with Senator James Webb and Congressional Staffs, 2011 Developing National Criminal Justice Commission Legislation.

Invited Participant, United Nations, Forum with United Nations Special Rapporteur on Torture Concerning the Overuse of Solitary Confinement, New York, October, 2011.

PRISON AND JAIL CONDITIONS EVALUATIONS AND LITIGATION

Hoptowit v. Ray [United States District Court, Eastern District of Washington, 1980; 682 F.2d 1237 (9th Cir. 1982)]. Evaluation of psychological effects of conditions of confinement at Washington State Penitentiary at Walla Walla for United States Department of Justice.

Wilson v. Brown (Marin Country Superior Court; September, 1982, Justice Burke). Evaluation of effects of overcrowding on San Quentin mainline inmates.

Thompson v. Enomoto (United States District Court, Northern District of California, Judge Stanley Weigel, 1982 and continuing). Evaluation of conditions of confinement on Condemned Row, San Quentin Prison.

Toussaint v. McCarthy [United States District Court, Northern District of California, Judge Stanley Weigel, 553 F. Supp. 1365 (1983); 722 F. 2d 1490 (9th Cir. 1984) 711 F. Supp. 536 (1989)]. Evaluation of psychological effects of

conditions of confinement in lockup units at DVI, Folsom, San Quentin, and Soledad.

In re Priest (Proceeding by special appointment of the California Supreme Court, Judge Spurgeon Avakian, 1983). Evaluation of conditions of confinement in Lake County Jail.

Ruiz v. Estelle [United States District Court, Southern District of Texas, Judge William Justice, 503 F. Supp. 1265 (1980)]. Evaluation of effects of overcrowding in the Texas prison system, 1983-1985.

In re Atascadero State Hospital (Civil Rights of Institutionalized Persons Act of 1980 action). Evaluation of conditions of confinement and nature of patient care at ASH for United States Department of Justice, 1983-1984.

In re Rock (Monterey County Superior Court 1984). Appointed to evaluate conditions of confinement in Soledad State Prison in Soledad, California.

In re Mackey (Sacramento County Superior Court, 1985). Appointed to evaluate conditions of confinement at Folsom State Prison mainline housing units.

Bruscino v. Carlson (United States District Court, Southern District of Illinois 1984-1985). Evaluation of conditions of confinement at the United States Penitentiary at Marion, Illinois [654 F. Supp. 609 (1987); 854 F.2d 162 (7th Cir. 1988)].

Dohner v. McCarthy [United States District Court, Central District of California, 1984-1985; 636 F. Supp. 408 (1985)]. Evaluation of conditions of confinement at California Men's Colony, San Luis Obispo.

Invited Testimony before Joint Legislative Committee on Prison Construction and Operations hearings on the causes and consequences of violence at Folsom Prison, June, 1985.

Stewart v. Gates [United States District Court, 1987]. Evaluation of conditions of confinement in psychiatric and medical units in Orange County Main Jail, Santa Ana, California.

Duran v. Anaya (United States District Court, 1987-1988). Evaluation of conditions of confinement in the Penitentiary of New Mexico, Santa Fe, New Mexico [Duran v. Anaya, No. 77-721 (D. N.M. July 17, 1980); Duran v. King, No. 77-721 (D. N.M. March 15, 1984)].

Gates v. Deukmejian (United States District Court, Eastern District of California, 1989). Evaluation of conditions of confinement at California Medical Facility, Vacaville, California.

Kozeak v. McCarthy (San Bernardino Superior Court, 1990). Evaluation of conditions of confinement at California Institution for Women, Frontera, California.

Coleman v. Gomez (United States District Court, Eastern District of California, 1992-3; Magistrate Moulds, Chief Judge Lawrence Karlton, 912 F. Supp. 1282 (1995). Evaluation of study of quality of mental health care in California prison system, special mental health needs at Pelican Bay State Prison.

Madrid v. Gomez (United States District Court, Northern District of California, 1993, District Judge Thelton Henderson, 889 F. Supp. 1146 (N.D. Cal. 1995). Evaluation of conditions of confinement and psychological consequences of isolation in Security Housing Unit at Pelican Bay State Prison, Crescent City, California.

Clark v. Wilson, (United States District Court, Northern District of California, 1998, District Judge Fern Smith, No. C-96-1486 FMS), evaluation of screening procedures to identify and treatment of developmentally disabled prisoners in California Department of Corrections.

Turay v. Seling [United States District Court, Western District of Washington (1998)]. Evaluation of Conditions of Confinement-Related Issues in Special Commitment Center at McNeil Island Correctional Center.

In re: The Commitment of Durden, Jackson, Leach, & Wilson. [Circuit Court, Palm Beach County, Florida (1999).] Evaluation of Conditions of Confinement in Martin Treatment Facility.

Ruiz v. Johnson [United States District Court, Southern District of Texas, District Judge William Wayne Justice, 37 F. Supp. 2d 855 (SD Texas 1999)]. Evaluation of current conditions of confinement, especially in security housing or "high security" units.

Osterback v. Moore (United States District Court, Southern District of Florida (97-2806-CIV-MORENO) (2001) [see, Osterback v. Moore, 531 U.S. 1172 (2001)]. Evaluation of Close Management Units and Conditions in the Florida Department of Corrections.

Valdivia v. Davis (United States District Court, Eastern District of California, 2002). Evaluation of due process protections afforded mentally ill and developmentally disabled parolees in parole revocation process.

Ayers v. Perry (United States District Court, New Mexico, 2003). Evaluation of conditions of confinement and mental health services in New Mexico Department of Corrections "special controls facilities."

Disability Law Center v. Massachusetts Department of Corrections (Federal District Court, Massachusetts, 2007). Evaluation of conditions of confinement and treatment of mentally ill prisoners in disciplinary lockup and segregation units.

Plata/Coleman v. Schwarzenegger (Ninth Circuit Court of Appeals, Three-Judge Panel, 2008). Evaluation of conditions of confinement, effects of overcrowding on provision of medical and mental health care in California Department of Corrections and Rehabilitation. [See Brown v. Plata, 131 S.Ct. 1910 (2011).]

Appendix B

CURRICULUM VITAE

Craig William Haney
Professor of Psychology
Director, Program in Legal Studies
University of California, Santa Cruz 95064

home address: 317 Ocean View Ave.
Santa Cruz, California 95062
phone: (831) 459-2153
fax: (831) 425-3664
email: psylaw@ucsc.edu

PREVIOUS EMPLOYMENT

1985-present	University of California, Santa Cruz, Professor of Psychology
1981-85	University of California, Santa Cruz, Associate Professor of Psychology
1978-81	University of California, Santa Cruz, Assistant Professor of Psychology
1977-78	University of California, Santa Cruz, Lecturer in Psychology
1976-77	Stanford University, Acting Assistant Professor of Psychology

EDUCATION

1978	Stanford Law School, J.D.
1978	Stanford University, Ph.D. (Psychology)
1972	Stanford University, M.A. (Psychology)
1970	University of Pennsylvania, B.A.

Craig Haney Trial, Hearing, Deposition Testimony over Last 4 Years

Trial/Hearing Testimony:

Ashmus v. Calderon (2010)
Tiner v. Belleque (2010)
Nevada v. Conner (2010)
People v. Topete (2011)
U.S. v. Lujan (2011)
Delaware v. Sykes (2012)
People v. Gatica (2012)
U.S. v. Richardson (2012)
Arizona v. Carlson (2012)

Deposition:

Gavin v. Alabama (2010)
Coleman v. Brown (2013)
Conley v. City and County of San Francisco (2013)
Mitchell v. Cate (2013)

Haney Statement of Fees/Compensation:

My billing rate for out-of-court time is \$250/hr. (with a daily cap of 8 hours per day) plus reasonable travel expenses. My billing rate for providing testimony, both in-court and out-of-court, is \$1,500 for half a day and \$3,000 for a full day.

Appendix C

CONFIDENTIAL

Subject to Protective Order

Documents sent from plaintiffs' counsel to plaintiffs' witness Dr. Craig Haney

Death Records

- [REDACTED]: ADC032045-185
- [REDACTED]: ADC061490-648, PLTF-PARSONS-002206-10
- [REDACTED]: ADC040693-1302
- [REDACTED]: ADC041302-459
- [REDACTED]: ADC061649-723, ADC067194-220
- [REDACTED]: ADC038909-9086
- [REDACTED]: ADC024880-929, ADC037377-514
- [REDACTED]: ADC039086-168
- [REDACTED]: ADC042032-349
- [REDACTED]: ADC042350-55
- [REDACTED]: ADC026255-415
- [REDACTED]: ADC025271-370, ADC039273-321, ADC042356-461
- [REDACTED]: ADC024516-61, ADC032292-405, ADC042462-606
- [REDACTED]: ADC061998-2260, PLTF-PARSONS-001958-63
- [REDACTED]: ADC026743-811, PLTF-PARSONS-001964-70
- [REDACTED]: ADC062287-357
- [REDACTED]: ADC039343-426, PLTF-PARSONS-001971-79
- [REDACTED]: ADC024930-48, ADC037515-685, ADC039445-644
- [REDACTED]: ADC062358-405, PLTF-PARSONS-001901-04
- [REDACTED]: ADC026672-742, ADC033654-58, ADC037686-994, ADC062406-526, PLTF-PARSONS-002281-92
- [REDACTED]: ADC042823-3199, ADC062527-602
- [REDACTED]: ADC025175-270, ADC037995-8217, ADC062603-77
- [REDACTED]: ADC062678-734
- [REDACTED]: ADC043269-95
- [REDACTED]: ADC062735-828
- [REDACTED]: ADC024775-879
- [REDACTED]: ADC062914-83
- [REDACTED]: ADC062984-3138
- [REDACTED]: ADC032686-776
- [REDACTED]: ADC043882-971
- [REDACTED]: ADC047720-958, PLTF-PARSONS-000386-428, PLTF-PARSONS-000746-1341, PLTF-PARSONS-001421-581, PLTF-PARSONS-002116-24
- [REDACTED]: ADC063515-711
- [REDACTED]: ADC025844-6071, ADC033674-78, ADC043296-308, ADC063712-836
- [REDACTED]: ADC024562-95, ADC034363-429, ADC063837-967
- [REDACTED]: ADC032879-937

- [REDACTED] ADC044182-455
- [REDACTED] ADC032938-3025, PLTF-PARSONS-001914-17
- [REDACTED] ADC024598-716, ADC033684-88, ADC038394-434, ADC064610-839
- [REDACTED] ADC026154-95, ADC034430-38, ADC064840-5029
- [REDACTED] ADC025372-843
- [REDACTED] ADC044456-840
- [REDACTED] ADC033048-168
- [REDACTED] ADC026957-7099, ADC033689-94, ADC044841-994
- [REDACTED] ADC026416-671, ADC044995-5043, ADC065030-272
- [REDACTED] ADC045044-537
- [REDACTED] ADC026196-254
- [REDACTED] ADC026930-55, PLTF-PARSONS-002293-303
- [REDACTED] ADC047244-719, PLTF-PARSONS-002304-312
- [REDACTED] ADC024949-88, ADC034462-615, PLTF-PARSONS-002313-18
- [REDACTED] ADC024362-480, ADC033191-335, ADC038437-703
- [REDACTED] ADC045579-6408
- [REDACTED] ADC025110-39, ADC046409-42, PLTF-PARSONS-002319-25
- [REDACTED] ADC046443-777
- [REDACTED] ADC046918-46, ADC065370-599
- [REDACTED] ADC024171-221, ADC034616-19, ADC065600-767
- [REDACTED] ADC026072-153, ADC033699-709, ADC038704-06, ADC065768-896
- [REDACTED] ADC065906-6204
- [REDACTED] ADC066299-413
- [REDACTED] ADC066492-743
- [REDACTED] ADC066744-87, PLTF-PARSONS-001987-89
- [REDACTED] ADC024481-515, ADC034620-79, ADC066788-7045
- [REDACTED] ADC033537-638, PLTF-PARSONS-001941-42

Declarations

- Declaration of D. Brislan, 10/30/12 (Exhibit F, Declaration of David Fathi in Support of Prisoner Plaintiffs' Motion for Class Certification)
- Declaration of G. Fizer, 12/24/12 (Exhibit 4, Defendants' Response to Plaintiffs' Motion for Class Certification)
- Declaration of J. Polson, 11/1/12 (Exhibit R, Declaration of David Fathi in Support of Prisoner Plaintiffs' Motion for Class Certification)
- Declaration of B. Shaw, 12/21/12 (Exhibit 1, Defendants' Response to Plaintiffs' Motion for Class Certification)
- Declaration of J. Thomas, 10/16/12 (Exhibit M, Declaration of David Fathi in Support of Prisoner Plaintiffs' Motion for Class Certification)

- Declaration of C. Verduzco, 10/18/12 (Exhibit S, Declaration of David Fathi in Support of Prisoner Plaintiffs' Motion for Class Certification)

Department Orders and Director's Instructions

- ADC011582-92: DO 105 – Information Reporting
- ADC092398: DO105 Attachment – Incidents Requiring a Significant Incident Report
- ADC012680-96: DO 704 – Inmate Regulations
- ADC013837-59: DO 801 – Inmate Classification
- ADC048527-37: DO 802 – Inmate Grievance Procedure
- ADC013875-910: DO 803 – Inmate Disciplinary Procedure
- ADC013911-22: DO 804 – Inmate Behavior Control
- ADC107478-505: DO 804 – Inmate Behavior Control, updated 6/7/12 (restricted)
- ADC082205-26: DO 805 – Protective Custody
- ADC013941-66: DO 806 – Security Threat Groups (STGs)
- ADC013967-93: DO 807 – Inmate Suicide Prevention, Precautionary Watches, and Maximum Behavior Control Restraints
- ADC013994-014004: DO 809 - Earned Incentive Program
- ADC082227-35: DO 811 - Individual Inmate Assessments and Reviews
- ADC012938-62: DO 903 - Inmate Work Activities
- ADC082236-52: DO 904 - Inmate Religious Activities/Marriage Requests
- ADC013018-28: DO 906 - Inmate Recreation/Arts & Crafts
- ADC013029-74: DO 909 - Inmate Property
- ADC013075-98: DO 910 - Inmate Education and Resource Center Services
- ADC013099-136: DO 911 - Inmate Visitation
- ADC013137-41: DO 912 - Food Service
- ADC013142-65: DO 914 - Inmate Mail
- ADC013166-79: DO 915 - Inmate Phone Calls
- ADC013180-82: DO 916 – Staff-Inmate Communications
- ADC013210-17: DO 920 – Inmate Special Education Services
- ADC048543-73: DO 1101 - Inmate Access to Health Care
- ADC048574-97: DO 1103 – Inmate Mental Health Care, Treatment, and Programs
- ADC048598-607: DO 1104 - Inmate Medical Records
- ADC048608-12: DO 1105 – Inmate Mortality Review
- ADC082042-5: DI 145 - Strip Searches
- ADC082053: DI 298 - Modification of DO 1103, Inmate Mental Health Care, Treatment and Programs
- ADC082054-55: DI 300: 703 Monthly "GAR" Inspections
- ADC084421: DI 301: Modification of DO 912, Food Service

Depositions

- *ADC, Wexford, and Corizon Staff*
 - Deposition Transcript: Kathleen Campbell, RN, 9/11/13
 - Deposition Transcript: Kathleen Campbell, RN, 9/23/13
 - Deposition Transcript: Tracy Crews, M.D., 10/3/12
 - Deposition Transcript: Greg Fizer, 10/29/12
 - Deposition Transcript and Exhibits: Arthur Gross, 9/9/13
 - Deposition Transcript: Carson McWilliams, 9/27/13
 - Deposition Transcript and Exhibits: Joseph Pastor, 10/4/13
 - Deposition Transcript: Ben Shaw, Ph.D., 10/3/12
 - Deposition Transcript: Nicole Taylor, J.D., Ph. D., 9/5/13
 - Deposition Transcript and Exhibits: Martin Winland, 9/18/13
- *Plaintiffs*
 - Deposition Transcript: Dustin Brislan, 8/8/13
 - Deposition Transcript: Robert Gamez, 8/6/13
 - Deposition Transcript: Joshua Polson, 8/23/13
 - Deposition Transcript: Sonia Rodriguez, 8/13/13
 - Deposition Transcript: Jeremy Smith, 8/20/13
 - Deposition Transcript: Jackie Thomas, 8/8/13
 - Deposition Transcript: Christina Verduzco, 8/15/13

Discovery Responses

- Dkt. 191: Defendant Ryan's First Supplemental Answers to Plaintiff Brislan's First Set of Requests for Admissions (Nos. 1-78) and First Set of Interrogatories (Nos. 1-2)
- Dkt. 491: Defendants Charles Ryan's Response to Plaintiff Christina Verduzco's First Set of Requests for Admission (Nos. 1-285) and First Set of Interrogatories (Nos. 1-2)
- Dkt. 527: Defendants' Response to Plaintiff Wells' First Set of Interrogatories, with Exhibits A-G
- Dkt. 538: Defendants' First Supplemental Response to Plaintiff Wells' First Set of Interrogatories
- Dkt. 570: Defendants' Response to Plaintiff Rodriguez's First Set of Interrogatories
- Dkt. 642: Defendant Ryan's Response to Plaintiff Gamez's First Set of Interrogatories and Requests for Admission
- Dkt. 686: Defendants' First Supplemental Response to Plaintiff Sonia Rodriguez's First Set of Interrogatories

Executive Reports

- *Dry Cell Watches*
 - ADC108139-207: All Units – 1/1/12 to 6/10/13
- *Executive Reports*
 - ADC110442-14357: Executive Reports – 2011 to 2013-06-13
- *Medical*
 - ADC108208-9790: All Units – 1/1/12 to 6/10/13
- *Psychotropic Drug Utilization Reports*

- ADC118413-907: Eyman – 3/4/13 to 7/10/13
- ADC118908-9316: Florence – 3/4/13 to 7/10/13
- ADC119813-921: Perryville Lumley – 3/4/13 to 7/10/13
- ADC122704-836: Eyman Browning – July 2012 to March 2013
- ADC122837-996: Florence Central – July 2012 to March 2013
- ADC123164-272: Florence Kasson – July 2012 to March 2013
- ADC124443-637: Perryville Lumley – July 2012 to March 2013
- *Suicides Attempted*
 - ADC094578: All units – printed 6/13/13
- *Suicide Watches*
 - ADC110442-4376: All units – 1/1/12 to 6/13/13
- *Use of Force Reports*
 - ADC089116-260: Eyman: SMU I and Browning – 2011-1-1 to 2013-2-6
 - ADC089261-352: Florence: Central and CB1-CB5, CB7, CBK – 2011-1-1 to 2013-2-6
 - ADC089353-379: Perryville: SMU I and Browning – 2011-1-1 to 2013-2-6

Forms

- ADC055579: Form 509-15 - Mental Health Employee Orientation
- ADC055610: Form 1101-08 - Continuity of Care / Transfer Summary
- ADC048648: Form 1101-10es - Health Needs Request [English and Spanish]
- ADC055611: Form 1101-11 - Health Needs Request (HNR) (Emergency)
- ADC082276: Form 1101-16 – Observation Record
- ADC055624: Form 1101-25 - Detention Rounds Documentation Log
- ADC055667: Form 1101-72 - Isolation / Medical Watch Disposition
- ADC055703: Form 1102-09 - Daily Isolation Health Check
- ADC048734-35: Form 1103-04 - Mental Health Treatment Plan; ABHTF/MTU/WTU/SMTU/STEPDOWN; Individual Problem Plan (2002)
- ADC055705: Form 1103-04 - Mental Health Treatment Plan; ABHTF / MTU / WTU / SMTU / STEPDOWN
- ADC048738: Form 1103-08 - Suicide Prevention Referral Form
- ADC055707-10: Form 1103-09 - Men's Treatment Unit / Women's Treatment Unit – General Referral Data; MTU / WTU: Pre-Screening Mental Status Exam
- ADC082301: Form 1103-10 - Men's Treatment Unit / Women's Treatment Unit - Evaluation and Admission Determination
- ADC048745: Form 1103-13 - Mental Health Serious Mental Illness (SMI) Determination (2008)
- ADC055712: Form 1103-13 - Mental Health Seriously Mentally Illness (SMI) Determination
- ADC082302: Form 1103-14 – MTU / WTU – Referral for Evaluation
- ADC055713-14: Form 1103-16 – Mental Health Treatment Plan – Outpatient
- ADC055715: Form 1103-18 - Mental Health Consent
- ADC055716: Form 1103-19 - Mental Health Group Progress Notes

- ADC048754: Form 1103-23 – Pre-Admission Data – Inpatient Referral (2002)
- ADC055720: Form 1103-23 – Pre-Admission Data – Inpatient Referral (2012)
- ADC055721: Form 1103-24 - Cellfront Visit Checklist
- ADC055722: Form 1103-26 - Suicide and Mental Health Watch Monthly Report
- ADC055723-24: Form 1103-27 – Inmate Mental Health Assessment
- ADC055725: Form 1103-28 – Cellfront Visit Log
- ADC055726: Form 1103-30 - Patient Disposition
- ADC055728-30: Form 1103-32 - Psychiatric Evaluation – Mental Health
- ADC082304: Form 1103-33 – Social Services – Closing Summary
- ADC048765: Form 1103-34 - Disposition Instructions
- ADC082305: Form 1103-37 - Psychiatric Follow-Up Note – Mental Health
- ADC055733: Form 1103-40 – Continuous Progress Record – Mental Health
- ADC055735: Form 1103-42 - Mental Health Transfer Summary – Mental Health Programs
- ADC082306: Form 1103-44 - Mental Health Disposition – Correctional Officer Watch Orders
- ADC055740: Form 1103-47 - Global Assessment of Functioning (GAF) – (ABHTF)
- ADC055741: Form 1103-48 - Initial Psychology Assessment
- ADC055744: Form 1103-51 - Psychiatric Transfer / Discharge Summary – Mental Health Program
- ADC055747: Form 1103-53 - Conditions to Admission – Mental Health
- ADC055749: Form 1103-56 - Signature Log – Mental Health
- ADC082310-11: Form 1103-61 - Abnormal Involuntary Movement Scale (AIMS); AIMS Examination Procedure
- ADC082312: Form 1103-63 - Score Sheet / 4-Item BPRS and Brief Negative Symptoms
- ADC055752-59: Form 1103-65 - Psychosocial History
- ADC055760: Form 1103-66 - Review of Psychosocial History & Presenting Problem / Mental Health History
- ADC055762-65: Form 1103-67 - Presenting Problem / Mental Health History
- ADC055766: Form 1103-68 - Major Assessment Findings
- ADC055767: Form 1103-69 - Clinical Summary and Recommendations
- ADC048791: Form 1103-70 - ADC Health Services Significant Self Harm (SSH) Report (2009)
- ADC055768: Form 1103-70 - ADC Health Services Significant Mental Health Event (SMHE) Report
- ADC055769: Form 1103-71 - Clinical Supervision Form
- ADC055774: Form 1103-76(e) - Mental Health Monthly Reporting

Grievances

- ADC016217-8164: Plaintiffs' medical grievance files
- ADC023557-4169: Plaintiffs' Non-medical grievance files
- ADC074296-366: Grievance appeal logs, January 2011 to January 2013
- ADC089380-91: Grievance appeals, non-medical, conditions – 2011-1-1 to 2013-4-24
- ADC089392-442: Grievance appeals, non-medical – 2011-1-1 to 2012-12-21

Master Files (non-named plaintiffs)

- [REDACTED] - Master File: ADC138007-27
- [REDACTED] - Master File: ADC138778-86
- [REDACTED] - Master File: ADC138787-866
- [REDACTED] - Master File: ADC138867-963
- [REDACTED] - Master File: ADC138964-9078
- [REDACTED] - Master File: ADC139079-135
- [REDACTED] - Master File: ADC139635-682
- [REDACTED] - Master File: ADC139136-64
- [REDACTED] - Master File: ADC139165-304
- [REDACTED] - Master File: ADC139305-449
- [REDACTED] - Master File: ADC138028-176
- [REDACTED] - Master File: ADC139683-94
- [REDACTED] - Master File: ADC139450-79

Medical Files (non-named plaintiffs)

- [REDACTED] WEX000001-131
- [REDACTED] ADC155418-6082
- [REDACTED] ADC145972-6069
- [REDACTED] ADC156325-489
- [REDACTED] ADC146070-393
- [REDACTED] ADC146394-918
- [REDACTED] ADC146919-7126
- [REDACTED] ADC147127-513
- [REDACTED] ADC147514-8098
- [REDACTED] ADC148099-459
- [REDACTED] ADC148460-628
- [REDACTED] ADC148629-9079
- [REDACTED] ADC149080-766
- [REDACTED] ADC149767-815
- [REDACTED] ADC149816-887
- [REDACTED] ADC149888-50069
- [REDACTED] ADC150070-1259
- [REDACTED] ADC151260-02
- [REDACTED] ADC151603-992
- [REDACTED] ADC151993-2080
- [REDACTED] ADC152081-370
- [REDACTED] ADC161467-902
- [REDACTED] ADC152371-3326

Miscellaneous

- ADC027717-23: Letter from Ben Shaw and Charles Flanagan to SMI Commission, dated March 18, 2011
- ADC027724-58: Powerpoint presentation, ADC mental health programs in isolation units
- ADC027733: Photographs of recreation enclosures for mental health units
- ADC027759-68: Mental health levels statistical summary, dated July 23, 2012
- ADC027770-809: Shaw memo to Profiri regarding Wexford Psychiatric Provider Coverage, dated 8/13/12
- ADC031959-2044: Mental Health Technical Manual
- ADC040610-91: Classification Technical Manual (revised October 28, 2010)
- ADC040692: Replacement Page for ADC's Classification Technical Manual, dated April 13, 2012
- ADC048345: Fancy Significant Incident Report
- ADC048379-410: Fancy Use of Force Checklist and Witness Sheets
- ADC048411-32: Holbrook Significant Incident Report
- ADC049067-77: Wexford Vacancy Report, dated 11/3/12
- ADC049068: November 2012 Staffing Report
- ADC049646-81: Inmate Suicide Prevention Training
- ADC049803-65: Training, Understanding Mentally Ill Inmates
- ADC050861-67: Memorandum to Charles Ryan from Robert Patton and Richard Pratt dated April 30, 2012, entitled "Increase of Mental Health for Max Custody"
- ADC050868-80: ADC Medical and Mental Health Score Inmate Distribution
 - ADC050868: Mental health levels statistical summary, dated 6/30/10
 - ADC050869-72: Mental health levels statistical summary, dated 8/9/11
- ADC055572-73: SMI Segregated Population, dated December 7, 2012
 - No Bates: Mental health SMI spreadsheet legend
- ADC083096-105: Mental health levels statistical summary, dated April 15, 2013
- ADC084366-72: ASPC-Florence-Central Unit Information Reports re Cancelled Recreation
- ADC093734-958: Mental health details reports, dated 4/26/13
- ADC094392-499: Mental health statistical summaries for 2011, 2012, and 2013
- ADC094500-72: ADC reports regarding missed meals
- ADC094573: Diagram of ASPC-Eyman-Browning Unit Typical Wing Layout
- ADC094576-77: Recreation Enclosures Dimensions Memo, dated 4/29/13
- ADC117064-74: May 2013 Monthly Staffing Reports
- ADC117081-87: ADC New Hire Reports, 7/2/12 to 1/25/13
- ADC121167-77: June 2013 Monthly Staffing Reports
- ADC139481: Inmate Outcount, Perryville SMA, dated 7/18/13
- ADC139482-83: Weekly Programming for WTU, dated 7/1/13
- ADC139516-18: ASPC-Eyman-Browning Unit Activity Schedule, dated 8/1/13
- ADC139519-20: Kasson Mental Health Program
- ADC139521-23: Maximum Custody Step Matrix

- ADC139524: Perryville SMA mental health group schedules
- ADC139525-28: Mental health programming schedule, July and August 2013
- ADC140132-48: Governor's Briefing on ADC Mental Health Initiatives and Suicide Prevention Strategies, dated 5/22/13
- ADC140185-512: ASPC-Eyman Temperature Logs
- ADC140513-2832: ASPC-Perryville Temperature Logs
- ADC153777-93: Corizon Contract Staffing Percentage Report, dated 7/29/13
- ADC153834-35: Corizon Health Needs Requests (HNR) Appointment Report, July 2013
- PLTF-PARSONS-013203-04: Medical and Mental Health Score Inmate Distribution by Complex for FY2011
- PLTF-PARSONS-030686-96: Inmate Death Notifications and Email from Charles Ryan dated 10/11/13
- WEX000001-181: Wexford Meeting with Governor's Office, dated 11/8/12

Monitoring (Compliance) Reports

- *Douglas*
 - ADC154030-48: Douglas Compliance Report, September 2013
- *Eyman*
 - ADC028093-97: Eyman Compliance Report dated 8/13/12
 - ADC034917-5203: Eyman Compliance Report, September 2012
 - ADC067241-539: Eyman Compliance Report, October 2012
 - ADC052305-421: Eyman Compliance Report, November 2012
 - ADC069206-99: Eyman Compliance Report, December 2012
 - ADC070023-135: Eyman Compliance Report, January 2013
 - ADC084391-98: Eyman Compliance Report, February 2013
 - ADC088727-41: Eyman Compliance Report, March 2013
 - ADC088814-45: Eyman Compliance Report, April 2013
 - ADC117651-84: Eyman Compliance Report, May 2013
 - ADC117927-951: Eyman Compliance Report, June 2013
 - ADC137754-66: Eyman Quarterly Compliance Report, June 2013
 - ADC137201-28: Eyman Compliance Report, July 2013
 - ADC137465-96: Eyman Compliance Report, August 2013
 - ADC154049-94: Eyman Compliance Report, September 2013
- *Florence*
 - ADC028098-110: Florence Compliance Report dated 8/13/12
 - ADC035204-95: Florence Compliance Report, September 2012
 - ADC067540-690: Florence Compliance Report, October 2012
 - ADC052422-564: Florence Compliance Report, November 2012
 - ADC069300-401: Florence Compliance Report, December 2012
 - ADC070136-270: Florence Compliance Report, January 2013

- ADC084399-406: Florence Compliance Report, February 2013
 - ADC088742-55: Florence Compliance Report, March 2013
 - ADC088846-91: Florence Compliance Report, April 2013
 - ADC117685-717: Florence Compliance Report, May 2013
 - ADC117952-84: Florence Compliance Report, June 2013
 - ADC137767-79: Florence Quarterly Compliance Report, June 2013
 - ADC137229-67: Florence Compliance Report, July 2013
 - ADC137497-524: Florence Compliance Report, August 2013
 - ADC154095-146: Florence Compliance Report, September 2013
- *Lewis*
 - ADC154147-181: Lewis Compliance Report, September 2013
- *Perryville*
 - ADC028130-38: Perryville Compliance Report dated 8/13/12
 - ADC035459-619: Perryville Compliance Report, September 2012
 - ADC068031-239: Perryville Compliance Report, October 2012
 - ADC052718-839: Perryville Compliance Report, November 2012
 - ADC069514-97: Perryville Compliance Report, December 2012
 - ADC070399-510: Perryville Compliance Report, January 2013
 - ADC084407-16: Perryville Compliance Report, February 2013
 - ADC088763-70: Perryville Compliance Report, March 2013
 - ADC088914-53: Perryville Compliance Report, April 2013
 - ADC117738-65: Perryville Compliance Report, May 2013
 - ADC118003-25: Perryville Compliance Report, June 2013
 - ADC137793-805: Perryville Quarterly Compliance Report, June 2013
 - ADC137289-315: Perryville Compliance Report, July 2013
 - ADC137555-82: Perryville Compliance Report, August 2013
 - ADC154182-518: Perryville Compliance Report, September 2013
- *Phoenix*
 - ADC154219-57: Phoenix Compliance Report, September 2013
- *Safford*
 - ADC154258-78: Safford Compliance Report, September 2013
- *Tucson*
 - ADC154279-346: Tucson Compliance Report, September 2013
- *Winslow*
 - ADC154347-68: Winslow Compliance Report, September 2013
- *Yuma*
 - ADC154369-421: Yuma Compliance Report, September 2013
- ADC138773: Segregated Inmates Compliance Sheet, blank
- ADC139857-79: Draft MGAR User Guide (used at training on 9/19/13)

Named Plaintiff Master Files

- ADC022704-3099: Brislan Master File
- ADC137871-81: Brislan Master File, Updated
- ADC020695-1192: Gamez Master File
- ADC127405-24: Polson Master File
- ADC018792-9563: Rodriguez Master File
- ADC022356-504 and ADC023100-379: Smith Master File
- ADC022145-355: Thomas Master File
- ADC137947-70: Thomas Master File, Updated
- ADC019564-20121: Verduzco Master File

Named Plaintiff Medical Records

- *Brislan*
 - ADC008296-537: Brislan Medical Records, 1/26/10 to 3/8/12
 - ADC016217-499: Brislan Medical Grievances
 - ADC018105-141: Brislan Medical Grievances
 - ADC073455-798: Brislan Medical Records, 3/9/12 to 2/12/13
 - ADC074276-79: Brislan Medical Grievances
 - ADC107525-602: Brislan Medical Records, Maricopa County Jail, 2000
 - ADC122075-3237: Brislan Medical Records, 3/1/13 to 7/15/13
 - ADC123238-51: Brislan Medical Records, ORC, Rx August 2013
- *Gamez*
 - ADC000287-1258: Gamez Medical Records, 10/17/97 to 3/15/12
 - ADC017495-879: Gamez Medical Grievances
 - ADC018005-45: Gamez Medical Grievances
 - ADC071394-573: Gamez Medical Records, 3/6/12 to 2/12/13
 - ADC074441-577: Gamez Medical Records, University Medical Center
 - ADC122219-89: Gamez Medical Records, 3/1/13 to 7/15/13
- *Polson*
 - ADC005959-6574: Polson Medical Records, 8/2/04 to 5/16/06, 5/30/06 to 8/30/06, 9/30/06 to 4/10/07, 2/21/08 to 3/8/12
 - ADC017218-485: Polson Medical Grievances
 - ADC017954-83: Polson Medical Grievances
 - ADC071742-93: Polson Medical Records, 3/9/12 to 2/12/13
 - ADC074973-74: Polson Medical Records, John C. Lincoln
 - ADC074975: Polson Medical Records, Phoenix Baptist
 - ADC107603-72: Polson Medical Records, Maricopa County Jail, 2002
 - ADC122338-70: Polson Medical Records, 3/1/13 to 7/15/13
 - ADC131368-405: Polson Medical Records, 3/8/12 to 10/23/12
- *Rodriguez*
 - ADC008538-10121: Rodriguez Medical Records, 3/9/1994 to 3/28/03, 6/10/09 to 3/16/12

- ADC017916-17: Rodriguez Medical Grievances
- ADC073890-4120: Rodriguez Medical Records, 3/9/12 to 2/12/13
- ADC074976-6190: Rodriguez Medical Records, Maricopa Medical Center
- ADC076191-218: West Valley Hospital
- ADC107672-959: Rodriguez Medical Records, Maricopa County Jail, 2007
- ADC123384-89: Rodriguez Medical Records, 2/10/13 to 2/28/13
- ADC122371-464: Rodriguez Medical Records, 3/1/13 to 7/15/13
- *Smith*
 - ADC007145-439: Smith Medical Records, 3/17/08 to 3/15/12
 - ADC017984-8004: Smith Medical Grievances
 - ADC074121-213: Smith Medical Records, 3/16/12 to 2/12/13
 - ADC076219: Smith Medical Records, Recovery Innovations
 - ADC117587-630: Smith Medical Records, Maricopa County Jail
 - ADC127369-75: Smith Medical Records, Rx and CIPS
 - ADC127376-81: Smith Medical Records, 2/10/13 to 2/28/13
- *Thomas*
 - ADC007440-8295: Thomas Medical Records, 11/3/06 to 3/8/12
 - ADC017918: Thomas Medical Grievances
 - ADC070949-1360: Thomas Medical Records, 3/9/12 to 2/12/13
 - ADC074273-75: Thomas Medical Grievances
- *Verduzco*
 - ADC002289-4373: Verduzco Medical Records, 5/10/06 to 3/19/12
 - ADC121331-2074: Verduzco Medical Records, Arizona State Hospital, 2006
 - ADC122720-3780: Verduzco Medical Grievances, 3/1/12 to 7/15/13
 - ADC123390-400: Verduzco Medical Records, 2/10/13 to 2/28/13
 - ADC136885-901: Verduzco Medical Records from Expert Tours

Named Plaintiff – Other

- *Brislan*
 - Individual Detention Records, ADC139904-38
- *Gamez*
 - Individual Detention Records, ADC139939-40027
- *Polson*
 - Individual Detention Records, ADC136213-54
- *Rodriguez*
 - Individual Detention Records, ADC136255-314
- *Smith*
 - Individual Detention Records, ADC140028-87
- *Swartz*
 - Individual Detention Records, ADC136316-17
- *Thomas*

- Individual Detention Records, ADC139901-03
- *Verduzco*
 - Individual Detention Records, ADC123484-3621

No Bates Range

- ADC Locator Codes – Confidential
- List of SIRs with Prisoner Names and ID Numbers
- Potential Interview List – ADC Tours

Pleadings

- Dkt. 1: Plaintiffs' Class Action Complaint for Injunctive and Declaratory Relief
- Dkt. 372: Order

Post Orders

- *Eyman*
 - ADC028750-53: Eyman PO - Transfer of Inmate Records Juveniles to SMU II
 - ADC028795-97: PO-98-25 - Eyman HS PO: Inmate Health Assessments/Initial/Transfer/Return to Custody
 - ADC028800: PO-98-27 - Eyman HS PO: Continuity of Care/Medication Continuation
 - ADC028808-09: Eyman PO - Mental Health SMI Designation
 - ADC028821: Eyman PO - Watch Swallow for Psychotropic Medications
 - ADC028876: Eyman PO - Protective Segregation Administrative Detention
 - ADC054872-73: PO-00-57 - Eyman HS PO: Psychiatric Registered Nurse II (PRN II)
 - ADC054876-77: PO-00-59 - Eyman HS PO: Psychology Associate II (SMU II) [/Browning Unit]
 - ADC054878-79: PO-00-60 - Eyman HS PO: Psychology Associate II (SMU I)
 - ADC054882-83: PO-00-62 - Eyman HS PO: Mental Health Therapist II (SMU II)
 - ADC054884-85: PO-00-63 - Eyman HS PO: Mental Health Therapist II (SMU I)
 - ADC054890-91: PO-00-66 - Eyman HS PO: Psychologist II (SMU I)
 - ADC054892-93: PO-00-67 - Eyman HS PO: Psychologist II (SMU II)
 - ADC088634: Eyman PO – Mental Health Emergencies
 - ADC088637-38: Eyman PO – Mental Health SMI Designation
 - ADC088646-48: Eyman PO – Emergency Response Plan
 - ADC088655: Eyman PO – Watch Swallow for Psychotropic Medication
 - ADC107506-12: Eyman PO-12 – Detention Unit Security Officer, updated 5/19/12 (restricted)
 - ADC107513-17: Eyman PO-34 – Yard Security Officer, updated 5/19/12 (restricted)
 - ADC107518-24: Eyman PO-35 – Housing Unit Security Officer, updated 5/19/12 (restricted)
- *Florence*

- ADC029012-13: PO-07-69 – Florence PO: Detention Status - Protective Segregation and Administrative Detention
- ADC029015-16: PO-07-71 - Florence HS PO: Inmate Intake Health Assessments: Initial Intake, Transfers, or Return Custody
- ADC029054: PO-07-81 - Florence HS PO: Mental Health Emergencies
- ADC029115-16: PO-07-124 - Florence HS PO: Health Checks for Max Security Inmates Central Unit
- ADC029117-18: PO-07-125 - Florence HS PO: Detention Checks – CB-K, Wing 3
- *Perryville*
 - ADC029139: PO-11-0102B - Perryville HS PO: Health Needs Request Submittal and Pick Up in CDU and SMA Units
 - ADC029189-91: PO-11-0102 - Perryville HS PO: Inmate Access to Health Care
 - ADC029193: Perryville PO - HNR Submittal and Pick Up in CDU and SMA Units
 - ADC029194-95: PO-11-0110 - Perryville HS PO: Health Services Reports
 - ADC029218-19: PO-11-0607 - Perryville HS PO: Continuity of Care For Transfers In
 - ADC029235-36: PO-11-0619 - Perryville HS PO: Refusal of Treatment
- *Phoenix*
 - ADC028378-81: PO-11-0520 – Operating Principles and Procedures for Use of Restraints in ABHTF at ASPC-Phoenix
- *Tucson*
 - ADC028563: Tucson PO - Evaluation and Care of Mentally Disordered Inmates in Lock Down
 - ADC028565: Tucson PO - Health and Welfare Visits of SMI/Suicide Inmates in Isolation/Lock Down
 - ADC028566: Tucson PO - Health and Welfare Visits of Precautionary Watch or Mental Health Inmates in Isolation/Lock Down
 - ADC028608: Tucson PO - Access to Health Care by Inmates while on Lock Down Status
- *General*
 - ADC088663-69: PO – Detention Unit Security Officer (restricted)
 - ADC088671-77: PO – Housing Unit Security Officer (restricted)
 - ADC088678-82: PO – Yard Security Officer (restricted)

Tour Photos

- *Eyman*
 - ADC153327-44 - Photos - Eyman (Stewart Tour) – 7/16/13 (redacted)
 - ADC153345-52 - Photos - Eyman (Cohen Tour) – 7/17/13
 - ADC153353-54 - Photos - Eyman (Cohen Tour) – 7/18/13
 - ADC153355-91 - Photos - Eyman (Haney Tour) – 7/23/13 (redacted)
 - ADC153392-406 - Photos - Eyman (Vail Tour) – 8/1/13 (redacted)
 - ADC153407-20 - Photos - Eyman (Vail Tour) – 8/2/13 (redacted)
 - ADC153421-34 - Photos - Eyman (Williams Tour) – 8/15/13 (redacted)

- *Florence*
 - ADC154422-46 - Photos - Florence (Haney Tour) – 7/19/13 (redacted)
 - ADC154447-77 - Photos - Florence (Haney Tour) – 7/22/13 (redacted)
 - ADC154478-505 - Photos - Florence (Stewart Tour) – 7/15/13 (redacted)
 - ADC154506-33 - Photos - Florence (Vail Tour) – 7/31/13 (redacted)
 - ADC154534-47 - Photos - Florence (Williams Tour) – 8/14/13 (redacted)
- *Perryville*
 - ADC163886-99 - Photos - Perryville (Haney Tour) – 7/18/13 (redacted)
 - ADC163900-09 - Photos - Perryville (Stewart Tour) – 7/18/13 (redacted)
 - ADC163910-25 - Photos – Perryville (Vail Tour) – 7/29/13 (redacted)
 - ADC163926-36 - Photos - Perryville (Williams Tour) – 8/16/13 (redacted)